



The St. Clair Township BEACON



Issue 11

Volume 10

November 2017

Stunning Stitchery



An incredible feat of stitchery was on display at the 2017 Brigden Fair. Evelyn Evers of Sombra produced this magnificent fabric portrait of a mother panda with her baby. The work, entitled *Hug A Panda*, was based on a photo Evelyn liked. She says she learned how to make a pattern from the photo during a class led by American fabric artist David Taylor. Another example of her extraordinary handiwork, an Oriental-inspired quilt entitled *Scenes of Saigon*, won first prize at the fair for piece machine quilting.

Bonnie Stevenson photo

Remembrance Day services set

The Royal Canadian Legion Branch 635 Brigden and Branch 447 Corunna will pre-side at the annual Remembrance Day services on Saturday, November 11.

~In **Brigden**, the service will be held at the Brigden Cenotaph (corner of Brigden Road and Jane Street) assembling at 10:57 a.m. for the 11 a.m. start.

~In **Corunna**, the service will be preceded by a parade from Beckwith Street to the Corunna Memorial Clock Tower Cenotaph on Lyndoch Street, where the service will begin at 11 a.m. sharp.

At the conclusion of these services, everyone is invited back to the Legion halls for refreshments.



Early deadline for January, 2018 Beacon

To accommodate the holiday schedules of municipal staff and production staff, the deadline for the **January 2018 Beacon** will be **Monday, Dec. 11 by noon**. Early submissions will be welcomed.

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MUNICIPAL NOTES

Council Meeting Schedule

St. Clair Township Council meets every first and third Monday of the month (with exceptions to accommodate holidays). The next meetings will be held on Monday, Nov. 6 at 6:30 p.m. and Monday, Nov. 20, at 6:30 p.m.

Anyone wishing to address council should call the municipal office at 519-867-2021 for further information.



Commemorative packages available for township students

All elementary students attending school in St. Clair Township recently received a commemorative Canada 150 package containing a specially-issued \$10 note. However, Council is aware that some St. Clair Township students who attend elementary schools outside of the township did not receive this package.

Parents of these students are invited to come to the St. Clair Township Civic Centre municipal office at 1155 Emily Street in Mooretown to sign that their child was in a Jr. K - Grade 8 class in a school outside of the township and that they live within the township. A package will then be provided for these students.



Notice of Public Meeting - Proposed Zoning By-law Amendment

The Council of the Corporation of the Township of St. Clair will hold a public meeting on Monday, Nov. 6 at 6:45 p.m. in the council chambers at the St. Clair Township Civic Centre, 1155 Emily Street in Mooretown.

The meeting concerns an amendment under Section 34 of Planning Act 1990. Any person may attend the meeting or make written representation either in support or in opposition to the proposed zoning by-law amendment.

The purpose and effect of the amendment is to amend the maximum height requirements for Type-3 Industrial Uses to exempt petrochemical process vessels/structures, including distillation/fractionation towers, cooling towers, hydrolysis/rehydration or extrusion towers, from the zoning height provisions and increase the building height from 14 metres to 16 metres in all Type-3 Industrial Uses.

If a person or public body does not make oral submissions at a public meeting or make written submissions to the Township of St. Clair before the by-law is passed, the person or public body

is not entitled to appeal the decision of the Council of St. Clair Township to the Ontario Municipal Board (O.M.B.).

Further, that person or public body may not be added as a party to the hearing of an appeal before the O.M.B. unless in the opinion of the board, there are reasonable grounds to do so.

Additional information relating to the proposed Zoning By-Law Amendment is available for inspection during regular business hours at the clerk's office (Attention: Caroline DeSchutter) located at 1155 Emily Street, Mooretown, or at the County of Lambton Department of Planning and Development (Attention: Barry Uitvlugt) located 789 Broadway Street, Wyoming, Monday to Friday between 8:30 a.m. and 4:30 p.m.

Caroline DeSchutter
Acting Deputy Clerk/Coordinator of Planning
Township of St. Clair
1155 Emily Street,
Mooretown, ON, N0N 1M0
519-867-2021 Fax: 519-867-5509



SEWER MAIN FLUSHING

St. Clair Township

Public Works will be flushing sewer mains connected to the St. Clair Township sewer system during the hours of 7:30 a.m. and 4:30 p.m. into the fall. During this maintenance procedure, you may notice some gurgling noises in drains.

If conditions persist after 24-48 hours of normal use, please notify Public Works at 519-867-2993.



Pheasant/Rabbit Hunting Licenses

The Township of St. Clair pheasant/rabbit hunting licenses are now on sale until February 28, 2018. They will be available at the following locations: Pic-N-Pay Variety, Sombra; Courtright Variety Store, Courtright; Corunna Home Hardware, Corunna; Agris Co-operative Ltd, Brigden; St. Clair Civic Centre, Mooretown.

The fees will be \$5.00 for a resident license and \$8.00 for a non-resident license.

Applicants must apply in person and multiple licenses will not be issued.

Jeff Baranek, RPP
Director of Administration/Clerk
Deputy C.A.O.

The St. Clair Township Beacon is issued monthly by St. Clair Township as a public service to township residents. It is edited by Bonnie Stevenson.

Moore Foundation grants awarded to four deserving community groups



The Moore Community and Recreational Foundation (MCRF) presented grants to four deserving community groups during the Sept. 18 meeting of council. On hand for the presentation are, front left: Gord Dawson and Diane Fletcher, Corunna Horticultural Improvement Association; Jim Townsend, Moore Museum Advisory Board chair; Elsbeth McCormick and Darlene Pepper, Brigden Community Decorating Team; Moore Foundation Chair Mary Jane Marsh; and Sombra Museum Board Chair Dave Lee, Rear left: St. Clair Township CAO John Rodey; Councillors Jim DeGurse, Steve Miller, Tracy Kingston, Jeff Agar, Mayor Steve Arnold, Deputy Mayor Peter Gilliland, Councillor Darrell Randell, and Clerk Jeff Baranek.

The grants will be used for the following purposes: Corunna Horticultural Improvement Association (1,000) will use it to fund planting and maintenance of planters and the maintenance and installation of Christmas lights; the Moore Museum (1,500) volunteers have

made repairs to the facility's antique vehicles and will be undertaking maintenance on the fire hall; Sombra Museum (560) have installed blinds on the front door windows of the Bury House to protect artifacts from fading and heat; Brigden Community Decorating Team (1,500) will use the grant to continue its efforts in the seasonal beautification of the town.

The Moore Community and Recreational Foundation supports community organizations that undertake activities that benefit St. Clair Township with projects, programs or activities that run community and social programs or heritage and environmental programs, look after recreational facilities, or promote and maintain neighbourhood parks. Grants are awarded for definite purposes and for projects covering a specific period of time with a specified defined benefit and outcome. (For further information, go online to: www.stclairtownship.ca.)

Bonnie Stevenson photo

Be a
Better Recycler
with the
Recycle Coach™ app

You get:

- A personalized collection schedule
- Custom pick-up reminders
- A 'What Goes Where?' search tool
- And more!

Search "Recycle Coach"

Fall Yard Waste Collection

Continues until Friday, Nov. 24

COLLECTION SCHEDULE:

- Wednesday:**
- ◆ Corunna (including Froomfield area)
 - ◆ St. Clair Parkway (north of Emily Street, Mooretown)
- Friday:**
- ◆ Brigden, Courtright, Mooretown, Port Lambton
 - ◆ Sombra Village, Wilkesport, Chenal Ecarte, Leeland Gardens
 - ◆ St. Clair Parkway (south of Emily Street, Mooretown)

For complete collection rules, go to *Recycling Coach App* (see above), www.stclairtownship.ca, or check your 2017 Residential Recycling and Waste calendar.

The Beacon is at your fingertips

No matter where you are, you can read *The Beacon*. Go to the *St. Clair Township Website*: www.stclairtownship.ca and click on **Beacon** on the black bar (top right).



The Good Neighbour Experience

A local Canada 150 project



Canada's 150th birthday is long passed now, but there is still time to send in your personal Good Neighbour stories. **Until the end of 2017, we want to hear from YOU.** Tell us about the friendly, helpful people you know - the ones who brighten your life with their thoughtfulness and kindness.

To everyone who has contacted *The Beacon* to recognize of the **Good Neighbours** of St. Clair Township, thank you for your stories. We know there are a lot more good neighbours out there and we need your help to identify the people who deserve recognition for the neighbourly things they do for others.

Throughout 2017, The St. Clair Township Beacon is giving St. Clair Township residents a chance to acknowledge the good neighbours who may live next door, down the block, or elsewhere within the township. What better way to celebrate Canada's 150th anniversary than with a celebration of our neighbours, friends and, sometimes, complete strangers who help to make our community a place we can take pride in.

Email The Beacon at:

beacon@twp.stclair.on.ca

and write "Good Neighbour" on the Subject line

In a brief message, tell us who your Good Neighbour is and how that person (or persons) makes a positive difference to **you and/or your family**.

As space allows, The Beacon will publish Good Neighbour stories, and all those who are nominated will receive recognition in the form of a Good Neighbour certificate from St. Clair Township during a presentation at an up-coming meeting of council.

Good Neighbour Liz Lovell has been nominated by Jeanne Pretty on behalf of the residents of Thompson Gardens. Here's what they have to say:

"Liz Lovell goes above and beyond her duties as office manager at Thompson Gardens and the Cruickshank Centre. She is a caring and compassionate person, who addresses both the residents and community people. She has a genuine smile and this is evident as the early birds are greeted when they come for coffee each morning.

As office manager, working for the Moore Presbyterian Foundation, Liz meets the high standards necessary to manage our wonderful facility. She serves as the crucial cog for the daily operations but her door is always open for the community people and or residents who have a concern. She has a friendly relationship with everyone. You can see her going to a resident's door to check on them if the family cannot reach them. If there is a problem in your room she is there to see how it can be fixed. She provides the feeling of safety and security

making Thompson Gardens a place we are proud to call home or our little community. She welcomes all new residents and we have seen her shed a tear when someone moves or passes on. Liz is the 'go to' person who serves this indispensable role and it is obvious who keeps the office humming.

Innovation is required as Liz's job is very challenging, especially during the continuous times of change. She is dedicated to providing the best resources to our residents and the community as well as trying to support our needs and is consistently striving to find new and more efficient ways to do things.

The work Liz does is invaluable and she enthusiastically volunteers and performs additional work here and outside the office which shows she is truly dedicated about what she does."

Community's Heaven's Wildlife Rescue support garners Good Neighbour kudos from Sherry and Bob Crone.

"We volunteered a day to collect donations for Heaven's Wildlife Rescue at the local Foodland in Corunna and we were truly overwhelmed at the outpouring of support and generosity of the residents of Corunna, Courtright, Oil Springs, and surrounding areas. We are proud to live in such a lovely community. Our thanks to all who donated to help Peggy reopen the doors to this cause. Many thanks to Roy and Cindy from Foodland for allowing us to set up a display for this event, and to the Foodland staff who made us feel welcome. And again, thanks to all who donated."

Heaven's Wildlife Rescue is a volunteer organization funded solely by donations, offering shelter and care to sick, injured, orphaned, or displaced native Ontario wildlife with the goal of returning them to the wild. It is licensed and inspected by the Ministry of Natural Resources but not government funded. The facility is located in Oil Springs.

~ ~ ~

What's YOUR Good Neighbour EXPERIENCE?



Wanted: Motivated youth looking for rewarding challenges

The Royal Canadian "1st Hussars" Army Cadet Corps Petrolia invites boys and girls ages 12-18 to learn new skills, marksmanship, orienteering, hiking, leadership, pipes and drum band, and teamwork, participate in many new challenges, make new friends and attend great summer camps, all at no cost. Cadets are not required to join the military. Join us today! For more information, call 519-332-6555 or visit: www.petroliacadets.com

Creative County Grant 2018 intake to begin

The Creative County Grant program is now accepting applications until Nov. 13, 2017 at 4 p.m.

This program invests in new and innovative projects that build cultural capacity, strengthen the creative community, define Lambton County's unique identity, and enrich the quality of life of all residents.

Organizers of new or expanding initiatives are encouraged to apply for funding to cover up to 50 per cent of their project's cost.

The objectives of the program respond to "Building a Creative Economy: A Cultural Plan for Lambton County" as well as the overall intent of the Creative County Committee (CCC) to: nurture creativity and imagination through arts, culture, and heritage projects; promote innovation and support new, dynamic efforts in the creative community; develop unique cultural resources that enhance the health and vitality of our communities; support inclusion and celebrate diversity through our rich

creative community; foster creativity by encouraging collaborative partnership; and promote culture as a key component of economic growth and quality of life.

Program guidelines and the online application can be found online at LambtonOnline.ca by clicking on *Creative County* under *Residents*.

For more information about the Creative County Fund, please contact Andrew Meyer, Corporate Cultural Officer, Cultural Services Division I, County of Lambton by email at: andrew.meyer@county-lambton.on.ca or Tara Pounds, Revenue Officer, Office of the CAO I, County of Lambton by email at: tara.pounds@county-lambton.on.ca

Background

The Creative County Grant Program began in 2013 and since then it has advanced \$374,355 in funding to cultural, heritage, and arts initiatives in Lambton County.

Sombra Optimists elect new executive

The Optimist Club of Sombra recently elected its new executive. Clockwise from top right: ~Newly elected President Johanne Leach presents Immediate Past President Carla Aarssen with a Certificate of Excellence in recognition of her three years of dedicated service to the club and the community.~ The new executive for 2017-2018, front row left: Board members Carla Aarssen, Diane Ross, Lisa Cooper, and Shirley Johnston. Back row left: Kim Osborne, President Johanne Leach, Ed Stirling, and Ric Bouman. ~ Four new members were inducted into the club during a recent meeting. President Johanne Leach, center, welcomed Nikki Leach, left, Rob Klompstra, Caley Evans, and Judy Leach at their induction ceremony.

Submitted photos



Friend of Youth



Local Ontario Early Years Locations

The OEYC Sarnia-Lambton is a **free** family drop-in program operated by Sombra Township Child Care Inc. for families with children ages 0 to 6.

Best Start Hub - Riverview Central School

3926 St. Clair Parkway, Port Lambton, 519-892-3151

Hours of Operation:

Tuesday, & Thursday: 9 a.m. to 11:30 a.m.

Best Start Hub - St. Joseph's School, Corunna

535 Birchbank Drive, Corunna, 519-862-5071, ext. 224

Hours of Operation: Monday: 9 a.m. to 11:30 a.m.;

Wednesday: 9 a.m. to 11:30 a.m.

& 1 p.m. to 3:30 p.m.; Friday: 9 a.m. to 11:30 a.m.

Brigden United Church,

2420 Jane Street, Brigden

519-892-3151

Hours of Operation: Friday: 9 a.m. to 11:30 a.m.

For a complete listing of hours and parent/caregiver workshops, go online to: www.ontarioearlyyears.ca.

HERITAGE CORNER

Moore Museum's school programs put students in touch with history

The new school year is underway and the Moore Museum's engaging school programs are ready to help teachers



bring their student's studies to life with a variety of Ontario Curriculum-related school programs designed for Kindergarten through Grade 7. The programs help students "become" pioneer children as they write with quill pens in the one-room school house, dip candles at the log cabin, try their hands at making poked rugs, or churn butter and sample it on fresh bread.

Moore Museum education programs are especially beneficial in connection to the continuity and change concept of social studies thinking. As students interact with first-person "pioneer" interpreters surrounded by artifacts inside

historic buildings, they are able to compare various aspects of their lives to those of early settlers.

Particularly popular is the

annual Christmas program. Students have the opportunity to learn about the origins of many Christmas customs. They also learn about pioneer celebrations by visiting the decorated log cabin and schoolhouse, creating a tree ornament to take home, and enjoying a good old fashioned taffy-pull.

Elementary teachers are invited to call the Moore Museum at 519-867-2020 or visit the school programs page at www.mooremuseum.ca to learn more about how the museum's programs can give students an up-close, hands-on exploration of the skills, lifestyles, and challenges of past generations.

-Moore Museum Curator
Laurie Mason

Sombra Museum seeking baseball memorabilia

Sombra Museum is working on an exhibit to explore the history of St. Clair Township baseball. Stories, photos, memorabilia, or artefacts like baseball bats, gloves pre-1970 girls/women's baseball uniforms and trophies are being sought to be taken on loan during the 2018 season. Photos and documents can be scanned and returned promptly. If you can help, please call 519-892-3082 or email:

sombramuseum@hotmail.com

Canada 150 books available at Moore Museum

Copies of *The History of Canada* colouring books are still available at the Moore Museum. Each book sells for \$19.95 and quantities are limited, so call the Moore Museum at 519-867-2020 or drop by from 9 a.m. to 4 p.m. from Monday to Friday.

Seasons In St. Clair Canada 150 photo contest

There is still time to enter the Seasons In St. Clair photo contest! Until Dec. 15, 2017, St. Clair Township residents are invited to photograph their favourite spots in the township and enter up to three photos in Seasons In St. Clair, a photo contest celebrating Canada's 150th anniversary. Details are available online at: www.mooremuseum.ca

Christmas organ recital set for Moore Museum chapel

Enjoy the sounds of the season on the recently restored 1881 Dominion reed organ in the Moore Museum's Trinity Chapel at a recital slated for Friday, Nov. 24 from 7 p.m. to 9 p.m. During the intermission, refreshments will be served and the audience will be given a sneak peak at the decorations in the log cabin, school house, and main building.

Tickets are \$20 per adult and \$10 per child, and advance tickets are strongly recommended based on the last recital, which sold out quickly. To order, call the Moore Museum at 519-867-2020.

1881 Dominion reed organ



Farewell to a dear friend

The Beacon lost a dear friend in October. Allan Anderson was a regular contributor to Heritage Corner and a constant source of support and positive change in his community. His enthusiasm, his good humour, his caring heart, and his friendship will be profoundly missed.



MORE HERITAGE CORNER

Moore Museum gratefully acknowledges the financial support of the community

Moore Museum's "Adopt-a-Project" campaign each year seeks funding for a variety of projects needed for the Museum's maintenance, growth and programs. In 2017, community-minded industries, businesses, organizations and individuals again generously sponsored these projects, and Moore Museum gratefully acknowledges their support.

Specific projects were funded by the following:

- "Outdoor Art Creating Awareness of Community Heritage" - Creation of a mural on the main building to enhance the façade by showcasing local artistic talent - Lambton Creative County Fund
- Sponsor of 2017 School Education Programs - Ontario Power Generation
- Fire Hall expansion to better display the Museum's emergency vehicle collection and to improve access to the upper level lodge hall exhibit - Moore Community and Recreational Foundation; Port Lambton Fire Association
- Restoration of antique railroad equipment - CN Rail-

roaders in the Community in recognition of volunteer work of CN retiree Leo Griffiths

- Improvements to Lionel model train room - Lambton Mutual Insurance Company; John Kimmerly
- Enhancement of youth programs - Optimist Club of Moore
- Antique vehicle maintenance - Steadman Brothers Funeral Chapels; Leopold Lodge #397

- The following donors contributed to 2017 capital project and operating costs, including preserving artifacts, maintaining historic buildings and offering engaging programs: Royal Canadian Legion Br. 447, Corunna; ARLANXEO Canada Inc.; Knights of Columbus Council 9447; Eleanor Vargo; Diana Colborne; Bruce & Margaret MacPherson; Mayflower Rebekah Lodge #324; Earle & Joanne Clysdale; Bonnie Lester; Lady Martha Rebekah Lodge #245; Rosemary Bradshaw; Alice Gibb

Terry Fox fundraiser goal not "pie in the sky" wishful thinking



The student body of 98 boasted 17 top fundraisers who helped raise the Terry Fox fundraiser total well over the school's \$2,000 goal. The Mighty Mustangs' final total was a whopping \$2,220.50. The motivation for this stellar achievement was a promise that if the goal was reached or exceeded, there would be a Pie In The Face celebration. So on Oct. 5, the student body gathered to get their reward. Four student council members and 14 staff members suited up and prepared to be pied.

Above: Ten of the 17 top fundraisers stand in front of the thermometer sign the students used to track their progress. From left: Matthew Anderson, Grade 8, co-prime minister and top fundraiser of \$200; Megan Williams; Alyson Williams; Brice Knight; Carter Robbins; Alexis Robbins; Lucas Harper; Jonas Johanson; Jasmin Bugler, and Joely Brown. Absent from photo are top fundraisers Avery Morden, Carter Morden, Brianna Thompson, Emily Thompson, Emma McEachran, Eve McEachran, and Macie McKeller.

Above right: Rayna Burbank, a Grade 8 student and secretary of the student council, left, and Brice Knight, a Grade 8 student and prime minister of the student council, hold up the target while Mooretown-Courtright Public School Principal Beth Wilbur-Smith gets "pied". Rayna and Brice had already taken their turn in the pie chair.



Submitted photos

Engineering and technological improvements featured at Clean Harbors open

By Bonnie Stevenson

The annual Clean Harbors open house, held on-site at the Telfer Road facility, gave the public an opportunity to get a close look at the recent advancements that have taken place.

Facility general manager Jim Brown says environmental methods and requirements have advanced greatly since the site was originally established decades ago. Exacting specifications laid out by the province's Environmental Protection Act ensure that facility operations are held to extremely high standards. "(To operate) the incinerator (we must) have 99.99 per cent destruction efficiency," he said. A scrubber and bag house on the incinerator treats flue gas to neutralize acid components, reduce temperatures, and filter out suspended particulates to make it suitable for release into the atmosphere. The incinerator is also used to treat air emissions from organic storage tanks.

Senior Compliance Manager Erica Carabott says there have been many improvements made as new technology and systems has become available. "We've put in a lot of different engineering in the past to help control the leachate in the ground. She notes the recent landfill expansion is proceeding with no difficulties. "The recent expansion began in 2015 and it's been operating for two years now with no problems," she said.

Preparation of the new landfill cell includes a drainage layer to collect rainwater runoff from the landfill, known as leachate. The leachate is directed to a trench that extends around the perimeter of the active landfill. It is then pumped into an adjacent collection tank or to a covered storage pond where awaits disposal through the onsite incinerator.

The leachate ponds have also been permanently covered with a heavy duty liner to address any potential odors that in the past has elicited complaints from nearby residents. Like any other type of material, the leachate covers are subject to wear and tear requiring maintenance every couple of years. Jim Brown says the repairs and maintenance is done with the leachate covers in place. "The leachate is pumped out of the pond and the cover is repaired from the outside," he said.

When dealing with solid contaminated organic materials, a



Thermal desorber unit, right, stands beside covered area where untreated organic materials are loaded onto a conveyor belt for transport into the desorber unit for processing. *Clean Harbors photo*

thermal desorber unit is used to separate out the organic components such as toluene and benzene, which vaporizes the organics within a rotating drum chamber that is heated to 500 degrees Celsius. The captured vapours and condensed gases in the unit are directed to the onsite hazardous liquid incinerator where the contaminants are destroyed at 1,300 degrees Celsius. Following the thermal desorption process the inert solid material, like soil freed from organic contaminants, is tested to ensure it meets the requirements. Any heavy metals within the waste such as lead above standards would be further treated before the inert solid material is disposed in the landfill.

Jim Brown says a dedicated Ministry of the Environment inspector makes frequent visits to the site to check on all aspects of operation and to ensure compliance with environmental regulations. Monthly reports and operational data is collected and submitted by Clean Harbors to the MOECC for their review.

Clean Harbors employs approximately 140 staff and creates numerous sub-contractor jobs at the Lambton facility.

Michael Parker, vice president of Canadian environmental compliance for Clean Harbors, said, "We're proud to be the only full service hazardous waste treatment and disposal company in Ontario. Given that important role, our customers depend on us greatly. In recent years, we've spent millions of dollars implementing the most advanced and safest technologies to recycle, treat or dispose of hazardous waste and protect the environment."



Mooretown Flags support Cancer Society Grand Desserts event

The Mooretown Flags hockey team lent their support to the Canadian Cancer Society 9th Annual Grand Desserts event at the Corunna Legion on Oct. 11. Nineteen team members were a huge hit, protecting the women who attended the event from the rain with umbrellas at the ready. Attendees appreciated the attitudes, chivalry, and kindness the team displayed.

Submitted photo



Legion service officer available

Attention veterans and/or spouses

A new Royal Canadian Legion Service officer can now be contacted through the Corunna and Brigidgen Legion branches. Do you know someone who is living on the street or who might benefit from the Soldiers On Program? Are you interested in finding out if you qualify for assistance

with problems like housekeeping, snow clearing, grass cutting, hearing aids or other medical assistance? For information, call the Royal Canadian Legion Corunna Branch 447 at 519-862-1240 or the Brigidgen Branch at 519-864-1395, or Service Officer Shawn MacNeil at 519-383-9386.

Remembering the 167th Brigden Fall Fair



Under the 2017 theme "Celebration of Rural Life", the 167th Brigden Fair got off to a great start with the annual *Agriculture In The Classroom* event on Friday morning. Students from elementary schools all around Lambton County experienced the sights and the processes that drive today's agricultural industry. They also had a lot of fun along the way.



Clockwise from top left: -Students gather around a gigantic Case 5140 combine to listen to a volunteer explain its function. -Grade 6 students from A.A. Wright Public School practice using a vintage corn shucker. -Brianna the donkey luxuriates in her grooming session with owner Chantelle Dearing. -A sheep, newly groomed for competition and garbed in a fashionable robe to keep it ready for the judge's scrutiny, calmly grazes on a pile of hay. -Spinner/Moore Agricultural Society volunteer Christine Golub demonstrates the art of yarn spinning for a group of students from Madam Roi and Mrs. Richardson's Grade 3/4 class at Sir John Moore Community School. -The mystery of honey making is revealed to students from Riverview Public School by beekeeper Allan Litchfield.

Bonnie Stevenson photos

Brigden Fair opening ceremony

The opening ceremonies at this year's fair featured music from the Myers Family, right, as well as an unexpected serenade by MPP Bob Bailey, below. He's shown here offering his rendition of "Pick Me Up On Your Way Down" backed up by Bill and Lindsay Myers.



Kathy, Lindsay, and Bill Myers entertain.



MPP Marilyn Gladu presents Brigden Fair with Canada 150 Award

During the Brigden Fair opening ceremony, MPP Marilyn Gladu presented the Canada 150 Award to Moore Agricultural Society President Bill Myers and Homecraft President Michelle Evanitski. The award, which commemorates Canada's sesqui-centennial year, acknowledges organizations and groups that have been a positive force in their community. The award is accompanied by a metal pin that has been created from the copper roofing taken off the Parliament Building during its refurbishment.

Bonnie Stevenson photos



Lambton County Warden Bill Weber, above, and St. Clair Township Mayor Steve Arnold were among the dignitaries who attended the opening ceremonies.

Meet Brigden Fair 2017 royalty



Brigden Fair Ambassador Julia Lester, center, and Ambassador Courtier Marissa Lester, left, were a constant presence at the Brigden Fairgrounds throughout the weekend. Ambassador Courtier Allie Campbell was unable to attend the fair.

Ambassador Julia was crowned during the Ambassador competition on Aug. 27. She is in her second year of practical nursing and hopes to become a maternity/pediatric nurse. She is also a fire department volunteer.

Brigden Fair 2017 - Fair weather encouraged crowd attendance



Above: The Brigden Fair parade included this majestic horse and wagon entry from St. Clair Mechanical.

Below: The annual Baby Show attracted 118 registered babies including 5 1/2 month-old Annie with mom Katie Hillier and dad Sean Parker.



Fair Ambassador Julia Lester and Courtier Marissa Lester inspect the 4-H pumpkin chuckin' chucks (homemade catapults and trebuchets).



Above: The Optimist Club of Brigden brought along an entire barn as part of their fair parade entry.

Below: At the Open Breed Sheep Show, judge Gord Marks begins his inspection of three woolly contestants.



As always, the World's Finest Shows midway was alive with vibrant colours, the tempting smells coming from the food vendor stalls and vehicles, and the delighted squeals of happy kids negotiating with their parents for one more ride or one more game.

Bonnie Stevenson
photos

Two long-time friends of the Brigden Fair honoured during opening ceremony



Donna Taylor and Mary Robinson

Two long-time volunteers with the Moore Agricultural Society (MAS) were honoured during the Brigden Fair opening ceremony.

Donna Taylor, left, received the 2017 Ontario Association of Agricultural Societies award. She volunteered with MAS for about three decades, and was known as The Apple Lady for much of that time. During the Brigden Fair, she could be found at a table in the Junior Building peeling and cutting apples and sharing her extensive knowledge of the fruit with visitors while keeping a lookout for any mischief that might arise. Donna and her husband, Jim, raised five children and now has 16 grandchildren and 14 great-grandchildren.

Mary Robinson, right, was chosen as the 2017 Brigden Fair Parade Marshall. Her long association with MAS includes many years as catering consultant for special events held at the fair hall, acting as president of the Homecraft Division in 1993 and 1994, and remaining a committee member. She is also an OAAS qualified judge for handicrafts and the mother of two past Brigden Fair queens and grandmother of four more fair queens/ambassadors or ambassador court members.

IPM 91 Scholarships awarded



IPM 91 scholarship winners, from left: Paige General, Julia Soetemans, and Camille Sinclair.

Metcalf Photography

IPM Trust Fund '91 Scholarships of \$1,000 each were presented to three deserving post-secondary students during the 2017 Brigden Fair.

Paige General, 19, of Plympton-Wyoming is a graduate of North Lambton Secondary School and now attends the University of Guelph in her second year of Human Kinetics. Her goal is to become a physiotherapist.

Camille Sinclair, 19, of Oil City is a graduate of Lambton Central Collegiate and Vocational Institute in Petrolia. She attends the University of Detroit Mercy studying social work and she plans to become a speech and language therapist or an occupational therapist.

Julia Soetemans, 18, is a graduate of North Lambton Secondary School. She is currently studying psychology at King's College, University of Western Ontario with the goal of becoming a personal counselor or social service worker.

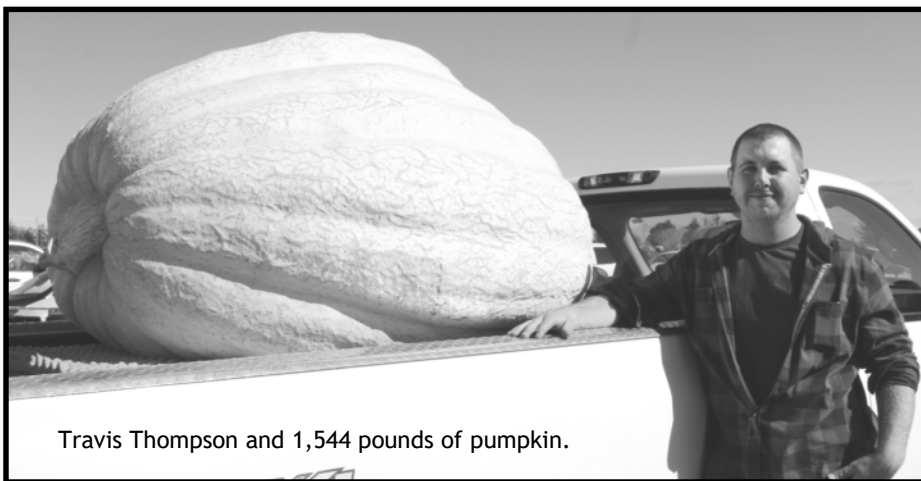
Funding for the scholarships comes from the proceeds of the 1991 International Plowing Match which was held in Lambton County. The scholarships are meant specifically for post-secondary school students from Lambton County.

Presenting an impossibly pudgy pumpkin

Here's a jack-o-lantern you may have difficulty carving. It belongs to Travis Thompson of Florence and it won first place in the Brigden Fair pumpkin weigh-off on Sunday, Oct. 8. Weighing in at 1,544 pounds, the gargantuan gourd beat all comers. Travis, who belongs to the Giant Vegetable Growers of Ontario, says he used special seeds to grow his masterpiece and recommends that anyone who wishes to grow extra large veggies should join the club. He intends to harvest the seeds from the monster pumpkin after his family has finished displaying it on the front lawn of their home in Florence. The family sells pumpkins and produce every fall.

Travis says the Giant Vegetable Growers of Ontario can be reached online at: gvgo.ca

Bonnie Stevenson photo



Travis Thompson and 1,544 pounds of pumpkin.

Christmas hamper programs set to help our less fortunate neighbours

Another joyful Christmas season is on the way and St. Clair Township's two Christmas hamper programs are swinging into action.

At the township's north end (Ward 1), Operation Christmas Tree (OCT), coordinated by the Optimist Club of Moore, is now in its 36th year of operation. The kick off for the annual program will be the **Poor Boy Luncheon** at the Royal Canadian Legion Corunna Branch 227 hall on Thursday, Nov. 16 from 11:30 a.m. to 1 p.m. The annual **OPP drive-through donation** event will be held on Saturday, Dec. 9 from 10 a.m. to 2 p.m. at the Emergency Services Building at the corner of Hill and Lyndoch Streets. Donations of unwrapped new toys and non-perishable food items can also be dropped off at the OCT collection depot at the Emergency Services depot from Monday to Friday from Nov. 20 to Dec. 16 from 9 a.m. to 3 p.m. Monetary donations can also be dropped off at the depot, where a tax receipt can be made out to the donor at that time.

Applications for a hamper will be accepted at the St. Vincent de Paul shop on Lyndoch Street from Nov. 13-18, and Nov. 20-25 between 9:30 a.m. and 4:30 p.m.

The Ontario Provincial Police will pick up donations collected by local schools and St. Clair Township firefighters will deliver the Christmas hampers on Dec. 16.

Volunteers will be welcomed to help sort and pack the donated items.

Operation Christmas Tree annually serves about 125 families at Christmas time, but the program is active throughout the year when tragedy strikes residents of the community.

In south St. Clair Township (Ward 2) the Sacred Heart Food Bank operates a Christmas



hamper program. Fundraisers for the program include a **roast beef dinner and charity auction**, sponsored by the food bank and the Knights of Columbus and slated for Saturday, Nov. 4 starting at 6 p.m. at Sacred Heart Parish Hall in Port Lambton. Tickets are \$15 each and can be obtained from Greg Bourdeau at 519-627-6124. Admission is by advance tickets only and only 125 tickets are available. The annual **Cookie Walk** at the Port Lambton Community Hall is set for Saturday, Dec. 2 from 9 a.m. to 11 a.m. And the annual **Fowl Bingo** will be held on Monday, Dec. 4 at 7 p.m. at the Sombra Community Hall.

The annual Can Drive is set for Sunday, Nov. 26 beginning at 1 p.m. Volunteers go door-to-

door to collect donations of non-perishable food. Volunteer drivers and walkers are needed to help with this activity. Walkers must at least be of Grade 5 age and over.

Riverview and Sacred Heart Schools will be assisting with the effort, collecting food and unwrapped gifts.

Applications for the Christmas hampers can be dropped off at the Port Lambton Mainstreet Credit Union from Nov. 18 to Dec. 3.

The Sacred Heart Food Bank operates all year long, providing much-needed help to less fortunate families in Ward 2.

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"It is one of the beautiful compensations of life that no one can sincerely try to help another without helping himself."

Charles Dudley Warner

**Parkway Church
in Corunna
offering
free clothing;
taking donations**

Parkway Church at 551 Murray Drive in Corunna is requesting that anyone with gently used children's or adults' clothing to donate should bring it to the church, where a free adult and children's clothing room is now in operation. This clothing can be dropped off

at the front door. Clothing rooms are open every Wednesday evening from 6:30 p.m. to 8 p.m. and Thursdays from 11:30 a.m. to 1 p.m.

This program is not based on income and is available to everyone in the community.

2017-2018 Mooretown Flags Home Schedule

The time is at hand for another exciting season of Mooretown Flags hockey. Check out this **home ice** schedule and be in the arena when the team makes its run for the championship.

Saturday, Nov. 4, Essex, 7:30 p.m.
Saturday, Nov. 11, Dresden, 7:30 p.m.
Saturday, Nov. 18, Petrolia, 7:30 p.m.
Saturday, Dec. 2, Amherstburg, 7:30 p.m.
Saturday, Dec. 9, Essex, 7:30 p.m.
Saturday, Dec. 16, Wheatley, 7:30 p.m.

Saturday, Dec. 23, Blenheim, 7:30 p.m.
Saturday, Dec. 30, Wallaceburg, 7:30 p.m.
Wednesday, Jan. 3, Lakeshore, 8 p.m.
Saturday, Jan. 13, Amherstburg, 7:30 p.m.
Saturday, Jan. 20, Dresden, 7:30 p.m.
Saturday, Blenheim, 7:30 p.m.

Transport Canada issues interim orders re: drone/unmanned aircraft

St. Clair Township Fire Chief Walt Anderson has received information from Transport Canada regarding the safe use of drones and unmanned aircraft. He says, "As the popularity of drones and unmanned aerial vehicles (UAV) grows, so do the incidents where operators may not follow the rules or even know what rules apply to them. This information is the Interim Order from Transport Canada that applies to all aircraft that do not exceed 35 kg in weight. Anyone with this type of device needs to be aware of this order and what they can and cannot do in order to avoid fines from Transport Canada."



Application

Recreational Purposes

3 (1) Subject to subsection (2), this Interim Order applies in respect of model aircraft having a total weight of more than 250 g (0.55 pounds) but not more than 35 kg (77.2 pounds).

(2) It does not apply to:

- a. Unmanned air vehicles; and
- b. Model aircraft operated at events organized by the Model Aeronautics Association of Canada (MAAC) or at airfields located in a zone administered by MAAC or a MAAC club.

Prohibited Use

4 The effect of section 602.45 of the Regulations is suspended in respect of the model aircraft referred to in subsection 3(1).

Model Aircraft Operating and Flight Provisions

Prohibitions

- (5) (1) No person shall operate a model aircraft:
- (a) at an altitude greater than 300 feet AGL;
 - (b) within controlled airspace;
 - (c) within restricted airspace;
 - (d) over or within the security perimeter of a police or first responder emergency operation site;
 - (e) over or within an open-air assembly of persons;
 - (f) at night; or
 - (g) in cloud.
- (2) No person shall operate more than one model aircraft at a time.

(3) No person shall operate a model aircraft having a total weight of more than 250 g (0.55 pounds) but not more than 1 kg (2.2 pounds) at a lateral distance of less than 100 feet (30 m) from vehicles, vessels or the public, including spectators, bystanders or any person not associated with the operation of the aircraft.

(4) No person shall operate a model aircraft having a total weight of more than 1 kg (2.2 pounds) but not

more than 35 kg (77.2 pounds) at a lateral distance of less than 250 feet (75 m) from vehicles, vessels or the public, including spectators, bystanders or any person not associated with the operation of the aircraft.

- (5) No person shall operate a model aircraft
- (a) within 3 nautical miles (5.5 km) of the centre of an aerodrome, except a heliport or an aerodrome that is used exclusively by helicopters;
 - (b) within 1 nautical mile (1.8 km) of a heliport or an aerodrome that is used exclusively by helicopters; or
 - (c) inside an aerodrome control zone.
- (6) No person shall operate a model aircraft
- (a) over or within an area of natural hazard or disaster; or
 - (b) any area that is located within 9 km of an area of natural hazard or disaster.

Right of Way

6 A person operating a model aircraft must give way to manned aircraft at all times.

Visual Line-of-Sight

- 7 (1) A person operating a model aircraft must ensure that it is operated within VLOS at all times during the flight.
- (2) No person shall operate a model aircraft at a lateral distance of more than 1640 feet (500 m) from the person's location.

Contact Information

8 The owner of a model aircraft shall not operate or permit a person to operate the aircraft unless the name, address and telephone number of the owner are clearly made visible on the aircraft.

Autumn programs for everyone at Lambton County libraries

The Lambton County Library will hold two Used Book Fairs this fall at the library headquarters in Wyoming. A special collection of military books will be available on Thursday, Nov. 2 from 1 p.m. to 8 p.m. The materials were recently donated by a local collector and they include print and video resources for military, army, and navy. Items will be available at a set price.

The regular biannual sale of recent discards from the library's collection will take place on Saturday, Nov. 4 from 9 a.m. to noon. The sale will include a variety of genres including Christmas materials for all ages. Books will be sold by donation to the library.

Online resources are available to encourage everyone to keep learning. They are free with a current library card at www.lclibrary.ca

Whether you're looking for college-level, professional development, or personal enrichment courses, *Gale Courses* offers a wide variety of subject choices. You can even learn a new lan-

guage with *Transparent Language*, which offers over 100 languages.

And the popular Mobile Makerspace equipment program will continue at all of the St. Clair Township library branches through the fall. The public has free access to this equipment although its use requires attendance at a workshop before independent use is allowed.

Two county library branches are temporarily closed for renovations. The Oil Springs branch will reopen on Thursday, Nov. 16 at 4 p.m. The Petrolia branch will reopen on Saturday, Nov. 4 at 9 a.m.

St. Clair Township library branch phone numbers:

Bridgen (519-864-1142); Corunna (519-862-1132); Courtright (519-867-2712); Mooretown (519-867-2823); Sombra (519-892-3711); Port Lambton (519-677-5217); Wilkesport (519-864-4000).

COMMUNITY CONTACT

Corunna Legion elimination draw winners

The Royal Canadian Legion Corunna Branch 447 have announced the winners of the 7th Annual Elimination Draw held Sept. 23. They are: \$50 winners - Jerry Mullen, ticket #174; Jon Neely, #310; Rose Emery, #215; John McKechnie, #170; Jim Stevens, #231; Pauline McLaughlin, #98; Esther Waybrant, #102; Malcolm Boczek, #277; Andre Smythe, #253; Brenda Hanlon, #332; Steven Glowa Jr., #62; Jim Mitchell, #151; Rob Ferguson, #003; Jim DeGurse, #272. \$600 winners - Chuck Huibers, #326; Helen Church, #088; Glen Maki, #271; Troy McLean, #111. Weekly winners: May 6, Pete Grunte, #280; May 13 and May 20, Leo Edwards, #120; May 27, Barb Montgomery, #237; June 3, Sue Burton, #169; June 10, Barb Montgomery, #237; June 17, Jim Taff, #264; June 24, Bill Westover, #47; July 1, Bob Chambers, #183; Pauline McLaughlin, #94; July 15, Joanne Derry, #77; July 22, Troy MacLean, #111; July 29, David Yorke, #249; Aug. 5, Wayne MacDonald, #192; Aug. 12, Cathy Templeton, #004; Aug. 19, Kevin Smalls, #191; Aug. 26, Mary Maxwell, #123; Sept. 2, Larry McKinney, #49; Sept. 9, Dave Johnson, #37; Sept. 16, Brian Bernhardt, #19. Note: The winner receives what is accumulated in the attendance pot if they are present at the time of the weekly draw (no exceptions) and their \$20 ticket price is also returned. Winning tickets are put back into the barrel at each weekly draw.

Volunteers needed for 1st Corunna Cub Scouts

The First Corunna Cub Scouts group is looking for volunteers. This would be a great opportunity for high school students to gain their volunteer hours and for retirees to share their experience and skills. The variety of volunteer positions and opportunities include fundraising, administrative tasks, camp cooks, supply coordinators, sewing, and helping run weekly meetings. Anyone interested in volunteering can contact Andrea Lane at 519-381-2556 or by email at: andrealane@live.ca

Taoist Tai Chi coming to Corunna

Weekly Taoist Tai Chi classes are held at St. Andrew's Presbyterian Church hall, 437 Colborne Drive in Corunna on Wednesdays from 6:30 p.m. to 8:30 p.m. Beginners are welcome. Tai Chi is a gentle art that can offer health benefits for every age and for many health issues. The group is a non-profit organization dedicated to promoting the health benefits of the Taoist Tai Chi arts by making them available to all who want to learn. For more information about tai chi or class times, call 519-344-0346.

Make your change make a change

Just a little bit of change can help to make a big change on the St. Clair Trail. The *Pennies for Pavement* program helps pay for trail maintenance. Just drop it off at the following locations: Shaykin Bait Variety in Port Lambton (*the Canada Post office no longer accepts donations*) or the Pic-N-Pay in Sombra Village. Every penny will be matched 2:1 by St. Clair Township Council. Bricks, benches, and blocks can still be ordered to commemorate a special occasion or to provide a lasting memorial to departed loved ones. To place an order, contact Laura at 519-862-2442 (north end of trail) or Janis at 519-892-3223 (south end of trail). You can also visit the trail Website at: stclairrivertrail.com

Become a community builder as an Optimist Club member

The Sombra Optimist Club is looking for new members who want to help their community thrive. This volunteer organiza-

tion exists to make their community a better place by doing great things for the youth in their area. Be a friend of youth - join the Optimist Club of Sombra. For more information or to become a member, call Carla Aarssen at 519-892-3536.

New members welcome - Lambton County

Jr. Optimists

The Lambton County Junior Optimist Club is always on the lookout for youth who want to make a difference in their community. Club members ages 10 through 18 volunteer in the community and fundraise to put on their own programs and to donate to other youth programs. Hours spent volunteering with the club can be used toward members' volunteer hours at school. The club meets the first Monday of every month at 6 p.m. at the Courtright Community Centre. For more information, call Mary Lou at 519-862-3950.

Brigden United Church activities/services

Brigden United Church holds regular Sunday services at 10:30 a.m. (10 a.m. July and August). The church will also host **Messy Church** September through May (except December) every last Tuesday of the month from 5 p.m. to 6:30 p.m. It introduces children to a faith-based life in a fun and informal way, and includes a relaxed evening with an interactive Bible story, crafts and supper. Children must bring an adult. And the **Mom and Tots Drop-in** is held at the church every Friday morning from 9 a.m. to 11:30 a.m. (excludes July and August). The program is sponsored by Sombra Rural Child Care. For more information, call 519-892-3151. And don't forget to check out Brigden United Church on Facebook.

Recovery support group meets weekly

Recovery International, a self-help group for those who struggle with mental health issues, meets on Wednesdays at 7 p.m. at St. Luke's United Church in Sarnia. For more information, contact Rita at 519-867-2932.

Local TOPS weight control group meetings

TOPS weight loss groups help members sensibly take off and keep off pounds. Three TOPS groups hold meetings in the St. Clair Township area and everyone (all ages) is welcome to attend. **Brigden TOPS** hold meetings every Tuesday night at the Brigden Optimist Hall. Weigh-ins are from 5:30 p.m. to 6:30 p.m. Meetings are from 6:45 p.m. until 7:30 p.m. For more information, please call 519-864-1865. **Port Lambton TOPS** weight loss group meets every Thursday from 5:30 to 6:30 p.m. the Port Lambton Community Hall. For more information, call Margaret Ann at 519-677-5665 or just come out on Thursday nights. **TOPS Corunna** meets every Tuesday at St. Andrew's Presbyterian Church at 437 Colborne Street in Corunna. Weigh-in is 6:30 p.m. to 7 p.m. with a short meeting from 7 p.m. to 7:30 p.m. For more information, call Wendy at 519-381-5584.

Brigden Fair livestock auction results

Brigden Fair officials report that, for the fourth year, CF Industries purchased the champion beef, exhibited by Tyler Tellier at \$3.50/lb. for 1,350 pounds. The reserve beef, exhibited by Mark Anderson, went to the Brigden Feed Mill at \$2.80/lb. for 1,350 pounds.

The champion lamb, exhibited by Hilary Parney, went to David Eramo for \$375 and the reserve lamb, exhibited by Allison Poland, went to Jim Maw for \$275.



Mooretown Sports Complex

Check out our fall brochure online at:
www.stclairtownshipcommunityservices.ca

Make physical activity part of your daily routine. Get energized and keep your spirits up through the winter months with activities you can find at the Mooretown Sports Complex. Here are some of the exciting programs you can find at the Mooretown Sports Complex this fall.

Fall Swimming Programs

Register for fall swimming lessons. Private lessons, group, adult, parent and tot programs are also available.

Spinning classes for everyone

Spinning classes are offered here! Join our certified spinning instructors for a great workout to improve your cardiovascular endurance, muscular strength, and power. Join any time for a 12 week session for \$10 per class or buy a 10 pass admission for \$80. Morning Spin classes are held on Tuesdays or Thursdays from 7:00 p.m. - 7:45am. If you're a beginner, there are classes designed for you on Tuesday Evenings from 7:15 p.m. - 8 p.m. If you're looking for strength training combined with a spin workout, come to the Bikes and Bells class on Monday or Wednesday evenings from 5:00 p.m. - 6:00pm, or Friday from 9:00 a.m. - 10:00 a.m.

Muscle Mix group fitness classes

The Muscle Mix group fitness class includes kettlebell training to build lean muscles, improve strength and power in the upper body, core, and lower body, and increase coordination, joint mobility, and overall endurance. Classes are Wednesday at 6 p.m. to 7 p.m. Cost is \$6 per class or \$5 per class per senior, \$45 for a 10 visit pass, or \$255 per year for a full fitness membership.

Cardio Kick Boxing

The Cardio Kick Boxing fitness class is a high energy cardio workout with martial arts moves to get your metabolism revving. Classes are Monday from 6 p.m. to 7 p.m. Cost is \$6 per class or \$5 per class per senior, \$45 for a 10 visit pass, or \$255 per year for a full fitness membership.

Shallow and Deep Water Aerobics

Experience and enjoy the rejuvenating power of water. Programs include a variety of exercises that target posture, muscular endurance, strength, cardiovascular, flexibility, and balance. Shallow water classes are Monday, Wednesday, and Friday from 10 a.m. to 11 a.m., and Tuesday and Thursday from 8 p.m. to 9 p.m. Deep water classes are Monday and Wednesday from 8 p.m. to 9 p.m. Cost is \$6 per class or \$5 per class per senior, \$45 for a 10 visit pass, \$205 per year or \$195 per year per senior, or included with the full \$255 per year full fitness membership.

Water Therapy - arthritis and fibromyalgia water exercise

This program includes cardiovascular training, functional fitness, muscular endurance and strength, and balance and flexibility training with a goal of improved mobility. Classes are Tuesday and Thursday from 10 a.m. to 11 a.m. Cost is \$6 per class or \$5 per class per senior, or \$45 for a 10 visit pass. Join any time.

PA Day course

Red Cross Babysitting course

This course is offered on PA Day Friday, Nov. 29 from 8:30 p.m. to 4:30 p.m. It is designed for youth ages 11 years and up who want to become babysitters. The course covers the responsibilities of a babysitter, safety tips for children of all ages, basic child care skills and what to do in case of an emergency. The cost for the program, including manual, is \$50 per child.

Shinny Hockey Is Back!

Adult shinny hockey is held every Tuesday morning at 9 a.m. to 10 a.m. The cost is \$5 per person.

Public Skating

Public skating will be held on Sundays from 1 p.m. to 2:15 p.m. The cost will be \$2.25 per child, \$3.25 per adult, and \$6.50 per family.

Parents, Tots, and Seniors Skate - Free!

The free parents, tots, and seniors skate will be held on Wednesdays and Thursdays from 1 p.m. to 2 p.m.



Lifeguard and Swimming Instructor Courses

Become a lifeguard or swimming instructor. Contact the Mooretown Sports Complex for more information.

Free - Indoor walking/low impact exercise program

Indoor walking, low impact exercise is offered each week on Mondays and Wednesdays between 9 a.m. and 10 a.m. This program is provided by the West Lambton Community Health Centre. For more information, call 519-344-3017, ext. 237. Begins Oct. 2.

For more information or to register for any of these programs, contact the Mooretown Sports Complex at 519-867-2651. Find us online at: www.stclairtownshipcommunityservices.ca

Rapids Family Health Team

The following sessions are being offered at the Rapids Family Health Team clinic, located at the Shell Health Centre, 233 Cameron Street in Corunna. There is no charge for participation but you must register for each one you take. Please note that space is limited. If we are unable to accommodate you for the day of your choice, we will put you on a waiting list for future sessions. **For more information, go online to: www.rapidsfhteam.ca or to register, call 519-813-9800 and speak to reception.**

Living With Diabetes

This is a two hour session that provides a general overview of diabetes. We will discuss some of the most common myths about diabetes, learn what "good control" is, and discuss some of the things you can do to manage diabetes. The next sessions led by a Nurse Educator will be held on: Wednesday, Nov. 22, 5:30 p.m. to 7:30 p.m.; Wednesday, Dec. 6, 1:30 p.m. to 3:30 p.m.

Diabetes Healthy Eating and Keeping Active

This is a two hour session for people who have already attended our Living with Diabetes class or who have had past education on the basics of Diabetes and want more information on diet. We will discuss the basics of healthy eating, what types of food affect your blood sugar levels, reading food labels, when and how much to eat, and how to increase your physical activity level. The next session, led by a Registered Nurse, will be held on: Wednesday, Nov. 29, 5:30 p.m. to 7:30 p.m.; Wednesday, Dec. 13, 1:30 p.m. to 3:30 p.m.

A Guide To Diabetes Prevention

This is a 1.5 hour group session for those who want to learn about diabetes and how to prevent it, or for those who have been told they are at risk of getting diabetes. This session is led by a Registered Nurse and a Registered Dietitian. They will discuss what diabetes is, risk factors for getting diabetes, and how to decrease blood sugar levels through lifestyle changes. The program is open to the public and no physician referral is required. The next session will be held on: Thursday, Nov. 16, 9:30 a.m. to 11:30 a.m.; Wednesday, Dec. 6, 5:30 p.m. to 7:30 p.m.

Healthy Eating and You

A the aim of this series of four two-hour sessions is to help you make permanent lifestyle changes. This is **not** a diet program. You will set your own healthy eating and physical activity goals and learn how to make plans for achieving them. Some topics that will be discussed include: carbohydrates, protein and fats (good and bad); physical activity—what types and amounts are beneficial; emotional eating strategies; sensible portions and portion control strategies; group discussions that will help you learn from the experiences of others. This program is open to the public and no physician referral is required. This program will begin on: Tuesday, Nov. 21, for four weeks from 9:30 a.m. to 11:30 a.m. *Patients must attend the first class in order to attend the final three classes.*

Stress Management Workshop

Created by our registered Social Worker, this two-hour seminar, offered monthly, will provide you with information on how to effectively manage stress through: regulating the stress response; goal-setting; problem-solving; challenging unhelpful

thinking; and communicating assertively. This seminar is open to the public and no physician referral is required. The next seminars will take place on the following dates: Friday, Nov. 3 from 9:30 a.m. to 11:30 a.m.; and Friday, Dec. 1 from 9:30 a.m. to 11:30 a.m.

Teaching kitchen

Healthy cooking classes will not only help you build your knowledge of healthy eating, but also help you apply them in a friendly group setting. A wide range of health conditions and topics include: heart health, digestive concerns, vegetarian, cooking for one, increasing fruit and vegetables, high blood pressure and more. Classes are open to the public and no physician referral is required. The next classes will be: Dining With Diabetes, Nov. 28 from 1:30 p.m. to 3:30 p.m.; and Healthy Holiday Baking, Dec. 13 from 10 a.m. to noon. Location will be supplied during registration process.

Note: Class dates, times, and location within Corunna is subject to change/cancellation depending on number of patient registrations.

**Laboratory
Services offered
Laboratory services at the
clinic
are available
Monday through Friday from
7:30 a.m. to 11:15 a.m.**



New patients being accepted

A family medical practice is now in operation at the Shell Health Centre (Rapids Family Health Team), 233 Cameron Street, in Corunna. Applications are now available by calling 519-813-9800.

Understanding your medications

A free information session, *Seniors and Medications, Optimizing Your Health, Emptying Your Medicine Cabinet*, will be presented by Pharmacist Jocelyn Cane and Pharmacist Assistant Kim Helps of Point Care Pharmacy, 704 Mara Street, Unit 112 in Point Edward on Wednesday, Oct. 25 from 1 p.m. to 2:30 p.m. This presentation is being done in association with the West Lambton Community Health Centre. For information and to register, call the WLCHC at 519-344-3017.

Cooking Buddies classes for kids

The West Lambton Community Health Centre will present Cooking Buddies for children ages six through 12. These free cooking classes will on nutritious recipes, learning to read a recipe, learning to measure, kitchen safety, clean up, and eating a meal together. Programs will be offered in Brigden, Corunna and Port Lambton. For more information and/or to register, call 519-344-3017, ext. 237.

STILL MORE AROUND THE TOWNSHIP

From page 19

Food Bank will be held at the Port Lambton Community Hall on Saturday, Dec. 2 from 9 a.m. to noon. The event invites attendees to contribute a dozen cookies or goodies, then walk along viewing the other donated baked goods that have been donated and purchase some of them. Proceeds help the food bank provide Christmas hampers to the less fortunate families of south St. Clair Township.

Euchre tourney at Corunna Legion

The Royal Canadian Legion Branch 447 Corunna will host a Progressive Euchre tournament at the Legion hall on Sunday, Dec. 3. Registration from 11:30 a.m. to 12:30 p.m. with play starting at 1 p.m. Food will be available. Register at the Legion bar or call 519-862-1240.

Fowl Bingo in Sombra

The Sacred Heart Food Bank will host its annual Fowl Bingo at the Sombra Community Hall on Monday, Dec. 4 at 7 p.m. This event was originally hosted by the Sombra Catholic Women's League.

OPP Drive-thru donation event

The annual OPP Drive-thru donation event to benefit the Operation Christmas Tree Christmas hamper program is set for Saturday, Dec. 9 from 10 a.m. to 2 p.m. The event will be held in the parking lot of the St. Clair Emergency Services Building at the corner of Hill and Lyndoch Streets. Donations of new unwrapped toys, non-perishable food, and monetary donations will be greatly appreciated. (If you miss the drive-thru, you can drop off donations from Nov. 20 to Dec. 16, 9 a.m. to 3 p.m. from Monday to Friday from at the Emergency Services Building.

Weekly Souper Thursdays in Corunna

The Parkway Church, located at 551 Murray Drive

in Corunna, hosts a FREE **Souper Thursday** community lunch every week from noon to 1 p.m. Everyone is welcome to come to the church and enjoy a home-made lunch to eat in or take out. Those who require assistance can call 519-862-3380 to have lunch delivered. For more information, contact the church online at: parkwaychurchmichelle@gmail.com

Cruikshank Community Centre hosts weekly activities

The Cruikshank Community Centre hosts two popular activities each week. Morning coffee socials run from Monday to Saturday from 8:30 a.m. to 10 a.m. and everyone is welcome. And **euchre nights** are held on Tuesdays at 7 p.m. The cost is \$3 per session, which includes light refreshments.

Courtright Friendship Club plays cards

The Courtright Friendship Club plays euchre every Wednesday afternoon at 1 p.m. and Pepper every Friday evening at 7:30 p.m. at the hall located at 1533 Fourth Street in Courtright. Everyone is welcome to attend and try out their card skills.

Cribbage played at Corunna United Church

Cribbage is played every Tuesday from 9:30 a.m. to 11:30 a.m. at Corunna United Church on Hill Street. Come out, test your skills, and enjoy a morning of fun.

Weekly fun slated for Corunna Legion Br. 447

The Royal Canadian Legion Corunna Branch 447 has three weekly fun events open to everyone. Every Thursday at 1 p.m., fun cribbage is played. On Fridays at 1 p.m., it's time for fun bridge. Don't know how to play? Come on out and learn from those who do. On Friday nights, enjoy Meat Darts starting at 7:30 p.m. And every Saturday at 4 p.m., get in on the meat draw, with all meat coming from Foodland. The cost is \$1 per stick. Join the fun, enjoy a beverage and comradery, and maybe event take home dinner.

LEO exercise for seniors in Sombra

Lambton Elderly Outreach continues to offer Forever Fit exercise classes for seniors at Sombra community hall. Classes are Mondays and Thursdays at 9 a.m., and Tuesdays at 10 a.m. Chair exercise is offered at 10 a.m. on Mondays and Thursdays. Everyone 55 and older are welcome. Shoes with a good tread are required.

Yuk Yuk's on Tour at Corunna Legion

Coming up in the New Year is the Yuk Yuk's on Tour show at the Royal Canadian Legion Branch 447 Corunna wheelchair accessible hall. The show is slated for Saturday, Feb. 17 with doors open at 8 p.m. and the show starting at 9 p.m. Advanced tickets will be available at the Legion for \$20 beginning on Nov. 13 or at the door for \$25, and only 200 tickets are available. These tickets would make a great stocking stuffer or Valentine's gift. For more information call 519-862-1240.

Scouting Apple Day salesmen



1st Corunna Scouting Apple Day brought out the salesman in First Year Beaver Ben and Third Year Cub Adam.

Submitted photo

MORE AROUND THE TOWNSHIP

From page 20

lotte Streets) on Saturday, Nov. 5. The Corunna and Sarnia congregations will both benefit from the proceeds of this sale. It will include baking, deli, knitting, sewing, 'attic treasures', 'bits and pieces', books, jewelry, and more. Admission is free and a tea room will be operating at a cost of \$2 per person. For more information, call the All Saints Parish office at 519-344-5167.

Fall dinner at Brigden United Church

The congregation of Brigden United Church will hold a fall dinner on Sunday, Nov. 5 from 4:30 p.m. to 6:30 p.m. The meal will include ham and scalloped potatoes with homemade pie and desserts. Tickets are \$15 per adult, \$5 per child ages six through 12, and free for children under age five. They can be purchased by calling the church office at 519-864-1747 and leaving a message.

Meat draws in Sombra

The Optimist Club of Sombra Township will host meat draws at Rum Runners Speakeasy in Sombra from 6 p.m. to 8 p.m. on the following Wednesdays: Nov. 8; Nov. 22; Dec. 6; Dec. 20; Jan. 10; Jan. 24. All proceeds will help fund the local youth-focused initiatives of the Sombra Optimist Club.

Remembrance Day services set

The Royal Canadian Legion Branch 635 Brigden and Branch 447 Corunna invite everyone to attend the annual November 11 Remembrance Day Services in their area. See page 1 for more information.

Poor Boy lunch in Corunna

The annual Poor Boy Lunch to benefit Operation Christmas Tree will be held on Thursday, Nov. 16 from 11:30 a.m. to 1 p.m. at the Royal Canadian Legion Corunna Branch 447 hall. Admission is by free will donation and donations of non-perishable food will also be appreciated.

Breakfast with Santa in Corunna

Join Santa for breakfast at Corunna United Church on Saturday, Nov. 18 from 10 a.m. to noon. All kids accompanied by an adult are invited to attend. Adult admission is \$5 and \$2 per child. Photos will be available for \$1 and advanced tickets are required. For tickets please call Sharon at 519-862-1957.

Down River Jr. Optimist meets

Youth ages 10-18 are invited to attend a meeting of the Down River Jr. Optimist Club on Monday, Nov. 20 at 6:30 p.m. at the Port Lambton Community Hall. This is an opportunity to meet new friends and find out about the Junior Optimists' activities and the difference they make through community involvement. The group meets every third Monday of each month and high school students can get volunteer hours needed for graduation. For more information, call Carla at 519-402-3870.

Candy Cane Christmas Bazaar

St. Andrew's Presbyterian Church at 437 Colborne Street in Corunna will host a Candy Cane Christmas Bazaar on Saturday, Nov. 25 from 11 a.m. to 1:30 p.m. The event will include the sale of baked goods, cookies, crafts, small beef and turkey pies, preserves, seasonal outdoor planters, and gently used Christmas decorations. A soup lunch will be available to eat in or take out. The church is a barrier free facility.

Corunna Santa Claus parade

The Corunna Santa Claus Parade is set for Saturday, Nov. 25 at 6 p.m. The parade route will begin at the No Frills parking lot on the St. Clair Parkway south of Corunna and proceed north on Lyndoch Street to terminate at Beckwith Street. After the parade, the public is invited to join Santa for refreshments at the Corunna Clock Tower park. Come out and enjoy this joyful annual kick off to the local holiday season. Corporate sponsors include Shell and NOVA Chemicals.

Sombra Museum announces upcoming lectures

The Sombra Museum's fall and winter lecture series is now underway. On Tuesday, Nov. 28, Cris Kohl will present Canada's 150 Most Famous Great Lakes Shipwrecks. In the new year, on Tuesday, March 27, speaker Steve Loxton will present the lecture Lost Lambton, Found Lecture. And on Tuesday, April 24, enjoy You're In The Movies-Marine City 1939. For more information, call the Sombra Museum at 519-892-3982 or go online to: sombmuseum.webs.com

Christmas Turkey Bingo in Corunna

The Royal Canadian Legion Branch 447 Corunna will host a Christmas Turkey Bingo at the Legion hall on Thursday, Nov. 30 with doors open at 6 p.m. and play beginning at 7 p.m. There will be 25 regular games with four cards for \$20, plus a special game at \$2 per strip. Food will be available and everyone is welcome. The hall is wheelchair accessible. For more information, call the Legion at 519-862-1240.

Cookie Walk slated for Port Lambton

The annual Cookie Walk to benefit the Sacred Heart

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AROUND THE TOWNSHIP

Light on Sugar workshop offered

Light on Sugar, a **free** workshop on healthy living and active aging, will be presented by VHA Home Healthcare at the Port Lambton United Church on Wednesday, Nov. 1 from 10 a.m. to noon. There will be information and tips on how to eat healthy, learn if you are at risk for pre-diabetes, effectively manage diabetes, and how to prevent type 2 diabetes. Lunch will follow and there will be door prizes. **Pre-registration is required.** To register, call Bev at 519-677-4445 or Janis at 519-677-5945, or email: secretary@portlambtonunitedchurch.com

Wilkesport Harvest Home dinner planned

The popular Harvest Home dinner is back! The Wilkesport United Church is proud to announce that the dinner will be held at the Wilkesport Community Centre on Friday, Nov. 3 at 6:30 p.m. Tickets are \$20 per adult, \$8 for children six through 12, and free for children age five and under. To reserve tickets, call Ann Shepley at 519-892-3673, Marilyn Grant at 519-627-3793, or Sharon Beggs at 519-381-0888, or email: wilkesportunitedchurch@hotmail.com

Nerf Night set for Courtright

The Lambton County Junior Optimist Club will be hosting Nerf Night at the Courtright Community Centre (Silverdome) on Friday, Nov. 3. The event for kids aged seven to nine will be held from 6 p.m. to 7 p.m. and for kids aged 10-13 from 7 p.m. to 8:30 p.m. Admission is \$2, which includes a snack, drink, and nerf 'bullets'. Participants must bring a Nerf gun and eye protection is recommended. Spots are limited so registration is required. Call Michelle at 519-402-8214.

Food bank benefit in Port Lambton

The Knights of Columbus will partner with the Sacred Heart Food Bank to host the annual roast beef dinner and charity auction at the Sacred Heart Parish Hall in Port Lambton on Saturday, Nov. 4 beginning at 6 p.m. Tickets are \$15 per person and are available by calling Greg Bourdeau at 519-627-6124. Admission is by

advance tickets only and only 125 tickets are available.

Remembrance Day Honours & Awards dinner

The Royal Canadian Legion Branch 447 Corunna will host the Remembrance Day Honours and Awards dinner on Saturday, Nov. 4, with cocktails at 5 p.m. and dinner at 6 p.m. Tickets are \$10 per person (no charge for veterans) and are now available at the Corunna Legion Club Room Bar. Veterans, members, and the public are all welcome to attend. To register, call 519-862-1240.

Murder On The High Seas Mystery dinner in Brigden

The Courtright Sixth Line United Church will host a murder mystery fundraiser on Saturday, Nov. 4 at the Brigden fairgrounds exhibition hall. Attire for the *Murder On The High Seas* roast beef and chicken dinner will require those who attend to dress like vacationers on a cruise ship. Doors open at 5:30 p.m. The evening will include a silent auction and more. Tickets are \$40 per person for the dinner, show and auction and they can be purchased by calling Debbie Anderson at 519-864-1161 or Jill Rogers at 519-491-5510. The show will be performed by Murder For Hire from Thorndale, Ontario.

Brigden Legion hosts Road Meat raffles

The Royal Canadian Legion Brigden Branch 635 will host 3021 Brigden Road Meat Raffles on the following Saturdays: Nov. 4, 18; Dec. 2, 16; Jan. 6, 20; Feb. 3, 17; March 3, 17, 31; April 14, 28. Come out and meet old and new friends while you relax and support your local Legion. Free luncheon will be provided. Please note that the Dec. 16 raffle will include a pot luck. The Legion is open to everyone including children who are supervised by an adult.

Registration for Royal Canadian Legion sports events

Legion members are invited to register for the following sport events to represent their Royal Canadian Legion branch. Registration deadlines are: Nov. 4 for Zone darts being held in Sarnia on Saturday, Nov. 18; Nov. 25 for Zone 8-ball being held in Brigden on Saturday, Dec. 2. Contact your local branch for details.

Meat raffles at Brigden Legion

Meat raffles have begun at the Royal Canadian Legion Brigden Branch 635 hall. The next meat raffle will be held Saturday, Nov. 4 at 4:30 p.m. sharp and will continue every second Saturday after that. A light lunch is served and everyone is invited to come and have fun at this event.

All Saints Anglican Bazaar

The All Saints Anglican Church will hold its annual bazaar at the Sarnia church (corner of Vidal and Char-

See More, page 19



CONTACT THE BEACON

If you have a non-profit or charity event or activity coming up in St. Clair Township, or an event that will benefit the residents of the township, you may promote it free of charge here in The Beacon.

The deadline for Beacon submissions is the third Monday of each month by noon.

E-mail: beacon@twp.stclair.on.ca