



The St. Clair Township

# BEACON

Issue 6

Volume 11

June 2018

**Discoveries  
That Matter**  
THE TOWNSHIP  
OF ST. CLAIR

## Corunna artist chosen for exhibition at Judith & Norman Gallery



Corunna resident Hope Martin in her studio with a few examples of her nature- and emotionally-inspired art work.  
*Bonnie Stevenson photo*

**By Bonnie Stevenson**

Budding artist Hope Martin of Corunna is one of three creative Lambton County residents chosen to exhibit their work at the Judith and Norman Alix Art Gallery (JNAAG) in Sarnia in June.

Hope, along with Laura Kreviazuk of Sarnia and Daisy Fresh of Alvinston, was chosen from a field of 40 artists who applied for exhibition consideration in the gallery's *Look and See* pop-up exhibitions this summer. Describing

**See Hope Martin, page 9**



Municipal  
Notes  
Page 2

Heritage  
Corner  
Page 7

Community  
Contact  
Page 13

Mooretown  
Sports  
Complex  
Page 15

Rapids  
Family Health  
Team  
Page 16

Around  
the  
Township  
Page 20-18



## MUNICIPAL NOTES

### Council Meeting Schedule

St. Clair Township Council meets every first and third Monday of the month (with exceptions to accommodate holidays). Upcoming meetings include: Monday, June 4 at 6:30 p.m.; Monday, June 18 at 6:30 p.m.; Tuesday, July 3 at 6:30 p.m.; and Monday, July 16 at 6:30 p.m. *These dates and times are subject to change.* Anyone wishing to address council should call the municipal office at 519-867-2021 for further information.

Be a  
**Better Recycler**  
with the  
**Recycle Coach™ app**

#### You get:

- A personalized collection schedule
- Custom pick-up reminders
- A 'What Goes Where?' search tool
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Search "Recycle Coach"



### HYDRANT FLUSHING

**St. Clair Township  
Residents**

Public Works will be undertaking annual flushing of fire hydrants connected to the St. Clair Township Water Distribution System during the hours of

**7:30 AM to 4:30 PM**

**May 2018 – Fall 2018**

For current areas affected refer to [stclairtownship.ca](http://stclairtownship.ca)

During this maintenance procedure you may notice some water discolouration using your taps, flushing toilets, doing laundry, etc. as some sediment may be drawn into your residence. We recommend that you run the cold water tap for a few minutes or until the discolouration disappears.

If discolouration of the water continues after 10-15 minutes of normal use, please notify *Public Works* @ 519-867-2993.

*The St. Clair Township Beacon is issued monthly by St. Clair Township as a public service to township residents.  
Edited by Bonnie Stevenson.*

## Municipal Election 2018

The municipal election is slated for Oct. 22, 2018. St. Clair Township ballots will be mailed out the first week of September.

Anyone interested in running for a position on St. Clair Township Council or the Lambton Kent District School Board can contact the St. Clair Township municipal office at 510-867-2021. Residents are urged to confirm their voter information by using [voterlookup.ca](http://voterlookup.ca)

If you do not have access to a computer, you can also call 1-866-296-6722 for information.

### Candidates registered to date

Candidates registered to date for the 2018 Municipal Election in St. Clair Township are: **Ward 1(former Moore Township) Councillor** - Tracy Kingston. **Ward 2 (former Sombra Township) Councillor** - Rose Atkins. **Deputy Mayor** - Steve Miller, Peter Gilliland. **Mayor** - Jeff Agar, Steve Arnold. **Lambton Kent District School Board** - ..... Carol Bryden.



### Notice to property owners to destroy noxious weeds

Notice is hereby given to all persons in possession of land, in accordance with the Weed Control Act, R.S.O. 1990, Chapter W.5, Sections 3, 13, 16, and 23, that unless noxious weeds growing on their lands within the municipality of the Township of St. Clair are destroyed throughout the season, the municipality may enter upon said lands and have the weeds destroyed, charging the cost against the land, plus an administration charge as set out in the Act. (Minimum charge per parcel is \$80.) The cooperation of all land owners is earnestly solicited.

**Jeff Baranek  
Clerk  
519-867-2021**



### SEWER MAIN FLUSHING

**St. Clair Township  
Residents**

Public Works will be flushing sewer mains connected to the St. Clair Township sewer system during the hours of

**7:30 AM to 4:30 PM**

**April 2018 – Fall 2018**

For current areas affected refer to [stclairtownship.ca](http://stclairtownship.ca)

During this maintenance procedure you may notice some gurgling noises in drains.

If conditions persist after 24-48 hours of normal use, please notify *Public Works* @ 519-867-2993.

## CONTESTANTS WANTED!

### Lambton Queen of the Furrow

Contestants are being sought to participate in the Lambton Queen of the Furrow competition. \*Contestants must be 18 years of age by Jan. 1, 2019 and have not reached their 25 birthday by Sept. 1, 2018. \*Plowing three rounds will be part of the competition and equipment will be provided if contestant has not made her own arrangements. \*Each contestant is required to provide proof of \$2 million liability insurance (Ontario Plowmen's Association regulation). \*Speech topic

will be contestant's choice of agricultural topic and will be given at the banquet. \*Contestant will also be asked an impromptu question. (Sample questions will be given to let contestant know what to expect.) \*The interview will be done the day of the match at the match site.

Queen of the Furrow contestants will be guests of the Lambton County Plowmen's Association at the banquet and the winner of the contest will represent the Lambton County Plowmen's Association for the next two years.

### Duties

The new queen will compete in September for the next two years. She will attend workshops offered by the IPM and functions on behalf

of the Lambton County Plowmen's Association to promote agriculture and the Lambton Plowing Match and IPM.

The queen will attend and give a report at each meeting. If she is unable to attend, she will submit a report by email.

She will also receive reimbursement for expenses incurred as duties performed as Queen of the Furrow. Mileage will be .45 cents per km.

The Lambton County Plowing Match is set for Sept. 1, 2018 in Dawn-Euphemia. Site is unknown at this time. For more information, call Linda Bryson at 519-828-3311 or email: [dlbryson@brktel.on.ca](mailto:dlbryson@brktel.on.ca)

## Don't clog sewers with FOG!

(fats, oils, and grease)

Avoid sewer backups by observing the following Do's and Do Not's.

**DO:** put used grease and cooking oil in container and dispose of it in garbage; wipe out visible fats, oil, grease and food residue from dishes, pots, pans with disposable paper towels; put solid waste and food scraps in garbage; be aware of hidden fat, oil and grease in salad dressings, gravies, cheese and desserts; use a strainer in the sink to remove excess food debris; encourage neighbours to keep fat, oil and grease out of the sewer system.

**DO NOT:** pour oil and grease, liquid food, or scrape food scraps down sink, drain or toilet; run hot water over greasy dishes (it will cool and grease will stick to inside of pipes); use a food waste grinder to get rid of food and grease; use washable cloths to wipe greasy dishes clean.

## Property owners urged to call Ontario One Call before digging

Spring and summer present homeowners with opportunities to make changes and improvements to their property. And in the rush to get their projects finished by the time the snow flies, they are often tempted to not bother finding out the locations of buried lines and pipes before they start digging.

Big mistake! Severing buried infrastructure can be an expensive problem for you and/or your neighbours. It can also be dangerous if you hit a live power line.

One call can prevent costly repairs or even save your life.

Before you dig, call Ontario One Call at 1-800-400-2255. Locators from local utilities will be called out to your property to find and mark buried lines.

**One call could save you money and save your life.  
Call 1-800-400-2255.**

## Hazardous waste disposal opportunities

Household hazardous waste disposal is being offered again this year. Lambton County, in conjunction with Clean Harbors Canada Ltd. will host six household hazardous waste collections in the coming months. There will be no charge for this service.

**The collections will be held on Saturdays on the following dates: June 30; September 29; and October 27.**

Materials accepted include: batteries, drain and oven cleaners, pesticides, rat poison, pharmaceuticals, cleaning fluids, pool chemicals, ammonia, bleach, aerosols, gasoline, paints, barbecue starter, oil, solvents, and propane cylinders.

Materials **not** accepted include: PCBs, commercial, infectious, radioactive, tires, explosives/ammunitions including flares.

**Please note, commercially generated hazardous waste and containers larger than 20 litres or weighing more than 25 kg (55 lb) will NOT be accepted.** For more information, call the Household hazardous waste phone line at 519-845-0809, option 6.

### Disposal of expired marine flares

Flares (pyrotechnics) are valid only for four years from their date of manufacture, which is printed on each flare. To dispose of flares, take them to Sarnia Police Services, 555 Christina Street North in Sarnia.

## Air monitoring website now available



The Clean Air Sarnia and Area website is now available for those who want to stay informed about the air quality in their communities.

The website, [cleanairsarniaandarea.com](http://cleanairsarniaandarea.com), allows public access to government and industrial air monitoring information. Seven air monitoring stations distributed throughout

the Sarnia area are refreshed hourly to indicate whether air quality is good, moderate or poor when compared to provincial standards. The site also provides information about the monitoring stations, technology being used, and contaminants being monitored.

The Clean Air Sarnia and Area community advisory panel (CASA) began investigating the creation of the site in 2015 and it has been under development since 2017. The site's aim is to improve the transparency of air monitoring data and serve as an educational tool, but it is not meant to provide health or emergency information.

The Air Quality Health Index can be found at the Air Quality Ontario website and emergency notifications in Lambton County can be found through My Community Notification Network (MyCNN).



## St. Clair Township presents grants in support of community groups



Five municipal groups and organizations were recently presented with grants from St. Clair Township to help fund ongoing projects and initiatives. Recipients included: The Royal Canadian Legion Corunna Branch 447 - \$5,000 to help with electrical utility payment relief; Royal Canadian Legion Wallaceburg Br. 18 - \$2,500 to help replace the damaged Rock of Honour commemorative stones (*approx. one-third of the membership of Wallaceburg Legion Br. 18 is from St. Clair Township*); Brigden Community Park group - \$1,600 to pay for upkeep and improvements to the Brigden Community Park (*corner of Brigden Road and Hwy. 80*); Sacred Heart Food Bank - \$1,000 toward food bank operation and Christmas hamper program; \$500 in support of the annual Corun-

na Community Safety Committee (CCSC) Bicycle Rodeo.

Attending the donation presentation ceremony at the May 7 meeting of St. Clair Township Council, front left: Ray Japp, Brigden Community Park; Frank Johnston, Sacred Heart Food Bank; Royal Canadian Legion Corunna Br. 447 Poppy Chair Bob Chambers and President John Cormier; CCSC representative Audrey Taylor-Cassidy; Royal Canadian Legion Wallaceburg Br. 18 representative Gert McClure; Mayor Steve Arnold. Back row left: CAO John Rodey; Councillors Steve Miller; Jim DeGurse; Tracey Kingston; Jeff Agar; Darrell Randell; Clerk Jeff Baranek. Missing: Deputy Mayor Peter Gilliland.

*Bonnie Stevenson Photo*

## Wayward pelican visits Corunna



Here's something you don't see every day - a pelican cruising the St. Clair River near the Shell Corunna docks. Keen-eyed photographer Lisa Cameron-Cook of Petrolia says she couldn't believe her eyes. "They are very rare around here...it was so amazing to see him floating along."

Thanks, Lisa!



## Royal Canadian Legion Corunna Br. 447 donates to community groups

Royal Canadian Legion Corunna Br. 447 President John Cormier recently made several more donations to worthy community groups. **Clockwise from right:** \* Br. 447 President John Cormier presents donation of \$500 to the Corunna Minor Baseball Girls Under 10 travel team. Back row, from left: John Cormier; Jason Nisbet; Tanya Devine; Mike Smith (coaches and trainer). Middle row left: Addison MacLeod; Alyiah Nelson; Kendle Adams. Front row left: Jaelyn Devine; Ella Routley; Sydney Nisbet; Lainie Johnston; Lennon Smith; Haley Pepper; Emma Gauvin; Miyleigh Brandon. \* Br. 44 President John Cormier presents donation of \$1,000 to support Captain Kidd Days. Receiving the donation is Jeff Peters, left, and Geoff Dale, right. \* Br. 447 President John Cormier presents donation of \$500 to Moore Skating Club members Emily Anthony, left; Isabella Barnet; and Jennifer Anthony.



Submitted photos



### Cancer Society hosts Relay for Life



Canadian  
Cancer  
Society



The 18th annual **Relay for Life** is set for Friday, June 15 from 6 p.m. to 12 a.m. at the Clearwater Arena Park in Sarnia. The Canadian Cancer Society's largest fundraiser of the year invites teams and individuals to come out for an evening of entertainment, food, walking, support, and memories. Survivors will walk the Survivors Victory Lap, luminaries will be lit in memory or in honour of a loved one affected by cancer. For more information or to register as a participant, survivor, or volunteer, visit: [www.relayforlife.ca/sarnia](http://www.relayforlife.ca/sarnia) or call 519-332-0042. Relay for Life monthly meetings at the Point Edward Optimist Hall, 210 Monk Street, are planned for: May 14 and June 4.

### Ride Don't Hide shines light on mental illness

The annual Ride Don't Hide event to raise awareness for mental health is coming to the Mooretown Sports Complex on Sunday, June 24.

The Ride Don't Hide event is aimed at eliminating the stigma that surrounds mental illness, allowing those who are living with mental health issues to tell their story without fear, stigma or shame.

Whether you walk, run, or ride a bicycle, there are routes planned for every age and ability. Last year, the event attracted 280 participants and generated \$44,000 for the cause. Nationally, there were 30 Ride Don't Hide events.

Fund raised through these events expand and enhance essential family mental health programs and services, specifically crisis support for youth. They also help continue community outreach and suicide prevention education in all Sarnia-Lambton and Chatham-Kent schools.

And everyone benefits from the positive message of the importance of building mental health through physical exercise.

For more information on how to register for this important and fun event, see page 17.

## Trees planted at six county schools through the *Tomorrow's Greener Schools Today* program

Col. Cameron Public School in Corunna was one of six Lambton County schools to receive trees through the Tomorrow's Greener Schools Today program. Students from Ms. Vicek's Grade 5/6 class helped plant 11 sapling trees, including silver maple, red oak, honey locust, native red maple, and burr oak, supervised by representatives from Lambton Public Health (LPH) and the St. Clair Region Conservation Authority (SCRCA).

It is hoped the trees, all species indigenous to Lambton County, will help make the school yard a more natural environment, improve air quality, and provide much-needed shade for the students. The planting is also a way to encourage environmental stewardship and a dialogue about sun safety.

According to Lambton Public Health, tree cover in Lambton County is about half the recommended level for a healthy environment.

The program is a partnership between Lambton Public Health and the St. Clair Region Conservation Authority, funded through the TD Friends of the Environment Foundation with support from the Great Lakes Guardian Community Fund.



Above: During the tree planting on May 8, Grade 6 students Ben and Kaleb provided the muscle while LPH Health Promoter Martina Jackson and SCRCA Chair Steve Arnold provided guidance.

Bonnie Stevenson photo



### 2018 JUNIOR GOLF ACADEMY



DO YOU HAVE A JUNIOR GOLFER LOOKING TO TAKE THE NEXT STEP?

DO THEY WANT MORE ADVANCED LESSONS AND INSTRUCTIONS?

ARE THEY TOO OLD FOR OUR JUNIOR CAMP?

THIS YEAR WE ARE OFFERING 2- 5 WEEK SESSIONS ON THE DRIVING RANGE WITH INSTRUCTOR CHRIS ELLIOTT ON SUNDAY NIGHTS 6:00PM-7:00PM

SESSIONS OFFERED : JUNE 3RD TO JULY 8TH (EXCLUDING CANADA DAY) OR

JULY 15- AUGUST 12

EACH SESSION IS LIMITED TO 10 GOLFERS

**\$99** plus HST

Call the Pro Shop to Register 519-867-2810



## St. Clair Parkway Golf Course

The St. Clair Township Golf Course is open for the season and life is good again. Spring rates for 18 holes of golf with a golf cart are just \$35 per person.

For membership and event information, go online to: [www.stclairparkwaygolf.com](http://www.stclairparkwaygolf.com) or call 519-867-2160.



## SUMMER GOLF CaMP

Have a Junior looking to learn the game of Golf?

Try our Junior Golf Camp!

Camp runs from Monday July 2 to Thursday

July 5, 10 am to 1 pm each day!

Available for kids aged 5-12

Cost is \$145 plus hst

Lunch is included each day!

Call the Pro Shop @ 519-867-2810

A second week will be added if necessary

Instructor  
Chris Elliott

## HERITAGE CORNER



### Identities needed for mystery Courtright women's team

The latest mystery baseball photo to be investigated by the Sombra Museum staff is this women's baseball team shot.

But this isn't the only photograph still bearing unidentified players and staff members.

If you think you can help identify some of the teams or individuals shown in the mystery photos that have been submitted, please contact the Sombra Museum at 519-892-3982 or email: [sombra-museum@hotmail.com](mailto:sombra-museum@hotmail.com).

You can also check out these mystery pix if you drop in during hours of operation (June 1 through Sept. 3 from 11 a.m. to 4:30 p.m.) to enjoy all of the exhibits now on display.

### Brigden Legion presented with storyboard

Heritage St. Clair recently presented Royal Canadian Legion Brigden Branch 635 with a copy of the *Foundations of Freedom* storyboard that honours veterans and the Legions that offer veteran and community support, and promote camaraderie. Attending the presentation were, from left: David Pattenden, chair of Heritage St. Clair; Branch 635 President Paul Gonerman; Robert Gostick, first vice-president; and Mayor Steve Arnold.

*Submitted photo*



### Model Train event rolls into Moore Museum

The Model Train event rolls into the Moore Museum on Sunday, July 8 from 1 p.m. to 4 p.m. Train enthusiasts of all ages will enjoy watching the museum's multi-display train room come alive under the knowledgeable hands of the museum volunteers. For details about this popular event, see Around the Township, page 19.



### Fascinating new exhibits make summer fun at Sombra Museum

The Sombra Museum is now open for the summer season and there are lots of intriguing displays and exhibits for visitors to take in.

The most striking of these displays is the baseball exhibit in the Sydenham-St. Clair Room. Photos and memorabilia, including uniforms and equipment, will bring back memories of the many great baseball teams and players from around the Moore and Sombra areas that now constitute St. Clair Township. There is also a unique opportunity for visitors to add their own baseball experiences or just leave their name and team affiliation. Photos, local baseball cards, newspaper articles, and personal memories or anecdotes will continue to be accepted throughout the summer.

Other displays will include: a collection of items from the Baby Point settlement, discovered by Cliff Roy, author of *Shawanese Township: The Baby Point Settlement*; a featured exhibit about the local railway; and exhibits created by the museum's summer students, which will be displayed in the Bury House.

Visit the Sombra Museum, corner of Smith Street and St. Clair Parkway in Sombra, every day from 11 a.m. to 4:30 p.m. until Sept. 20.



## Mooretown Minor Midgets win OMHA Championships



The Mooretown Minor Midgets triumphed on home ice to take the OMHA Championships away from the Lincoln Blades by a score of 2-1. Beacon Correspondent Stacey Brown says it was a hard-fought contest. "The six point series with Lincoln was a very tight scoring series, with most games only being won by a single goal."

Brown noted the team was especially thrilled to receive not only a OMHA trophy, but the coveted red hats that each team member receives. "We are all proud of the boys, who worked their hardest throughout the OMHA finals to bring home the championship," said

Brown. "Congratulations and enjoy those red hats!"

Seen here after the win during the formal team portrait are, front row left: Luc Thorne Smith; Hunter Round; Dominic Aliperti; Riley Brown; Thomas Snary; Tristan Dumoulin; Kaymond Turner. Second row left: Coach Kevin Barclay; Coach Steve Barraclough; Parker McKegan; Jake Prudom; Jeff Barclay; Luke Nahmabin; Luke Houle; Wyatt Knight; Coach Chris Brown; Coach Ken MacEachern; Head Coach Craig Prudom. Third row left: Jason Heggie; Blake Howard; Nick Barraclough; Josh McLean; Pascal Plante-Hunter; Gavin Grey.

## Lambton Public Health issues mental health profile of Lambton County

Lambton Public Health recently issued a report on the overall mental health and incidence of mental illness in Lambton County.

*Mental Health Profile Lambton County 2018*, compiled using information from national and local surveys, health care services, community partners, and residents, offers clues about how the system is working and what requires improvement.

Findings reveal one in five Lambton County adults reports being diagnosed with a mental health condition at some time in their lives. People from low-income households or living with chronic illnesses, as well as young people, were less likely to report good mental health, and

emergency room visits due to mental illness were highest in youth ages 15 to 24. In addition, one in five employed residents felt their workplace did not promote positive mental health.

In school-aged children, three stressors stood out: 52 per cent experienced school-related stressors; 28 per cent had parent and family issues; and 12 per cent had difficulty with friends and "fitting in".

The overall tone of the report was optimistic, with seven out of 10 Lambton residents describing their mental health as excellent or very good. "Information in the report paints a picture of a mostly resilient, mentally healthy community, howev-

er, as with other communities, we have pockets of vulnerability," said Lambton Medical Officer of Health Dr. Sudit Ranade.

It is hoped a better understanding of local mental health will inform future discussions, promote public involvement, and help develop appropriate ways to further improve mental health within the community. "There is more work to be done to improve and maintain positive mental health for all Lambton residents," said Dr. Ranade.

The report was released to mark Mental Health Week in early May. It is available online at: [www.mindsconnected.ca](http://www.mindsconnected.ca)

## Find The Beacon online

No matter where you are, you can read *The Beacon*. Back issues are also available online. Go to the St. Clair Township Website: [www.stclairtownship.ca](http://www.stclairtownship.ca) and click on **Beacon** on the black bar (top right).

## Hope Martin of Corunna embraces difference to reveal hidden beauty of nature

From page 1

Hope's work, Assistant Curator Sonya Blazek of the JNAAG says, "Inspired by nature and the material itself, Hope Martin produces rhythmic expressions of her memories and experiences in the landscape."

At 21, Hope is relatively new to the art world, having taken up art in her teens as a form of therapy after a brain injury. "It gives me the ability to accept what is happening, what emotion I'm feeling, and it helps me move through it," she said. "I always did art in school, but I didn't take it seriously. After the injury, I picked up a paintbrush one day and got good feedback from it (the picture she created) so I did another one and kept painting."

As Hope's love of the artistic process grew, she knew she was on to something important. Since then, art has helped her embrace the differences that allow her to see the world in a unique and empowering way. Her love of the work she does can be seen in the wide grin on her face and the sparkle in her eyes as she says, "It took me a while to accept it, but I realize this is the path I want to be on. I don't know who I would be without my art."

Through the use of colour and varied mediums from oil and watercolour to marker and pencil, Hope interprets the sights and emotions she feels, setting them out as abstract visuals that help her make sense of the world. "I like to simplify things. What would a sound look like? How can I represent water with a shape or a line?" she said. "When I'm out in nature, I use my senses to see how I'm feeling, then put those feelings into my artwork."

Finding public spaces unsettling, Hope prefers the peace and inspiration she finds in nature. "There's something about being able to go on a hike and be submersed in it," she said. "I feel there is nothing wrong with me."

As she struggles with cognitive impairments, Hope uses art to come to terms with the challenges she faces. "It's hard for me to go into a store, but I see the world

in a way other people can't and I love it."

During her journey of artistic discovery, Hope says she has met people who understand what she is trying to achieve. A London artist she knows as Vanessa has been especially helpful. "Vanessa is an artist with a brain injury who has taught me a lot," she said. "In Sarnia, Madi Reynolds (owner of Ingonish Trading Company) has also taught me a lot."

She believes her interpretation of what she experiences is better served when seen from her own special perspective than from the conventional study of the masters and contemporary artists. "I've learned more from (Vanessa and Madi) than I think I would from art history," she said.

Hope's entry in the JNAAG competition was done at the suggestion of her father, but she hesitated to apply because she feels her work is still in a formative state. "I'm in an exploration phase with my work," she said. "I'm using anything I can get my hands on to see what happens."

With just two days left to apply, Hope says she decided to take a chance. "I didn't apply until two days before the deadline," she said. "I was surprised when I got a call about a studio visit." As one of five finalists in the competition, gallery staff members visited Hope at her studio, which completely dominates her parents' garage. After viewing more of her work and gathering more information about her process, the judges were so impressed that Hope made the final cut. "I didn't expect to be chosen. I was pretty surprised," she said.

She is hopeful those who visit the exhibition will allow the artwork to speak to them personally. "People can make up their own mind. Mood has a lot to do with what the viewer will take away from a painting," she said.

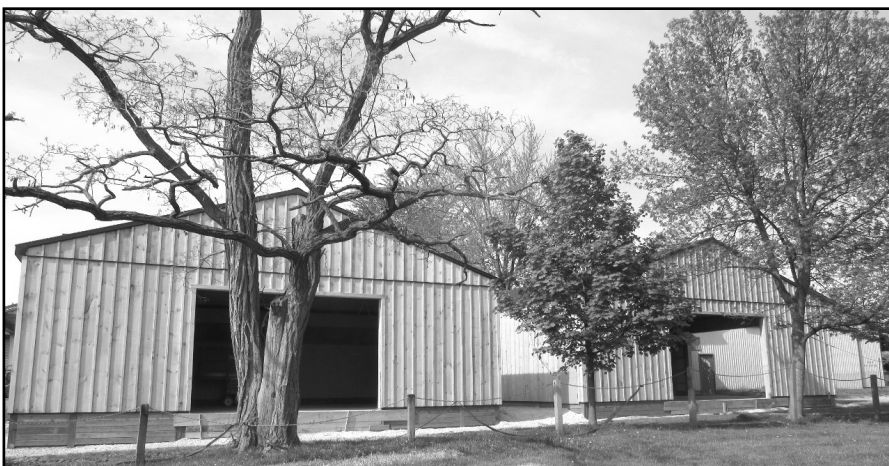
*Hope Martin's exhibition, slated to run from June 1 to 17 at the Judith and Norman Alix Art Gallery, located at the corner of Lochiel and Christina Streets in Sarnia, will be the first of the three exhibits in the Look and See pop-up art exhibit.*

## Summer reading program at local library branch

The TD Summer Reading Club theme for this year is Feed Your Passions. This annual free bilingual program is for children of all ages, all interests, and all abilities, and it's offered at 2,000 libraries across Canada. Children will be encouraged to discover and explore what fires their spirit, excites their mind, and influences their choices. Registration opens June 16 at all Lambton County Library branches and the collecting of stickers for individual reading progress begins after July 1. For more information about the club, visit: [www.tdsummerreadingclub.ca](http://www.tdsummerreadingclub.ca)

Summer reading for everyone is available online at the eLibrary. RBDigital and Press Reader offer a wide selection of titles that can be easily downloaded to digital devices. Magazines to suit all ages, interests and lifestyles can also be found. These eResources are available at: [www.lclibrary.ca](http://www.lclibrary.ca) under 'eLibrary' or 'eMagazines'.

## Museum's large artifact storage units ready for service



The two large artifact preservation buildings recently under construction at the Moore Museum have been completed. The 28'x40' buildings, located next to the Francis E. Shaw Exhibition Hall, are heated to protect artifacts from damage by extreme cold temperatures. Funding for the two units was provided by the Shaw Family Foundation and St. Clair Township.

*Submitted photo*

## Walpole Island ferry turns winter drama into new concept

By Bonnie Stevenson

As the people of St. Clair Township already know, winter was not kind to some riverside structures. Downriver at the Walpole Island ferry dock, there was also cause for concern. Fortunately, the coming of spring is being accompanied by positive changes for the ferry company.

Lorne Loulas, general manager for the Walpole Island ferry, says winter ice had the entire operation down for about two months and the dock itself sustained some ice damage. "The dock got a bit twisted and some of the boards got lifted," he said. However, the adverse weather conditions and man-made disruption on the river created a scenario that could have had a catastrophic effect on the company's main ferry.

Mr. Loulas explained the 82-ton City of Algonac (COA), the largest of the two ferries that operate from the Walpole Island facility, was iced in while berthed in the dock's north slip. Part of the ferry's hull became frozen to the dock while the rest remained free. "The ice breakers would go through and the water level would drop eight inches," he said, adding the unfrozen part of the COA's hull dropped along with the water level while the frozen section remained attached to the dock. "We luckily avoided ruin, but (at first) it looked like the boat twisted as the water level dropped," he said, adding that type of damage would have been disastrous for the company.

Upon closer inspection, the hull was shown to be undamaged. One side of the hull was completely frozen in place, allowing the opposite side to drop freely without deforming or damaging the hull.

Many residents who live along the St. Clair River believe winter shipping has caused damage since it began a few years ago and Mr. Loulas believes the winter problems experienced at the ferry dock can be traced to shipping activities. "We don't receive any benefit from it, but we get damage," he said. "They should be covering the damage, not us."

Mr. Loulas fears last winter's ice damage was not a fluke and that future winters will bring costly repairs the company will have to absorb. "We fortunately escaped disaster last winter, but what about the next ice breaking season when we are parked. The irony is that Transport Canada charges the ferry line yearly ice breaking fees to cover costs for the cutters to come through. This adds insult to injury by added financial strains on the business during the winter when no revenue is coming in," he said.

In past years, ice build-up has also been responsible for breaking windows on the COA and taking its toll on the dock, even though ice mitigation formations on its north and south sides have done much to defend against more severe damage. "The dock is fortified on the north and south sides with arbor stone that creates a cover," he said.

Mr. Loulas says the dock is due to be replaced this year, but soon, a redesign of the dock area will be undertaken to streamline the operation and allow for a faster turn-around time for ferry service. The original design of the dock area requires that vehicles board the ferries from the south along a double lane access road that takes a 90-degree turn as it approaches the ferry. Vehicles debarking from

the ferry have to wait while customs agents process visitors at the exit gate just a few metres from the ferry slip. The slow exit of the vehicles from the ferry impedes the smooth progress of the next sailing.

However, Mr. Loulas says steps are being taken to speed up the turnaround. "Canada Customs has committed to doubling up the staff to accommodate two lanes of departure traffic which has greatly improved speed and efficiency," he said.

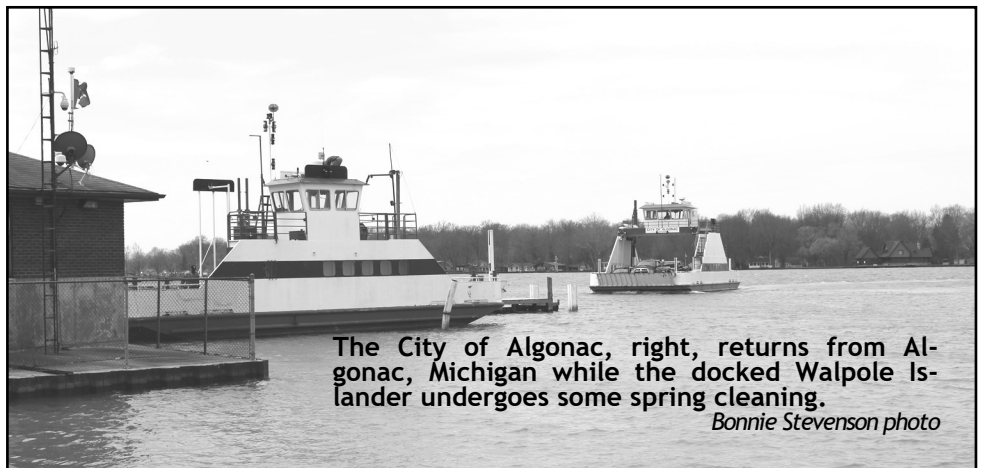
"The redesign of the Canadian side is now under negotiations with Transport Canada," said Mr. Loulas. "The preliminary work is done." The new layout of the dock area calls for the double lane road to be converted to an entry and an exit lane, with the Canada Customs building located at the end of the exit lane far enough from the ferry slips to clear vehicles off the dock and allow arriving vehicles to board smoothly. "As soon as the boat lands we can reload instantly, and the customs officers will be less rushed and more efficient by utilizing modern technology," he said.

A more streamlined way of processing traffic is especially important to the ferry now, while the Sombra ferry is unavailable to handle overflow from the Blue-water Bridges. Mr. Loulas expects the summer will bring an unusually high volume of traffic to the Walpole Island ferry dock.

To handle the increase in customers, he says it's crucial that more captains be hired. "We have four captains right now, although one is currently on leave," he said. "We're looking for one or two more permanent ones and maybe some casual call-ins." The goal is to be able to run both ferries all day. Under the current schedule, the bigger 12-car COA makes most of the runs through the summer, doubling up on weekends with the Walpole Islander on Friday through Sunday.

The Walpole Island ferry dock area is not the only one being redesigned. Negotiations are underway to streamline the operation on the Algonac, Michigan side as well, with plans for a new Customs building and a full line Duty Free shop.

Another change will take place even sooner, as the two Walpole Island ferries, The City of Algonac and the Walpole Islander, receive their new names. "We had a contest in March to rename them and two winners have been picked," said Mr. Loulas, adding the names have yet to be announced, but the big reveal will be done later this year with some pomp and circumstance. "We'll have a public renaming ceremony where the winners will be ambassadors for the day and take the maiden voyage under the vessels' new names," he said.



The City of Algonac, right, returns from Algonac, Michigan while the docked Walpole Islander undergoes some spring cleaning.

Bonnie Stevenson photo



## Brigden Branch 635 Legion efforts support community causes

**LEGION** The Royal Canadian Legion Brigden Branch 635 *Catch the Ace* fundraiser benefited several community groups and causes. Here are some of the recipients of the funds that were raised.

*Submitted photos*



Above: St. Clair Township will have some new park benches to comfort weary walkers this year thanks to a \$2,500 donation from Brigden Legion Branch 635. The benches will each carry an acknowledgement of the Legion's support. Shown here during the presentation are, from left: Legion Catch the Ace Chair Deanna Mundy; Branch 635 President Paul Gonerman; Linda Kennedy, director of community services for St. Clair Township; First Vice-President Robert Gostick; Membership Chair Linda Sangster; Committee members Eldon Krohn and Betty Lauwereys; and Marilyn Krohn, Ways and Means.



Above: Royal Canadian Sea Cadets Corps "Repulse" received a donation of \$1,125. On hand for the presentation are, from left: Brigden Legion Branch 635 President Paul Gonerman; Cadet Riley Gray; Marilyn Krohn, Ways and Means; Cadet Vincent Krohn; and Eldon Krohn, Legion building maintenance.



Above: Ron Crown, Royal Canadian Legion Zone chair receives \$6,250 cheque from Deanna Mundy, Br. 635 Catch the Ace chair to benefit the Royal Canadian Legion Dominion Command *Leave The Streets Behind* program. Shown here during the presentation are, from left: Ron Crown; Br. 635 President Paul Gonerman; Deanna Mundy; Br. 635 Membership Chair Linda Sangster; Royal Canadian Legion Zone Commander Debbie Crown.



Above: The 2563 1st Hussars Royal Canadian Army Cadet Corps, Petrolia welcomed the donation of \$1,500 from Brigden Legion Branch 635 during a presentation that included, from left: Cadet Sgt. Rebecca Winter; Catch the Ace Chair Deanna Mundy; Branch 635 First Vice-President Robert Gostick; Army Cadet Commander Carl Russell; Branch 635 President Paul Gonerman; and Chief Warrant Officer Samuel Canteni.

The Royal Canadian Legion 635 Brigden would like to thank all who supported the branch's Catch The Ace lottery. For 37 weeks, each Friday, Legion supporters came out to participate in this fundraiser, bringing the community together in a common cause. Even on the extreme cold days, they were in line to make sure they got their tickets. Old and new friends gathered together for this community event.

Over the 37 weeks, the 20 per cent prize paid out total was \$6,570, and the 30 per cent Progressive paid out \$9,854.40. The branch had a total of \$12,500 to donate to worthy community groups and organizations.

***Congratulations to Amanda Howlett who caught the Ace of spades on January 12, 2018.***

See more Brigden Br. 635 activities, page 12

## Air Cadets receive donation from Br. 635



Another donation of \$1,125 from the Brigden Legion's Catch The Ace fundraiser was presented to the 44th Sarnia Imperial Squadron Air Cadets. At the presentation, from left: Br. 635 Legion President Paul Gonerman; Commander G. Mainville; Squadron Sponsoring Chair Melody Gibson; and Br. 635 Legion Vice-president Ron Hayward.

*Submitted photo*

*Find township information and The Beacon at:*  
**[www.stclairtownship.ca](http://www.stclairtownship.ca)**

## Br. 635 Poetry and Posters awards



The Royal Canadian Legion Brigden Br. 635 recently presented awards for this year's Zone level Poetry and Posters event. Shown here during the presentation were, left: Br. 635 Youth Education officer Ben Taylor; Ava Holmes; Abby Holmes; Luke Holmes; and Br. 635 President Paul Gonerman.

*Submitted photo*



## Mayflower Rebekahs distribute Easter baskets

Members of the Mayflower Rebekah Lodge #324 distributed 16 Easter baskets to the mentally challenged in three local group homes during the holiday season. Residents at Brigden and Corunna group home, as well as the Corunna Day Support Centre, were understandably very pleased with their treats. Here Sister Vicki McNaughton and Sister Joyce Brock present one of the baskets to a happy recipient.

*Submitted photo*

## WLCHC programs

The West Lambton Community Health Centre offers the following programs in St. Clair Township.

### Cooking Buddies for kids

This free series of children's cooking classes for ages 6-12 focuses on nutritious recipes, learning to read a recipe, learning to measure, kitchen safety, and clean up, and the get to eat a meal together. Programs are offered in Brigden, Corunna and Port Lambton. Spaces are limited. Call 519-344-3017, ext. 237 for more information to register for these free classes.

### Low impact exercise classes

Low impact exercise classes are offered free of charge in two St. Clair Township locations. The classes are now being held at the Mooretown Sports Complex, 1166 Emily Street, on Mondays and Wednesdays from 9 a.m. to 10 a.m. until April, 2018.

Classes are also being held at the Brigden Fairgrounds exhibition hall on Tuesdays and Thursdays from 9:30 a.m. to 10:30 a.m.

For information about these programs, call 519-344-3017, ext. 237.

## COMMUNITY CONTACT

### ***St. Andrew's foodbank in operation***

The food bank at St. Andrew's Presbyterian Church on Colborne Street in Corunna is now in operation every other Wednesday evening from 6 p.m. to 7:30 p.m. (June dates are June 6 and 20)). The food bank is also open on Thursdays from 9 a.m. to noon.

### ***MAS invites vendors for Country Arts and Craft Show***

The Moore Agricultural Society invites vendors to participate in the **Brigden Country Arts and Craft Show** on Saturday, Aug. 4. (Note change of date.) For interested vendors, more details are available by email at: [finance@brigdenfair.ca](mailto:finance@brigdenfair.ca). Don't delay - reserve your space now!

### ***2018 Brigden Fair prize list now available***

Now is a great time to start making your projects for entry at the Brigden Fair. Advance prize lists for the Brigden Fair are now available at the fair office or online at [www.brigdenfair.ca](http://www.brigdenfair.ca). **Check out the new Industrial Arts section and the Junior Department High Point classes.**

### ***Volunteer hours for secondary students***

Secondary school graduation is fast approaching and the Brigden Fair office is the place where students can find many ways to get the volunteer hours they need to graduate. Call the office at 519-864-1197. *Volunteer opportunities are available all year long.*

### ***Are those coins still making noise in your pocket?***

Are you still walking around with noisy pockets? May we suggest a way you can silence those pesky noise-makers? Stop off at the following locations and donate your loose change to the on-going upkeep of the St. Clair River Trail, one of the most scenic trails in the country: Shaykin Bait Variety in Port Lambton (*the Canada Post office no longer accepts donations*) or the Riverview Restaurant in Sombra Village. Your donations will be matched 2:1 by St. Clair Township Council and life will be a lot less noisy. Bricks, benches, and blocks can still be ordered to commemorate a special occasion or to provide a lasting memorial to departed loved ones. To place an order, contact Laura at 519-862-2442 (north end of trail) or Janis at 519-892-3223 (south end of trail). You can also visit the trail Website at: [stclairrivertrail.com](http://stclairrivertrail.com)

### ***Corunna Legion 8th Annual Elimination Draw***

The Royal Canadian Legion Branch 447 Corunna is now selling tickets for its 8th Annual Elimination Draw. The cost is \$20 per ticket and they can be purchased at the Legion hall. First prize is \$2,400. Weekly draws will be held May 5 through Sept. 15 and chosen tickets will be returned to the drum. The official draw event will be held on Saturday, Sept. 22. **All 350 tickets were sold.**

### ***Taoist Tai Chi coming to Corunna***

Weekly Taoist Tai Chi classes are held at St. Andrew's Presbyterian Church hall, 437 Colborne Drive in Corunna on Wednesdays from 6:30 p.m. to 8:30 p.m. Beginners are welcome. The group is a non-profit organization dedicated to promoting

the health benefits of the Taoist Tai Chi arts by making them available to all who want to learn. For more information about tai chi or class times, call 519-344-0346.

### ***Be a community builder with the Optimist Club***

The Sombra Optimist Club is looking for new members who want to help their community thrive. This volunteer organization exists to make their community a better place by doing great things for the youth in their area. Be a friend of youth - join the Optimist Club of Sombra. For more information or to become a member, call Carla Aarssen at 519-892-3536.

### ***New members welcome -***

### ***Lambton County Junior Optimist Club***

The Lambton County Junior Optimist Club is always on the lookout for youth who want to make a difference in their community. Club members ages 10 through 18 volunteer in the community and fundraise to put on their own programs and to donate to other youth programs. Hours spent volunteering with the club can be used toward members' volunteer hours at school. The club meets the first Monday of every month at 6 p.m. at the Courtright Community Centre. For more information, call Mary Lou at 519-862-3950.

### ***Down River Junior Optimist Club seeks members***

New members are being sought for the Down River Jr. Optimist Club. Youth between the ages of 10 and 18 are invited to get involved with the community and make a difference for kids. The club meets at the Port Lambton Community Hall on the third Monday of each month. High school students can acquire volunteer hours needed for graduation. For more information, call Carla at 226-402-3870.

### ***Brigden United Church activities/services***

Brigden United Church holds regular Sunday services at 10:30 a.m. (10 a.m. July and August). The church also hosts **Messy Church** through May (except December) every last Tuesday of the month from 5 p.m. to 6:30 p.m. And the **Mom and Tots Drop-in** is held at the church every Friday morning from 9 a.m. to 11:30 a.m. (excludes July and August). The program is sponsored by Sombra Rural Child Care. For more information, call 519-892-3151. And don't forget to check out Brigden United Church on Facebook.

### ***Recovery support group meets weekly***

Recovery International, a self-help group for those who struggle with mental health issues, meets on Wednesdays at 7 p.m. at Our Lady of Mercy Church rectory hall at the corner of Christina and London Road (entry off London Road) in Sarnia. For more information, contact Rita at 519-867-2932.



## COMMUNITY CONTACT

From page 13

### **Local TOPS weight control group meetings**

TOPS weight loss groups help members sensibly take off and keep off pounds. Three TOPS groups hold meetings in the St. Clair Township area and everyone (all ages) is welcome to attend. **Brigden TOPS** hold meetings every Tuesday night at the Brigden Optimist Hall. Weigh-ins are from 5:30 p.m. to 6:30 p.m. Meetings are from 6:45 p.m. until 7:30 p.m. For more information, please call 519-864-1865. **Port Lambton TOPS** weight loss group meets every Thursday from 5:30 to 6:30 p.m. the Port Lambton Community Hall. For more information, call Margaret Ann at 519-677-5665 or just come

out on Thursday nights. **TOPS Corunna** meets every Tuesday at St. Andrew's Presbyterian Church at 437 Colborne Street in Corunna. Weigh-in is 6:30 p.m. to 7 p.m. with a short meeting from 7 p.m. to 7:30 p.m. For more information, call Wendy at 519-381-5584.

### **School yard supervisor sought**

Sacred Heart Catholic School in Port Lambton requires a yard supervisor for every day or casual duties from noon to 1 p.m. Duties include outdoor, yard and lunch supervision of playground areas. If you love working with children, have some spare time mid-day, and wish to know more about this position, please call Principal Joanne McCreery or Secretary Erin Helps at the school, 519-677-5391.

## **Wellings Corunna celebrates grand opening with open house**



The luxurious new Wellings of Corunna development for adults 55 and over gave the public a tantalizing glimpse of carefree condo living during its May 5 grand opening. The 132 condo-like rental apartments, which overlook a grand 8,000 square foot atrium, were a big hit with the many curious visitors who enjoyed tours, entertainment and refreshments during the event. To mark the completion of the ambitious project, a Nautical Lands Group development, local dignitaries and corporate representatives were on hand to cut the symbolic ribbon. Included in the ribbon-cutting were, from left: General Manager Suzanne O'Leary; MPP Bob Bailey; MP Marilyn Gladu; Chair and CEO Kirk Hoppner, Nautical Land Groups; President and COO Kevin Pidgeon, Nautical Land Groups; St. Clair Township Mayor Steve Arnold.

Bonnie Stevenson photo

## ***Wanted: Motivated youth looking for rewarding challenges***

The Royal Canadian "1st Hussars" Army Cadet Corps Petrolia invites boys and girls ages 12-18 to learn new skills, marksmanship, orienteering, hiking, leadership, pipes and drum band, and teamwork, participate in many new challenges, make new friends and attend great summer camps, all at no cost. Cadets are not required to join the military. Join us today! For more information, call 519-332-6555 or visit: [www.petroliacadets.com](http://www.petroliacadets.com)

## *Great programs at the Mooretown Sports Complex*

Summer is ready for you but are you ready for it? Here are some great classes and programs you can join to shape up your body and rev up your energy levels.

### **Spring into Fitness!**

Join Fitness Kick Boxing, Muscle Mix, or Water Aerobics any time. Cost is \$7 per class (\$5.50 per senior) or \$50 for a 10 visit pass. See our brochure for more information.

### **Spinning classes are offered here!**

Join our certified spinning instructors for a great workout to improve your cardiovascular endurance, muscular strength, and power. Join any time.

### **Summer swim lessons**

To inquire about or register for summer swim lessons, call 519-867-2651.

### **POUND your way into fitness!**

Pound is the world's first cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums, and we have it at the Mooretown Sports Complex! Thursday evenings from 6:00-7:00pm. The cost is \$7 per class (\$5.50 for seniors) or \$50 for a 10 visit pass.

### **New! Introduction to diving**

The new Introduction to Diving class will begin Tuesday, July 3 from 6 p.m. to 6:50 p.m. It is open to ages seven and up. You must be able to swim a front crawl two lengths of the pool. Work at your own pace in a safe, non-competitive environment while mastering a new skill. The cost is \$90.

### **National Lifeguard Service recertification**

This program will be offered on Thursday, June 7 from 4 p.m. to 10 p.m. at a cost of \$85.

### **Red Cross Babysitting Course**

#### **minimum age 11 years**

This course is set for Friday, June 8 from 8:30 a.m. to 4:30 p.m. at a cost of \$60.

### **Red Cross Water Safety Instructor recertification**

This program will be offered on Thursday, June 14 from 4 p.m. to 10 p.m. at a cost of \$85.

**To get more information or to register for any of these programs, contact the Mooretown Sports Complex at 519-867-2651.**

## **Junior Summer Camp**

### **for ages 5-8 years**

Junior Summer Camp begins on July 2 to Aug. 31 from 8:30 a.m. to 4:30 p.m. (Early drop-off/late pick-up available for \$20 per week). The fee will be \$30 per day, \$125 per week, \$900 per summer or ask about our multi-child rates and family rates. Kids can join our junior summer camp and enjoy creative activities all day. We will be focusing on building physical literacy by concentrating on a different sport or skill each day.

## **Senior Summer Camp**

### **for ages 9-14 years**

Senior Summer Camp begins on July 2 to Aug. 31 from 8:30 a.m. to 4:30 p.m. (Early drop-off/late pick-up available for \$20 per week). The fee will be \$30 per day, \$125 per week, \$900 per summer or ask about our multi-child rates and family rates. The NEW senior summer camp will focus on a different sport and skill each day to build physical literacy. Each day will include age-appropriate activities as well.

### **Emergency First Aid/Bronze medallion/ Bronze cross**

This course will be presented from Monday, July 23-Friday, July 27 from 10 a.m. to 5 p.m. Fees, including taxes, materials, and exam fees) will be \$220 for Emergency First Aid and Bronze medallion, and \$120 for Bronze cross.

### **National Lifeguard Service with standard First Aid**

This course is slated for Monday, Aug. 20 to Friday, Aug. 24 from 9 a.m. to 7 p.m. Fees include taxes, materials, and exam fees) will be \$276 for NLS only and \$426 for NLS with SFA/CPR-C.

Find the latest Mooretown Sports Complex brochure online at: [www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca)

## **Heritage St. Clair seeking old photos of St. Clair Township's past**

Heritage St. Clair is still seeking the help of township residents to gather old photographs (over 20 years old - the older, the better) depicting St. Clair Township (and former Moore and Sombra Townships) from the past.

Photos that are precious to you can be scanned and returned to you. If you would rather see them in a place that will care for and preserve them for future generations, Heritage St. Clair can help you find a suitable home for them.

For more information, contact Heritage St. Clair by email: [secretaryheritagestclair@gmail.com](mailto:secretaryheritagestclair@gmail.com). Or visit the St. Clair Township site: [www.stclairtownship.ca](http://www.stclairtownship.ca) under the "Residents" or "Recreation" tab to find Heritage St. Clair. Or call Ian at 519-864-1119 or Dave at 519-862-3797.



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**United Way**  
Sarnia-Lambton

## Rapids Family Health Team

The following sessions are being offered at the Rapids Family Health Team clinic, located at the Shell Health Centre, 233 Cameron Street in Corunna. There is no charge for participation but you must register for each one you take. Please note that space is limited. If we are unable to accommodate you for the day of your choice, we will put you on a waiting list for future sessions. **For more information, go online to: [www.rapidsfhteam.ca](http://www.rapidsfhteam.ca) or to register, call 519-813-9800 and speak to reception.**

### **Living With Diabetes**

This is a two hour session that provides a general overview of diabetes. We will discuss some of the most common myths about diabetes, learn what "good control" is, and discuss some of the things you can do to manage diabetes. The next sessions, led by a Registered Nurse Educator, will be held on Tuesdays from 9:30-11:30 a.m. on June 12, July 10, and Aug. 7.

Physician referral is required.

### **Diabetes Healthy Eating and Keeping Active**

This is a two hour session for people who have already attended our Living with Diabetes class or who have had past education on the basics of Diabetes and want more information on diet. We will discuss the basics of healthy eating, what types of food affect your blood sugar levels, reading food labels, when and how much to eat, and how to increase your physical activity level. The next sessions, led by a Registered Dietitian, will be held from 9:30 a.m. to 11:30 a.m. on Tuesdays on June 19, July 17, and Aug. 14.

Physician referral is required.

### **A Guide To Diabetes Prevention**

This is a 1.5 hour group session for those who want to learn about diabetes and how to prevent it, or for those who have been told they are at risk of getting diabetes. This session is led by a Registered Nurse and/or a Registered Dietitian who will discuss what diabetes is, risk factors for getting diabetes, and how to decrease blood sugar levels through lifestyle changes. **The program is open to the public and no physician referral is required.** The next sessions will be held Fridays from 9:30 a.m. to 11:30 a.m. on June 22, July 20, and Aug. 24.

### **Healthy Eating and You**

Healthy Eating and You is a series of four sessions lasting two hours each. The aim of this program is to help you make permanent lifestyle changes. This is **not** a diet program. You will set your own healthy eating and physical activity goals and learn how to make plans for achieving them. Some topics that will be discussed include: carbohydrates, protein and fats (good and bad); physical activity—what types and amounts are beneficial; emotional eating strategies; sensible portions and portion control strategies; group discussions that will help you learn from the experiences of others. **This program is open to the public and no physician referral is required.** The next program will begin on Wednesday, June 6 from 2 p.m. to 4 p.m.

### **Stress Management Workshop**

Created by our registered Social Worker, this monthly two-hour seminar will provide you with information on how to effectively manage stress through: regulating the stress response; goal-setting; problem-solving; challenging unhelpful thinking; and communicating assertively. The next workshop will be held from 9:30 a.m. to 11:30 a.m. on Friday, June 15. **It is open to the public and no physician referral is required.**

### **Teaching kitchen**

Healthy cooking classes will not only help you build your knowledge of healthy eating, but also help you apply them in a

friendly group setting. A wide range of health conditions and topics include: heart health, digestive concerns, vegetarian, cooking for one, increasing fruit and vegetables, high blood pressure and more. **Cooking classes are open to the public and no physician referral is required.**

The next classes will be held as follows: Cooking for Your Bones, Wednesday, June 20, 10 a.m. - noon; Spice Makes Everything Nice, Thursday, Aug. 2, 10 a.m.- noon; Meatless Mondays, Wednesday, Sept. 26, 10 a.m. - noon; Meals For One, Wednesday, Oct. 24, 10 a.m. - noon; Dining with Diabetes, Wednesday, Nov. 21, 10 a.m. - noon; and Healthy Holiday Baking, Wednesday, Dec. 12, 10 a.m. - noon.

**Note: Class dates, times, and location within Corunna is subject to change/cancellation depending on number of patient registrations.**

### **Laboratory Services offered**

Laboratory services at the clinic are available

Monday through Friday from  
7:30 a.m. to 11:15 a.m.



### **New patients being accepted**

A family medical practice is in operation at the Shell Health Centre (Rapids Family Health Team), 233 Cameron Street, in Corunna. Applications are available by calling 519-813-9800.

## Better Together - The Family Meal Project

*Eating a meal as a family offers one of the best times to reconnect and reacquaint ourselves with the people we hold dear. But the challenges of our fast-paced, digital-aged lives leave little time to engage in this family-building activity.*

*Better Together - Family Meal Project* has been developed to bring families together to enjoy the benefits of cooking and eating together as a family. This **FREE** event will be held Wednesday, June 20 from 5:30 p.m. to 7 p.m. at the Courtright Community Hall (Silverdome), 1594 Third Street in Courtright. Space is limited so please register early. The event will feature a taco bar prepared by Minglers Catering, interactive chef demonstration, prizes and giveaways.

To register, call 519-339-8949 or email: [mostlund@rapidfhteam.ca](mailto:mostlund@rapidfhteam.ca)

*Better Together - Family Meal Project* is a joint venture of the Rapids Family Health Team, Optimist Club of Moore, Healthy Kids Community Challenge Lambton Partners, and North Lambton Community Health Centre.



## Optimists craft event honours mom & dad

The Optimist Club of Moore and the Jr. Optimists held their annual Mothers/Fathers Day craft event on April 28, inviting local youth to come out and create handmade gifts for their favourite adults. Right: Optimist Michelle Abrams and recent Jr. Optimist Inductee Caleb paint a Father's Day trophy for Caleb's dad and a round bird-house birthday gift for Caleb's grandmother.



Bonnie Stevenson photo

## Annual Carnival Day

The Annual Carnival Day, sponsored by the Optimist Club of Moore and the Lambton County Jr. Optimist, is slated for Saturday, June 23 from 11 a.m. to 1 p.m. at the Courtright Silverdome. The event includes a bouncy castle, karaoke, carnival games, and much more, and it is open to everyone. Hotdogs and Nachos will be available for purchase at \$2 each. Admittance of a personal hygiene item for donation to The Hub will be appreciated. For more information, call Michelle at 519-481-0577.

High school students should note that volunteering hours at this event will be useful toward hours required for graduation.

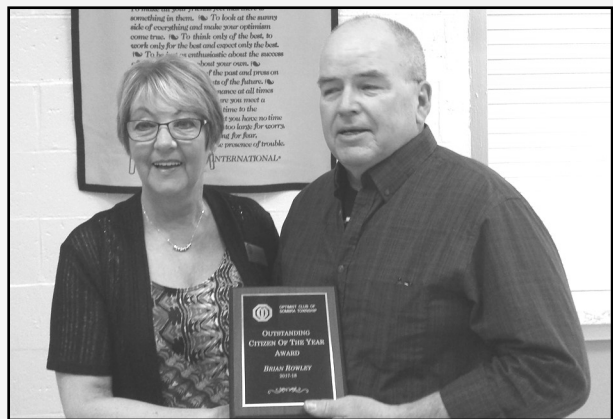
## Sombra Optimist Club names Citizen of Yr.

The Sombra Optimist Club recently named its 2017-2018 Citizen of the Year.

Over the years, honouree Brian Rowley has served his community in various capacities. He was a leader with the 1st Sombra Scouts of Canada, Cubs and Beavers, for 20 years, 15 of which he also served as group commissioner. He helped organize Port Lambton Gala Days and worked at it for 35 years. He also participates in the annual St. Vincent de Paul can drive.

Brian received his award for making a substantial difference in the community and for always being available to help out whenever needed.

Submitted photo



## MAS seeking Brigden Fair Ambassador contestants

The Moore Agricultural Society is looking for some energetic, personable young women and men to participate in the 2018 Brigden Fair Ambassador contest, slated for Sunday, Aug. 26.

If you've ever wondered what it's like to represent the fair, both locally and at the great events and conventions ambassadors get to attend during their one-year reign, stop wondering. Watch the MAS Facebook page and check out the webpages for more information.



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[akirkland@cmhalambtonkent.ca](mailto:akirkland@cmhalambtonkent.ca)

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## STILL MORE AROUND THE TOWNSHIP

From page 18

### Progressive euchre at Brigden Legion

The Royal Canadian Legion hosts progressive euchre on Friday nights with registration set for 6:30 p.m. followed by play at 7 p.m.

### Courtright Friendship Club plays cards

The Courtright Friendship Club plays euchre every Wednesday afternoon at 1 p.m. and now plays Pepper every Friday evening at 7 p.m. at the hall located at 1533 Fourth Street in Courtright. Everyone is welcome to attend and try out their card skills.

### Cribbage played at Corunna United Church

Cribbage is played every Tuesday from 9:30 a.m. to 11:30 a.m. at Corunna United Church on Hill Street. Come out, test your skills, and enjoy a morning of fun.

### Weekly fun slated for Corunna Legion

The Royal Canadian Legion Corunna Branch 447 has four weekly fun events open to everyone. Every Thursday at 1 p.m., fun cribbage is played. On Fridays at 1 p.m., it's time for fun bridge. Don't know how to play? Come on out and learn from those who do. On Friday nights, enjoy Meat Darts starting at 7:30 p.m. And every Saturday at 4 p.m., get in on the meat draw. The cost is \$1 per stick. Join the fun, enjoy a beverage and camaraderie, and maybe even take home dinner.

### Catch the Ace at Corunna Legion

The Catch the Ace lottery is now being played on Wednesdays at the Royal Canadian Legion Corunna Branch 447, 350 Albert Street. Ticket sales will be from 5 p.m. to 7 p.m. and the draw will follow. The weekly draws will continue until the

game is won. Food will be available and the hall is wheelchair accessible. Proceeds from the lottery will support the work of the Mooretown Optimist Club and the Corunna Legion. Rules are available at the Corunna Legion website, [legion447.ca](http://legion447.ca), or at the Legion branch.

### LEO exercise for seniors in Sombra

Lambton Elderly Outreach continues to offer Forever Fit exercise classes for seniors at Sombra community hall. Classes are Mondays and Thursdays at 9 a.m., and Tuesdays at 10 a.m. Chair exercise is offered at 10 a.m. on Mondays and Thursdays. Everyone age 55 and older are welcome. Shoes with a good tread are required.

### MARK YOUR CALENDAR...

#### Bus Tour to VPP planned

The Cruickshank Centre will host a bus trip to the Victoria Playhouse Petrolia on Wednesday, Aug. 1 to see the musical "The Andrews Brothers". The cost is \$45 per person and it includes play tickets and transportation. Prior to the show, the bus will stop for lunch at the Truckin' Mommas Restaurant. This meal is not included in the cost of the ticket. Participants will meet in the lobby at Thompson Gardens a 10:45 a.m. The deadline to register will be Thursday, June 28. For more information please call 519-862-1628 or 519-862-2629.

### Downriver Craft and Gift Sale set

The 30<sup>th</sup> annual Downriver Craft & Gift Sale will be held on Sunday, September 16 from 10 a.m. to 4 p.m. Over 80 tables of hand-made crafts, curiosities, and delectable food items will offered. A food booth will be available to feed hungry shoppers and fuel their continued adventures in delightful shopping. New and familiar craftspeople are invited to participate. Call Moore Museum at 519-867-2020 to be added to the mailing list. Admission is \$2 per adult with children under age 13 admitted free when accompanied by an adult.



## Legion service officer available

### Assistance for Veterans and Spouses available

Do you know someone who is living on the street or who might benefit from the "Soldier On" program? Are you interested in finding out if you qualify for assistance with problems like housekeeping, snow

clearing, grass cutting, hearing aids or other medical assistance? For information call the Royal Canadian Legion Corunna Branch at 519-862-1240 or the Brigden Branch at 519-864-1395, or Veteran Service Officer Shawn MacNeil at 519-383-9386.

### Parkway Church in Corunna offering free clothing

Parkway Church at 551 Murray Drive in Corunna has free clothing available for children and young adults. The room is open Thursdays from 11:30 a.m. to 1 p.m. or by appointment.

Clothing donations are always accepted. They can be dropped off in the church's clothing bin at the side door or call 519-862-3380, ext. 21.



## EarlyON Child and Family Centres

The EarlyON Child and Family Centres Samia-Lambton is a free family drop-in program operated by Sombra Township Child Care Inc. for families with children ages 0 to 6.

### Best Start Hub - Riverview Central School

3926 St. Clair Parkway, Port Lambton, 519-892-3151

#### Hours of Operation:

Tuesday, & Thursday: 9 a.m. to 11:30 a.m.

### Best Start Hub - St. Joseph's School, Corunna

535 Birchbank Drive, Corunna, 519-862-5071, ext. 224

**Hours of Operation:** Monday: 9 a.m. to 11:30 a.m.;

Wednesday: 9 a.m. to 11:30 a.m.

& 1 p.m. to 3:30 p.m.; Friday: 9 a.m. to 11:30 a.m.

### Brigden United Church,

2420 Jane Street, Brigden

519-892-3151

**Hours of Operation:** Friday: 9 a.m. to 11:30 a.m.

For a complete listing of hours and parent/caregiver workshops, go online to: [www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca).

## MORE AROUND THE TOWNSHIP

From page 20

### Black Creek Cemetery service

A service will be held at Black Creek Cemetery on Father's Day, Sunday, June 17 at 2 p.m. Attendees are asked to bring lawn chairs and enjoy this 63rd annual service. Everyone is welcome. Rain location will be Knox Dawn Presbyterian Church, corner of Edy's Mills and Dawn Valley Road. For any and all cemetery inquiries, call 519-330-0292.

### Brigden Legion Decoration Day

The Brigden Legion Branch 635 will hold its Decoration Day at Bear Creek Cemetery, Telfer Road and Moore Line, on Father's Day, Sunday, June 17 at 11 a.m. After the Act of Remembrance, Canadian flags will be placed on Veterans' graves. Everyone is welcome to attend this annual service and all are reminded to bring lawn chairs if needed. At the conclusion of the event, attendees are invited back to the Brigden Legion hall for a light lunch.

### Optimist Club Annual Carnival Day planned

The Annual Carnival Day, sponsored by the Optimist Club of Moore and the Lambton County Jr. Optimist, is slated for Saturday, June 23 from 11 a.m. to 1 p.m. at the Courtright Silverdome. The event includes a bouncy castle, karaoke, carnival games, and much more, and it is open to everyone. Hotdogs and Nachos will be available for purchase at \$2 each. Admittance of a personal hygiene item for donation to The Hub will be appreciated. For more information, call Michelle at 519-481-0577.

The Hub is a multi-service location that serves youth ages 16 to 24. It helps youth find stable education, employment, and secure, stable housing, plus a hot meal, gently used clothing, laundry and health care. Personal hygiene items, gently used clothing and Tupperware are always needed. Donations can be dropped off at 350 Indian Road S. in Samia (inside St. Luke's Church).

High school students should note that volunteering hours at this event will be useful toward hours required for graduation.

### Ride Don't Hide event in Mooretown

The annual Ride Don't Hide event is slated for the Mooretown Sports Complex, 1166 Emily Street, on Sunday, June 24. This year's event is bigger than ever, with a new 8K Run/Walk in addition to the 8K, 20K, 50K, and 80K bicycle ride routes. This fundraiser for the Canadian Mental Health Association is held to raise awareness and help fight the stigma faced by those who cope with mental health issues. Register today online at: [www.ridedonthide.com](http://www.ridedonthide.com) or check out Facebook at [RideDontHide](https://www.facebook.com/RideDontHide) or Twitter [@ridedonthide](https://twitter.com/ridedonthide). For more information, contact Angela Kirkland at 519-337-5411 or [akirkland@cmhalambtonkent.ca](mailto:akirkland@cmhalambtonkent.ca)

### Sutherland Cemetery Annual Memorial Service

The trustees of Sutherland Cemetery invite everyone to the annual memorial service on Sunday, June 24 at 2 p.m. There will be a short service of remembrance of the faithful departed followed by refreshments. *Sutherland Cemetery, founded in 1833, is at the location of the former Trinity Church. This area was one of the first pioneer settlements along the St. Clair River.*

### Sombra Days on the way

The annual Sombra Days weekend is on the way from Friday, July 6 to Sunday, July 8.

**Volunteers being sought:** Sombra Sports and Rec, organizers of the event, are currently looking for volunteers to run the loonie table (contact Ann at 519-892-3908) and to run the Monday night volleyball at the Sombra Ball Park (contact Ken at 519-355-9576).

*The club is also looking for new members. Positions that need*

*to be filled include: president, vice-president, secretary, and treasurer. If these positions cannot be filled, this year's Sombra Days weekend will be the last one hosted by the current members. To join the club, please call Todd at 519-466-6841.*

### Wilkesport U.C. yard sale set

The congregation of Wilkesport United Church will hold a yard sale and bake sale on the Sombra Museum grounds, 3476 St. Clair Parkway, on Sombra Day Saturday, July 7 starting at 9 a.m., rain or shine. Proceeds will go to the Wilkesport U.C. general fund. Anyone wishing to donate items to be sold can email: [wilkesportunitedchurch@hotmail.com](mailto:wilkesportunitedchurch@hotmail.com) or call the museum at 519-892-3982 to arrange to drop off items from July 4 to 6. *Please note that no museum artifacts will be for sale.*

### Model Train event set for Moore Museum

The Moore Museum's popular **Model Train** event will be held on Sunday, July 8 from 1 p.m. to 4 p.m. Additional model train layouts will be on display at the event, as well as the museum's regular Lionel train exhibit. Volunteers will be on hand to discuss model railroading and all layouts will be operating. Children's activities will also be featured. Admission is \$6 per adult and \$3 per child.

### Annual summer lawn concert at Sombra Museum

The Sombra Museum will host its annual Lawn Concert on Sunday, July 8 at 7 p.m. at the museum site, 3470 St. Clair Parkway at the corner of Smith Street rain or shine. Light refreshments will be provided.

### Yuk Yuk's comedy in Corunna

Yuk Yuk's On Tour is coming to the Royal Canadian Legion Branch 447 Corunna hall on Saturday, July 14. Doors open at 8 p.m. and the laughter starts at 9 p.m. Advance tickets are already available at the Legion hall for \$20 per person advanced or \$25 at the door, and only 200 tickets will be sold, so get 'em before they're gone! The hall is wheelchair accessible. For more information, call 519-862-1240.

### BorderFest Music & Entertainment Festival

The BorderFest Music and Entertainment Festival, set for Centennial Park in Samia on July 27 and 28, will be held through the provincial Celebrate Ontario Program. This non-profit event will feature various kinds of music and food providers.

### Weekly Souper Thursdays in Corunna

The Parkway Church, located at 551 Murray Drive in Corunna, hosts a **FREE Souper Thursday** hot lunch every Thursday from 11:30 a.m. to 1 p.m. Everyone is welcome to come to the church and enjoy a homemade lunch to eat in or take out. Those who require assistance can call 519-862-3380 to have lunch delivered. For more information, contact the church online at: [parkwaychurch-michelle@gmail.com](mailto:parkwaychurch-michelle@gmail.com)

### Cruikshank Community Centre hosts weekly activities

The Cruikshank Community Centre hosts two popular activities each week. Morning coffee socials run from Monday to Saturday from 8:30 a.m. to 10 a.m. and everyone is welcome. And **euchre nights** are held on Tuesdays at 7 p.m. The cost is \$3 per session, which includes light refreshments.

### Pickleball is back!

Another season of pickleball has begun in Corunna and games are held several days each week at the Corunna Athletic Park courts on Hill Street. Adults are invited to join the fun and lessons can be arranged. For more information, call: Keith at 519-918-5359; Jim at 519-862-3447; or Michael at 519-813-9274.



## AROUND THE TOWNSHIP

### Knox Moore Presbyterian Ladies garage sale

The first annual Knox Moore Presbyterian Church Ladies garage sale will be held on Saturday, June 2 from 8 a.m. to 1 p.m. Everyone is welcome to come by and check out the books, dishes, linens, small furniture, home decorations, and more that will be offered. The church is located at 1354 Rokeby Line, Mooretown.

### Lambton Youth Choir to perform

The Lambton Youth Choir, featuring young singers from all over Lambton County, will present its spring concert, *When We Sing*, on Sunday, June 3 at 3 p.m. at Grace United Church, 990 Cathcart Blvd. in Samia. Tickets are \$10 per person and can be ordered from Mike Nagle, 519-845-1004 or email: [mikenagle00@hotmail.com](mailto:mikenagle00@hotmail.com). The church is fully accessible.

### Duthil Cemetery Decoration Day

The Duthil Cemetery Decoration Day service will be held on Sunday, June 3, at 2:30 p.m. Attendees are asked to bring a lawn chair to the service.

### Gutsy Walk for Crohn's disease

The local Crohn's and Colitis Foundation *Gutsy Walk* fundraiser is set for Sunday, June 3 from 1 p.m. to 4 p.m. in Canatara Park in Samia. Registration begins at noon at the lake pavilion or register online. Everyone is welcome.

### Riverside Cemetery Memorial Day service

The Riverside Cemetery Memorial Day service will be held on Sunday, June 10 at 2 p.m. Attendees are asked to bring their lawn chairs and everyone is welcome.

### Meat raffles in Sombra

The Sombra Optimist Club will host a series of meat raffles at Rum Runners Speakeasy in Sombra from 6 p.m. to 8 p.m. on the following Wednesdays: June 13, 27. Six draws will be held each night at a cost of \$1 per draw ticket. Each raffle prize is valued at \$25. Proceeds will go to the Optimist Youth projects.

### Sombra Township Optimist 14th annual car show

The Sombra Township Optimist 14th Annual Car Show will be held on Saturday, June 16 from 8 a.m. to 8 p.m. at Brander Park south of Port Lambton. No pre-registration is required. Participants

are asked to park first, fill in registration form, and return it with a \$10 participant's fee. This is a great family outing and spectators re admitted free. The event will include home-built soap box races (register at 9 a.m., practice at 10 a.m., call Vic at 519-784-5912), face painting by Dotsy the Clown, new vendors, door prizes, a 50/50 draw, and penny tables. Food will be available, including hotdogs, hamburgers, peameal and cheese, walking tacos, cold drinks, and free coffee. There will also be a licensed refreshment table and live music by Pull 3. And back by popular demand, commemorative t-shirts will be available for \$15 each or \$25 for two.

### CCSC Bicycle Rodeo planned

The Corunna Community Safety Committee will host the annual Bike Rodeo and Safety Day on Saturday, June 16 from 10 a.m. to 2 p.m. at the St. Clair Township Emergency Services building parking lot, 392 Lyndoch Street (at Hill Street). The event will feature a pro bike inspection, four circuit sections for youth to train on, draws for a male and female bicycle, draw for local gift certificates, and all youth will receive a certificate after completing four circuits as well as a free light for their bikes. Organizers are prepared for 100 youth to attend this fun and educational safety event.

### 8th annual Summer Kickoff

The Royal Canadian Legion Corunna Branch 447 will host its 8th annual Summer Kickoff event on Saturday, June 16 from 11 a.m. to 11 p.m. This outdoor event will include a licensed area, music, and a lot of fun. *More information as it becomes available.*

### Sombra Optimists annual car show

The anxiously awaited Sombra Optimist Club's 14th Annual Car Show rolls into Brander Park in Port Lambton on Saturday, June 16 from 8 a.m. to 8 p.m. The show features a huge park full of classic and late model vehicles, all showcased against the natural beauty of the St. Clair River. It also offers a food booth, a licensed refreshment tent with a live band, vendors, door prizes, and a penny table. The children will enjoy soapbox races (registration at 9 a.m. and practice runs at 10 a.m.). Dotsy the clown will be on hand to do face painting from noon to 2 p.m. and the ever popular splash pad will be open.

No pre-registration is needed to display vehicles, allowing the vehicles to quickly enter the site and park. The day of the event, registration will be done on-site at \$10 per vehicle, \$5 for a second vehicle. Spectators are welcome to attend free of charge. For more information, contact Optimist Carla at 519-892-3536 or email [caarssen@hotmail.com](mailto:caarssen@hotmail.com)

### Archery range now open

The archery range at the Lambton Sportsman's Club, 521 Bickford Line, Sombra, is now open to the public until mid-September every Saturday morning from 9 a.m. to noon as long as an Archery Committee member is on site. New archers or novices will be introduced to the sport and assisted as well as supervised, depending on weather conditions. For more information, please call Len Lemaire at 519-344-7009.

3-D Archery Shoot will be held on June 16 and Aug. 18. Shooting will be done in the club's bush, with trail and targets marked. Non-members fee is \$10 and members fee is \$5. Ages 15 years and under will be admitted free when accompanied by a paid adult guardian. Lunch will be available. Menu and prices are posted at the club. Outdoor footwear and insect repellent are recommended. For more information call Len at 519-344-7009 or Elsie at 519-867-3940.

See More, page 19



Publicize your upcoming event in  
**THE BEACON**

If you have a non-profit or charity event or activity coming up in St. Clair Township, or an event that will benefit the residents of the township, don't stress! Promote it **free of charge** here in The Beacon.

The deadline for Beacon submissions is the third Monday of each month by noon.

E-mail: [beacon@twp.stclair.on.ca](mailto:beacon@twp.stclair.on.ca)

**Please note: Photos submitted on deadline day cannot be guaranteed a place in the next issue.**