



# 10th Anniversary issue

## New group of Good Neighbours receive Township's thanks



The second group of Good Neighbours received their certificates of appreciation from the Township of St. Clair during Council's Sept. 5 meeting. The group included, from the left: Kathy Knight (accepting on behalf of her husband, Brad); Lloyd McDonald; John Flesher (accepting on behalf of wife, Colleen, as well as Jordan and Emma Grant ); Sylvia and Allan Knight; Jen Ticknor; Glen Nantaise; and Joyce and Larry McDonald. Mayor Steve Arnold presented the certificates individually and offered thanks to the Good Neighbours for their selfless, caring actions. The Good Neighbour Experience is a local Canada 150 project of the St. Clair Township Beacon in cooperation with St. Clair Township Council. Residents of St. Clair Township are invited to notify The Beacon about the Good Neighbours in their neighbourhoods. (See page 4.)

*Bonnie Stevenson photo*

## Remembrance Day services set

The Royal Canadian Legion Branch 635 Brigden and Branch 447 Corunna will preside at the annual Remembrance Day services on Saturday, November 11.

In Brigden, the service will be held at the Brigden Cenotaph (corner of Brigden Road and Jane Street) assembling at 10:57 a.m. for the 11 a.m. start. The Two Minute Wave of Silence will be followed by the service. At the conclusion of the service, everyone is invited to the Legion hall for a light lunch.

In Corunna, the service will be preceded by a parade from Beckwith Street to the Corunna Memorial Clock Tower Cenotaph on Lyndoch Street, where the service will begin at 11 a.m. sharp. At the conclusion of the service, everyone is invited back to the Legion hall for refreshments.



### INSIDE



Municipal  
Notes  
Page 2

Good  
Neighbour  
Page 4

Heritage  
Corner  
Page 5

Creative  
County  
Grant  
Page 7

Mooretown  
Sports  
Complex  
Page 11

Around  
the  
Township  
Page 14-16



## MUNICIPAL NOTES

### Council Meeting Schedule

St. Clair Township Council meets every first and third Monday of the month (with exceptions to accommodate holidays). The next meetings will be held on Monday, Oct. 2 at 6:30 p.m. and Monday, Oct. 16 at 6:30 p.m. November dates will be: Monday, Nov. 6 and Monday, Nov. 20, both at 6:30 p.m.

Anyone wishing to address council should call the municipal office at 519-867-2021 for further information.

### ST. CLAIR TOWNSHIP 2017 FINAL PROPERTY TAX DUE DATES

The final tax due date will be  
**October 4, 2017**

The 2017 *Final Tax Notices* for Residential and Farm properties have been mailed and are due on the above dates. Due dates for Commercial, Industrial and mixed use properties are to be determined in near future.

The following methods of Tax Payments may be utilized:

- Automatic Bank Machines
- Telephone & Internet Payments through Bank
- Payment at most Financial Institutions (*any bank charges will be the responsibility of the ratepayer*)
- Post dated cheques
- Counter services, cash, cheque or debit (*credit cards not accepted*)
- Mail to, or
- Drop Box at 1155 Emily St. Mooretown Ontario N0N 1M0

Pre-authorized payment plans are also available and encouraged; please visit our website at <http://stclairtownship.ca/>

St. Clair Township Tax Department  
519-867-2024  
fax: 519-867-5509  
[taxes@twp.stclair.on.ca](mailto:taxes@twp.stclair.on.ca)



### SEWER MAIN FLUSHING

St. Clair Township

Public Works will be flushing sewer mains connected to the St. Clair Township sewer system during the hours of 7:30 a.m. and 4:30 p.m. beginning April, 2017 and continuing into the fall. During this maintenance procedure, you may notice some gurgling noises in drains.

If conditions persist after 24-48 hours of normal use, please notify Public Works at 519-867-2993.

*The St. Clair Township Beacon is issued monthly by St. Clair Township as a public service to township residents. It is edited by Bonnie Stevenson.*

### OPG representative briefs council on future of the Lambton Generating Station site

The future of the Lambton Generating Station site south of Courtright was on the agenda as Dan Roorda, OPG project manager for the decommissioning and demolition of the plant, attended the regular meeting of council on Sept. 18.

Mr. Roorda told council the Request for Proposals for the demolition was issued June 19 of this year. Bids for the demolition of the plant have been received and are now being evaluated. He assured council that OPG will work closely with the chosen contractor to ensure the demolition plan minimizes impact to the local community. This will include mitigation of dust and noise from the site.

Asbestos abatement is expected to begin in mid-2018, with the removal of equipment and buildings to be done throughout 2019 and 2020. Site remediation is expected to

See Future, page 3



### Commemorative packages available for township students

All elementary students attending school in St. Clair Township recently received a commemorative Canada 150 package containing a specially-issued \$10 note. However, Council is aware that some St. Clair Township students who attend elementary schools outside of the township did not receive this package.

Parents of these students are invited to come to the St. Clair Township Civic Centre municipal office at 1155 Emily Street in Mooretown to sign that their child was in a Jr. K - Grade 8 class in a school outside of the township and that they live within the township. A package will then be provided for these students.

St. Clair Township Council has provided these packages to serve as a tangible reminder of Canada's 150th anniversary year.



### Notice to property owners to destroy noxious weeds

Notice is hereby given to all persons in possession of land, in accordance with the Weed Control Act, R.S.O. 1990, Chapter W.5, Sections 3, 13, 16, and 23, that unless noxious weeds growing on their lands within the municipality of the Township of St. Clair are destroyed throughout the season, the municipality may enter upon said lands and have the weeds destroyed, charging the cost against the land, plus an administration charge as set out in the Act. (Minimum charge per parcel is \$80.)

The cooperation of all land owners is earnestly solicited.

Jeff Baranek  
Clerk  
519-867-2021

## Future of Lambton G.S. site discussed

From page 2

be done by the end of 2021.

The disposition of the site and structures have been determined. "OPG will retain ownership of the site," said Mr. Roorda. "The office building, guard shack, (the dock, some maintenance shops and warehouses) have a potential for future use. He assured council that the dock and retained structures would be maintained.

The switch yard and towers, which are owned by Hydro One, will remain and be disconnected from the station. The retained buildings will be connected to local power distribution.

Gas lines that are not required will be disconnected and the domestic water to the powerhouse will be modified with a fire hydrant added at the recommendation of St. Clair Township Fire Chief Walter Anderson.

Landfills at the plant will be properly closed but the land will not be available for agricultural use. Future environmental work will include the closing of the gypsum reclamation site, sewage lagoons, and acid ponds, as well as the maintenance of the landfill caps. Mr. Roorda said "The site will be left in a brown field condition." The ash landfill has already been capped.

Mr. Roorda says OPG is also working with Walpole First Nation to connect the converted sludge rainwater pond to Hawkins Drain. The St. Clair Region Conservation Authority approval expires on Nov. 10, 2017 and the Walpole First Nation is still not satisfied with this solution.

Public safety and security are also being reviewed. Contract security is currently on-site on weekends and off-hours, and the need for this measure will be reassessed and revised as the work continues.

When the extensive preparation for the demolition has been completed, the plant will be leveled. "The current scope of the project is to bring the structure down to grade and make it attractive from the St. Clair Parkway," said Mr. Roorda.

The future appearance of the site is being considered in the overall plan for the site. "Berm appearance will be maintained in a properly mowed conditions," said Mr. Roorda, adding the site will not become an eye sore.

Council expressed concern over the uncertain future of the Lambton G. S. site. "It has always been our hope that the site would be returned to its natural state," said Mayor Arnold.

But Mr. Roorda says the future of the site is still in question and potential uses for the buildings and the dock are currently unknown. "We need to determine what is the best value for OPG," he said.

OPG made the decision to decommission and demolish Lambton G.S. in Nov. 2016.

As the project progresses, Mr. Roorda says OPG will return to council to make quarterly reports or if there is a new development.

### Moore Foundation grants presented

Also at the Sept. 18 meeting, the Moore Foundation presented four grants in support of the community efforts of the Moore Museum, Sombra Museum, Corunna Horticultural Improvement Association, and the Bridgen Community Decorating Team. *Details in the November Beacon.*

## Are your child's immunizations up-to-date?

Lambton Public Health (LPH) reminds parents it is their responsibility to report their child's immunizations in order to **avoid school suspensions**. Parents can report immunizations by calling Lambton Public Health at 519-383-8331, ext. 3589 or emailing [immunization@county-lambton.on.ca](mailto:immunization@county-lambton.on.ca) or going online to [www.lambtonhealth.on.ca](http://www.lambtonhealth.on.ca)

Be a  
**Better Recycler**  
with the  
**Recycle Coach™ app**

**You get:**

- A personalized collection schedule
- Custom pick-up reminders
- A 'What Goes Where?' search tool
- And more!

Get it on Google play | Available on the App Store | Search "Recycle Coach"



## Fall Yard Waste Collection

Wednesday, Oct. 18 - Friday, Nov. 24

### COLLECTION SCHEDULE:

- Wednesday:**
- ◆ Corunna (including Foomfield area)
  - ◆ St. Clair Parkway (north of Emily Street, Mooretown)
- Friday:**
- ◆ Bridgen, Courtright, Mooretown, Port Lambton
  - ◆ Sombra Village, Wilkesport, Chenal Ecarter, Leeland Gardens
  - ◆ St. Clair Parkway (south of Emily Street, Mooretown)

For complete collection rules, go to *Recycling Coach App* (see above), [www.stclairtownship.ca](http://www.stclairtownship.ca), or check your 2017 Residential Recycling and Waste calendar.

## Final household hazardous waste collection of the season set for October

The final date for the free annual Household Hazardous Waste Days, hosted by the County of Lambton in conjunction with Clean Harbors Canada Inc., will be held on **Saturday, Oct. 28** at the Clean Harbors collection site at 4090 Telfer Road in St. Clair Township. **Domestic waste ONLY.**

Materials accepted include: batteries, drain and oven cleaners, pesticides, rat poison, pharmaceuticals, cleaning fluids, pool chemicals, ammonia, bleach, aerosols, gasoline, paints, barbecue starter, oil, solvents, and propane cylinders. Materials NOT accepted include: expired marine flares, tires, ammunitions, infectious, radioactive, and PCBs. (Sarnia Police Services will accept expired flares at the office, 555 Christina Street North.)

## The Beacon is at your fingertips

No matter where you are, you can read *The Beacon* or make contact with us. Go to the St. Clair Township Website: [www.stclairtownship.ca](http://www.stclairtownship.ca) and click on **Beacon** on the black bar (top right).





## The Good Neighbour Experience

### A local Canada 150 project



Canada's 150th birthday is long passed now, but there is still time to send in your personal Good Neighbour stories. **Until the end of 2017, we want to hear from YOU.** Tell us about the friendly, helpful people you know - the ones who brighten your life with their thoughtfulness and kindness.

To everyone who has contacted *The Beacon* to recognize of the **Good Neighbours** of St. Clair Township, thank you for your stories. We know there are a lot more good neighbours out there and we need your help to identify the people who deserve recognition for the neighbourly things they do for others.

Throughout 2017, The St. Clair Township Beacon is giving St. Clair Township residents a chance to acknowledge the good neighbours who may live next door, down the block, or elsewhere within the township. What better way to celebrate Canada's 150<sup>th</sup> anniversary than with a celebration of our neighbours, friends and, sometimes, complete strangers who help to make our community a place we can take pride in.

Email The Beacon at:

[beacon@twp.stclair.on.ca](mailto:beacon@twp.stclair.on.ca)

and write **"Good Neighbour"** on the Subject line

In a brief message, tell us who your Good Neighbour is and how that person (or persons) makes a positive difference to **you and/or your family**.

As space allows, The Beacon will publish Good Neighbour stories, and those who are nominated will receive recognition in the form of a Good Neighbour certificate from St. Clair Township during a presentation at an up-coming meeting of council.

An anonymous note to The Beacon has identified Bev Cassel as a Good Neighbour. The mystery man writes,

"She seems to find time in her busy life to help people who are down on their luck, in poor health, or just in need of a cheering up. Her kindness may also include an invitation to dinner, a special food dish, or a visit to an invalid. She does these things at the expense of her own time. She probably doesn't realize how much this is appreciated and I think this recognition is overdue."

The next nomination comes from Cathy Leaper, who cites Doug and Penny Miller for their care of the neighbourhood:

"We on Moore Line want to acknowledge Doug and Penny Miller as Good Neighbours. They have been walking the roads/lines of St. Clair Township for at least the last 25 years picking up garbage. When they find recyclable 'empties', they take them in for cash and give the cash to Bluewater Health Foundation, St. Joseph's Hospice, Christian Blind Mission, and other charities. We are so honoured to have them live near us on Moore Line; it is the cleanest road around!"

~ ~ ~

What's YOUR  
GOOD NEIGHBOUR  
EXPERIENCE ?



### Optimist Ralph Campbell honoured for 30 years of service

The Optimist Club of Sombra Township got off the 2017-2018 season off to a great start by presenting Optimist Ralph Campbell with a 30 Years of Service Award. The award, presented by Club President Carla Aarsen, thanked Mr. Campbell for his years of service to the club and the community.

New members are always welcome. Call President Carla at 519-892-3536.

## Attention motivated youth

The Royal Canadian "1st Hussars" Army Cadet Corps Petrolia invites boys and girls ages 12-18 to learn new skills, marksmanship, orienteering, hiking, leadership, pipes and drum band, and teamwork, participate in many new challenges, make new friends and attend great summer camps, all at no cost. Cadets are not required to join the military. Join us today! For more information, call 519-332-6555 or visit: [www.petroliacadets.com](http://www.petroliacadets.com)



## HERITAGE CORNER

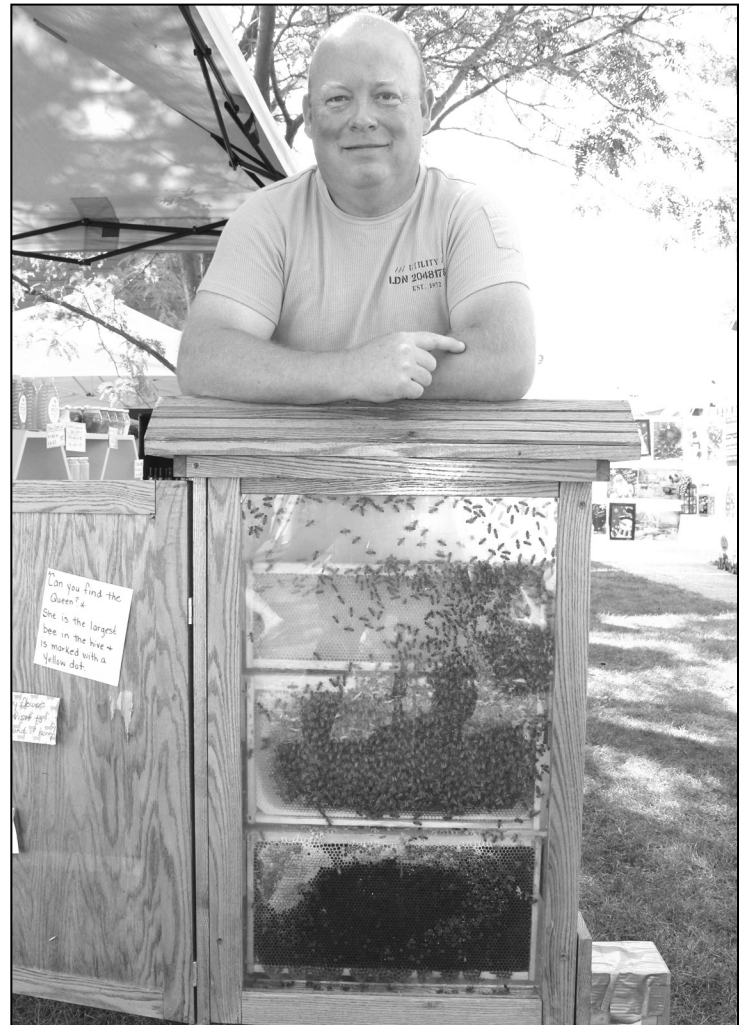
# Downriver Craft Sale chalks up near record crowds

After over a week of summer-like weather, the Moore Museum's annual Downriver Craft Sale attracted a large crowd of shoppers to the outdoor event. In the first hour of operation, over 200 people had already come through the gates.

Right: Business is buzzin' in Brigden - Jeremy and Erin MacDonald of M & J Sweet Acres in Brigden were at the craft sale with honey and other products they have garnered from their apiary. Jeremy says this side business is a hobby that grew because of his interest in bees. The farm machinery mechanic explained that the queen bee can lay as many as 1,000 eggs every day during the summer, although in winter, that number falls to about 50 since there are no sources of pollen to fuel the hive. Her productive life span is about four to five years.

Erin MacDonald, a part-time veterinary assistant, creates products such as lip balms and lotions, as well as honey, from the fruits of Jeremy's efforts. She says most of the honey produced is clover honey, which is sweeter than some other varieties. The MacDonalds brought an observation hive to the Downriver Craft Sale so that visitors to the event could see the queen and her worker bees at work. The queen had a tiny yellow dot on her back to make her visible. Jeremy says there are five colours of dots, each one representing a specific year. The yellow dot represents 2017. After four to five years, the bee keeper "requeens" the hive to ensure that production is maintained.

Jeremy says statistics indicate that one in three bites you eat rely on pollination and the drastic global decline of bees, the primary pollinator, has been identified as an imminent threat to our food supply if it cannot be halted.



Bee keeper Jeremy MacDonald of Brigden with an observation hive that shows the queen bee and all of her workers in the process of making honey.

Bonnie Stevenson photo

### PUBLIC OPINION.

W. J. FINOLEY, Proprietor. CORRECT INFORMATION IS THE PORTION OF AN ENLIGHTENED PUBLIC. \$1.00 per annum in advance.

Vol. 1. Brigden, Ont., Thursday, October 28, 1897. No. 32.

**Exchange Hotel,**  
SUNDAY, Oct. 27. (This afternoon, the hotel was closed for business.)

**Scouters Bros.,**  
SUNDAY, Oct. 27. (This afternoon, the hotel was closed for business.)

**F. PARR,**  
SUNDAY, Oct. 27. (This afternoon, the hotel was closed for business.)

**Smith Bros.,**  
SUNDAY, Oct. 27. (This afternoon, the hotel was closed for business.)

**COURTSHIP.**  
Mrs. George D. Smith, of St. Clair, was in town last week.

**MISS MRS. G. SMITH.**  
Miss MRS. G. Smith, of St. Clair, was in town last week.

**MISS MRS. G. SMITH.**  
Miss MRS. G. Smith, of St. Clair, was in town last week.

From the archives of the Moore Museum comes one of several newspapers that have served the people of Moore and Sombra Township over the decades. Front page news from this *Public Opinion* from Brigden, circa 1897, notes that the Sombra Presbyterians were hopeful church services could continue through winter because there would probably be enough money to pay the minister's stipend as well as church expenses. Other riveting tidbits from Courtship indicated that W.J. Manley of Brigden, J.W. McGuire of Corunna, and W. Singer of Chatham were all in town to do business the week before. And Miss Allie Cronkhite "took in Samia on Saturday." All of this news was at your fingertips for a mere one dollar.

## Seasons In St. Clair Canada 150 photo contest

There is still time to enter the Seasons In St. Clair photo contest! Until Dec. 15, 2017, St. Clair Township residents are invited to photograph their

favourite spots in the township and enter up to three photos in Seasons In St. Clair, a photo contest celebrating Canada's 150th anniversary. Details are available online at: [www.mooremuseum.ca](http://www.mooremuseum.ca)



CANADA 150  
1867-2017

**Canada 150 books  
available at  
Moore Museum**

Your family will enjoy *The History of Canada* colouring books now available at the Moore Museum. This new publications by the Museum Retail Consortium highlight Canada's history, with book one covering 30,000 B.C. to 1836, and book two covering 1837 to the present day. These informative books offer lots of Canadiana-centered colouring and activity pages. Each book sells for \$19.95. Copies are selling quickly and quantities are limited, so call the Moore Museum at 519-867-2020 or drop by from 9 a.m. to 4 p.m. from Monday to Friday.

## Sombra Township Child Care celebrates 25th anniversary

A bright, sunny day set the tone for the celebration of the 25th anniversary of Sombra Township Child Care. Two generations of children who came through the programs offered by STCC, as well as their families, were well represented at the Brander Park event, and most of the 17 staff members were also on hand for the festivities. STCC manager Carole Flanagan was acknowledged for the pivotal role she played in founding and leading the growth of the group over its 25 years of service to the families of south St. Clair Township. Her mentor, the late Elisabeth vanStam, who was the coordinator of the Early Childhood Education program at Lambton College, was also recognized for her support and guidance during the early days of the STCC.



The STCC's important achievement was formally acknowledged with the presentation of a Certificate of Appreciation from the Township of St. Clair. Above: STCC Manager Carole Flanagan receives the certificate from Deputy Mayor Peter Gilliland. Also attending the event were, standing left: Councillors Steve Miller and Tracy Kingston, STCC Assistant Manager Nicole DeRoeven, and Nicole's son (former STCC alumnus) Kanyon DeRoeven. Front row, left: Current STCC kids Eamon, Miranda, Violet, Audrey, and Annabelle. *Bonnie Stevenson photo*



## Legion service officer available

### Attention veterans and/or spouses

A new Royal Canadian Legion Service officer can now be contacted through the Corunna and Brigidon Legion branches.

Do you know someone who is living on the street or who might benefit from the Soldiers On Program? Are you interested

in finding out if you qualify for assistance with problems like housekeeping, snow clearing, grass cutting, hearing aids or other medical assistance? For information, call the Royal Canadian Legion Corunna Branch 447 at 519-862-1240 or the Brigidon Branch at 519-864-1395, or Service Officer Shawn MacNeil at 519-383-9386.

## Union Gas donates to SCRCA

The St. Clair Region Conservation Authority recently received a \$12,000 donation from Union Gas to fund a wetland restoration project. The site of the newly rehabilitated wetland is on SCRCA property adjacent to Black Creek in Wilkesport.

SCRCA Healthy Watershed Specialist Jessica Van Zwol says, "Environment Canada states that we have lost 86 per cent of our wetlands in southern Ontario." She added that wetlands are a critical habitat for native plants and animals, and they also reduce flooding and improve water quality, ultimately improving the health of the watershed.

Union Gas District Manager Steven Jelich said, "Union Gas and the (SCRCA) have a strong shared history and this new initiative builds on this further."

"We are pleased to partner with Union Gas," said SCRCA Chair Steve Arnold. "Not only has Union Gas funded this wetland restoration project, they also provide generous support for our conservation education programs that are delivered to children throughout our watershed area." *Submitted photo*



Visiting the wetland restoration project site are, left: SCRCA Healthy Watershed Specialist Jessica Van Zwol; Union Gas Sarnia/London District Manager Steven Jelich; and SCRCA Chair Steve Arnold.

# Creative County Grant 2018 intake to begin

The Creative County Grant program will begin accepting applications from Oct. 2, 2017 to Nov. 13, 2017.

This program invests in new and innovative projects that build cultural capacity, strengthen the creative community, define Lambton County's unique identity, and enrich the quality of life of all residents.

The objectives of the program respond to "Building a Creative Economy: A Cultural Plan for Lambton County" as well as the overall intent of the Creative County Committee (CCC) to: nurture creativity and imagination through arts, culture, and heritage projects; promote innovation and support new, dynamic efforts in the creative community; develop unique cultural resources that

enhance the health and vitality of our communities; support inclusion and celebrate diversity through our rich creative community; foster creativity by encouraging collaborative partnership; and promote culture as a key component of economic growth and quality of life.

For more information about the Creative County Fund, please contact Andrew Meyer, Corporate Cultural Officer, Cultural Services Division I, County of Lambton by email at: [andrew.meyer@county-lambton.on.ca](mailto:andrew.meyer@county-lambton.on.ca) or Tara Pounds, Revenue Officer, Office of the CAO I, County of Lambton by email at: [tara.pounds@county-lambton.on.ca](mailto:tara.pounds@county-lambton.on.ca)

## Sombra Optimist Family Fun Day full of sssurprizzzesss



The Optimist Club of Sombra Township's second Family Fun Day in Brander Park was fun, entertaining, educational and full of surprises.

The petting zoo offered a curious variety of animals, including birds, kangaroos, and snakes, like this 70 pound albino Burmese python that found a young friend to hang around with. Brayden Parrish received a snaky kiss from his new buddy.

The day stayed lively as Stan the magic fireman taught fire safety, thrilled with his magic tricks, and gave the kids rides in his mini fire truck.

The Optimists and Down River Junior Optimists helped kids with crafts to take home and Tate O'Leary had his modified race car on site so kids could sit in it to have their pictures taken.

The Knights of Columbus Council 10873, Port Lambton, fed the hungry crowd with lots of free hotdogs.

*Photo submitted*

## Local Ontario Early Years Locations

The OEYC Sarnia-Lambton is a **free** family drop-in program operated by Sombra Township Child Care Inc. for families with children ages 0 to 6.

### **Best Start Hub - Riverview Central School**

3926 St. Clair Parkway, Port Lambton, 519-892-3151

### **Hours of Operation:**

Tuesday, & Thursday: 9 a.m. to 11:30 a.m.

### **Best Start Hub - St. Joseph's School, Corunna**

535 Birchbank Drive, Corunna, 519-862-5071, ext. 224

**Hours of Operation:** Monday: 9 a.m. to 11:30 a.m.;

Wednesday: 9 a.m. to 11:30 a.m.

& 1 p.m. to 3:30 p.m.; Friday: 9 a.m. to 11:30 a.m.

### **Brigden United Church,**

2420 Jane Street, Brigden

519-892-3151

**Hours of Operation:** Friday: 9 a.m. to 11:30 a.m.

For a complete listing of hours and parent/caregiver workshops, go online to: [www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca).



# The 167th Brigden Fall Fair is here!

There are all kinds of new things to see and do at this year's Brigden Fair. Check out the Cultural Tent where this year's theme is *Celebrating Canada: Heritage, Culture & Diversity*. See page 9 for more!

## FRIDAY, OCTOBER 6

### Seniors/Student Day

Admission \$5.00 until 5 p.m., then \$10.00

- 9:00 Exhibit Buildings Open
  - 9:30 Agriculture in the Classroom (C)  
Emergency Response Displays
  - 11:00 Bill Myers Family (ET)
  - 11:30 Official Fair Opening (ET)**
  - 12:15 Crystal Gage (ET)
  - 2:00 Pickin' N Fiddlin' at the Fair (ET)
  - 7:00 South Western Ontario Truck & Tractor Pull (G)
- Exhibition buildings close at 8 P.M.**

## SATURDAY, OCTOBER 7

Admission \$10.00, elementary students free

- 9:00 Exhibit Buildings Open
  - 9:00 Open Hunter Horse Show
  - 9:00 Mid Western Horse Show
  - 9:00 4-H Wild Woolies Sheep Show (C)
  - 9:30 Children's Mutt Show (ET)
  - 10:30 Standard and Bantam Poultry Show
  - 11:00 Farmtastic Mystic Drumz (CS)
  - 11:00 West Coast Lumberjack Show (LS)
  - 11:00 Open Sheep/Market Lamb Show (C)
  - 11:35 Christine Storey & Friends (ET)
- PARADE at NOON**
- 12:30 Haflinger Show
  - 1:00 Bob the Builder Live Show (CS)
  - 1:00 West Coast Lumberjack Show (LS)
  - 12:50 IPM Awards Presentation (ET)
  - 1:00 Beef Cattle (C)
  - 1:10 Christine Storey (ET)
  - 1:30 Fantastic Mystic Drumz (CS)
  - 1:30 Ontario Vintage Tractor Pull (G)
  - 2:00 Shimmer and Shine Meet & Greet (CS)
  - 2:30 Shane Cook & Friends (ET)
  - 2:30 Balloon Workshop with Dan the Balloon Man (CS)
  - 3:00 Lambton Kent Mini Pullers (G)
  - 3:00 Bob the Builder Live Show (CS)
  - 3:30 Steppin' Up Dance Club (ET)
  - 3:30 Farmtastic Mystic Drumz (CS)
  - 4:00 West Coast Lumberjack Show (LS)
  - 4:00 Teenage Mutant Ninja Turtles (TMNT)  
Meet & Greet (CS)
  - 4:10 Shane Cook (ET)
  - 4:30 Eastern Ontario Pony Pullers - Horse Pull (C)
  - 4:30 Balloon Workshop with Dan the Balloon Man (CS)
  - 5:00 Teenage Mutant Ninja Turtles (TMNT)  
Meet & Greet (CS)

**Exhibition buildings close at 8 P.M.**

## SUNDAY, OCTOBER 8

Admission \$10.00, elementary students free

- 9:00 Exhibit Buildings Open
- 9:00 Mid Western Horse Show
- 9:30 Brigden 4-H Sheep Show (C)
- 10:00 Children's Rabbit & Guinea Pig Show (Farmyard)
- 10:30 Ducks and Geese Show
- 10:30 BABY SHOW (CS)
- 11:00 Giant Pumpkin Weigh Off Competition  
(Hunter Horse Ring)
- 11:00 West Coast Lumberjack Show (LS)

- 11:00 President Choice SUPERDOGS (G)
  - 11:30 Punkin' Chunkin' (Ring #3)
  - 12:00 Joan Spalding & Friends (ET)
  - 12:00 Giant Pumpkin Activities  
(Hunter Horse Ring)
  - 12:30 Agri-Magic Show (CS)
  - 12:30 Working Wagon Teams Show (HR)
  - 1:00 West Coast Lumberjack Show (LS)
  - 1:00 Speckle Park Cattle Show (C)
  - 1:00 President Choice SUPERDOGS (G)
  - 1:00 Bob the Builder Live Show (CS)
  - 1:30 Regional 4-H Sheep Show (C)
  - 1:30 Balloon Workshop with Dan the Balloon Man (CS)
  - 1:45 Neufeld School of Highland Dance (ET)
  - 2:00 President Choice SUPERDOGS (G)
  - 2:00 Shimmer & Shine Meet & Greet (CS)
  - 2:20 Lindsay Myers (ET)
  - 2:30 Western Ontario Outlaw -  
Extreme Lawn Tractor Racing (HR)
  - 2:30 Agri-Magic Show (CS)
  - 3:00 President Choice SUPERDOGS (G)
  - 3:00 Kiley Joe Masson (ET)
  - 3:00 Bob the Builder Live Show (CS)
  - 3:30 Agri-Magic Show (CS)
  - 4:00 West Coast Lumberjack Show (LS)
  - 4:00 Teenage Mutant Ninja Turtles (TMNT)  
Meet & Greet (CS)
  - 4:30 Balloon Workshop with Dan the Balloon Man (CS)
  - 5:00 Teenage Mutant Ninja Turtles,  
Meet & Greet (CS)
  - 6:30 Team Sorting (C)
- Exhibition buildings close at 6 P.M.**



## MONDAY, OCTOBER 9

Admission \$10.00

Elementary students free

### **MONDAY ONLY!**

### **FARMER'S MARKET (CS)**

9:00 A.M. - 4:30 P.M.

- 9:00 Exhibit Buildings Open
- 9:00 Heavy Horse Show
- 9:00 Brigden 4-H Beef Show (C)
- 9:30 Open Light Horse & Miniature  
Horse Show
- 9:30 Brigden Speed Show (NBHA/OBRA  
Sanctioned)
- 10:00 Beef Cattle Feeder Club &  
Market Lambs (C)
- 10:30 Pigeon Show



- 11:00 West Coast Lumberjack Show (LS)
  - 11:00 Beef/Hog/Lamb Auction (C)
  - 11:00 President Choice SUPERDOGS (G)
  - 12:00 Sarnia School of Irish Dance (ET)
  - 1:00 President Choice SUPERDOGS (G)
  - 1:00 West Coast Lumberjack Show (LS)
  - 1:00 Regional 4-H Beef Show (C)
  - 1:00 Beef Cattle (C)
  - 1:00 Winterline (ET)
  - 2:00 President Choice SUPERDOGS (G)
  - 2:10 Sabrina Rankin & Friends (ET)
  - 3:00 President Choice SUPERDOGS (G)
  - 3:15 Winterline (ET)
  - 3:30 West Coast Lumberjack Show (LS)
- Exhibition buildings close at 4:30 P.M.**

# More to see and do at the 2017 Brigden Fair

Here's what's happening in the Cultural Tent at the  
2017 Brigden Fair

**Celebrating Canada: Heritage, Culture, and Diversity**  
**Friday - 10 a.m. to 4 p.m.**

Metis (Fiddle & Sash) crafts, music, teepee and  
demonstrations all day

Horse Shoe and Rock Toss

Yesterday's Toys

Children's Make a Craft area

**Saturday - Carving Day - 10 a.m. to 4 p.m.**

Wood Carving Demonstrations - Triple C Carvers

Ice Carving by International Carver - Ian Washington

Horse Shoe and Rock Toss

Yesterday's Toys

Children's Make a Craft area

**Sunday - 10 a.m. to 4 p.m.**

Out of Control Spinners and Demos

Rug Hooker Demonstrations

Quilt Specialist - Stitchaire

Pysanka Eggs by Marg

Kaleidoscope (Seaway Sounds) 1 p.m.-3 p.m.

Local Authors of Lambton County

Horse Shoe and Rock Toss

Yesterday's Toys

Children's Make a Craft area

**Monday - 10 a.m. to 3 p.m.**

Aamjiwnaang (Chippewas of Sarnia First Nation) Crafts  
and music

Axe and Knife Throwing by Valley Axe

- Demonstrations - 10 am, 11 a.m., 12 noon, 1  
pm, 2 pm, 3 p.m.

Stain Glass

Yesterday's Toys

Children's Make a Craft area

## Kids love the Ploughman's Farmyard

Throughout the weekend, Children will get a kick out  
of the many animals, displays, and hands-on activities  
they will encounter at the Ploughman's Farmyard build-  
ing, located in Cattle Barn #1.

## Great Pumpkin Weigh-off

The Great Pumpkin Weigh Off Competition is set for  
Sunday, Oct. 8 from noon to 4 p.m. at the Brigden Fair-  
grounds. Pumpkins will be weighed in at 11 a.m. in horse  
ring #3. Registration details are NOT in the prize book  
because that information was not available when the  
book was published. Registration details can be found  
online at [www.brigdenfair.ca](http://www.brigdenfair.ca). But wait...there's  
more...a seed spitting contest, hole-in-one pumpkin  
golf, and other fun activities.

## Helicopter rides all weekend

Weather permitting, helicopter rides will be offered  
all weekend. Don't miss this opportunity to see your  
community in a whole new way.

## Feeling peckish?

The Brigden Fair lunch counter in the exhibition hall  
will be serving up delicious homemade lunches and pies  
on Friday, Saturday, and Sunday from 9 a.m.- 6 p.m.  
and Monday from 9 a.m.-4:30 p.m.

## Child Identification Program

The Child Identification Program will be underway  
near the Ontario Provincial Police trailer on Saturday  
and Sunday from 10 a.m.- 4 p.m.

## A Canadian Afghan, eh?

In the Cultural tent on Sunday, meet Gladys Ottens  
and Christine Poolman, creators of the *Canadian Af-  
ghan, Eh?* quilt pattern. The project is their own Canada  
150 tribute and it has to be seen to be believed!

## Feel lucky?

The 2017 Brigden Fair Harvest the Gold 50/50 raffle  
tickets are on sale at the Brigden Fair office and at  
events held at the fairgrounds. Tickets are \$5 each or  
three for \$10. Proceeds go to agricultural/education  
features.

Tickets for the annual handmade quilt draw are also  
available at events at the Brigden fairgrounds or from  
any Homecraft member. The winning ticket will be  
drawn on Thanksgiving Monday.

Students take note: Volunteer opportunities are  
available at the Brigden Fairgrounds in Brigden all year  
long. Call the Brigden Fairgrounds office at 519-864-  
1197 for more information. LEARN MORE ABOUT OUR  
STUDENT VOLUNTEER YOUTH BURSARY DRAW.

# Autumn programs for everyone at Lambton County libraries

Lambton County Library will celebrate Canadian Library Month  
in October and Ontario Public Library Week, Oct. 15-21. This  
year's theme for both of these events will be "A Visit Will Get  
You Thinking".

And International Games Week will be Oct. 29 to Nov. 4. Li-  
brary branches will have games to play and you can enter your  
name in a draw for a chance to win a prize basket valued at \$150  
provided by Future Pastimes. It contains a board game, a card  
game, and a \$50 gift card. Patrons are welcome to bring their  
own games into the library.

Online resources are available to encourage everyone to keep  
learning. They are free with a current library card at  
[www.lclibrary.ca](http://www.lclibrary.ca)

Whether you're looking for college-level, professional devel-  
opment, or personal enrichment courses, *Gale Courses* offers a  
wide variety of subject choices. You can even learn a new lan-  
guage with *Transparent Language*, which offers over 100 lan-

guages.

And the popular Mobile Makerspace equipment program will  
continue at all of the St. Clair Township library branches through  
the fall. The public has free access to this equipment although its  
use requires attendance at a workshop before independent use is  
allowed.

Two county library branches will be temporarily closed this fall  
for renovations. The Oil Springs branch will close Thursday, Oct.  
26 after 8 p.m. and reopen Thursday, Nov. 16 at 4 p.m. The Pe-  
trolia branch will close Sunday, Oct. 29 at 4 p.m. and reopen on  
Saturday, Nov. 4 at 9 a.m.

St. Clair Township library branch phone numbers:

Brigden (519-864-1142); Corunna (519-862-1132); Courtright  
(519-867-2712); Mooretown (519-867-2823); Sombra (519-892-  
3711); Port Lambton (519-677-5217); Wilkesport (519-864-  
4000).

## COMMUNITY CONTACT

### **Volunteers needed for 1st Corunna Cub Scouts**

The First Corunna Cub Scouts group is looking for volunteers. This would be a great opportunity for high school students to gain their volunteer hours and for retirees to share their experience and skills. The variety of volunteer positions and opportunities include fundraising, administrative tasks, camp cooks, supply coordinators, sewing, and helping run weekly meetings. Anyone interested in volunteering can contact Andrea Lane at 519-381-2556 or by email at [lane@live.ca](mailto:lane@live.ca)

### **Taoist Tai Chi coming to Corunna**

Weekly Taoist Tai Chi classes are held at St. Andrew's Presbyterian Church hall, 437 Colborne Drive in Corunna on Wednesdays from 6:30 p.m. to 8:30 p.m. Beginners are welcome. Tai Chi is a gentle art that can offer health benefits for every age and for many health issues. The group is a non-profit organization dedicated to promoting the health benefits of the Taoist Tai Chi arts by making them available to all who want to learn. For more information about tai chi or class times, call 519-344-0346.

### **Make your change make a change**

Just a little bit of change can help to make a big change on the St. Clair Trail. The *Pennies for Pavement* program helps pay for trail maintenance. Just drop it off at the following locations: Shaykin Bait Variety in Port Lambton (*the Canada Post office no longer accepts donations*) or the Pic-N-Pay in Sombra Village. Every penny will be matched 2:1 by St. Clair Township Council. Bricks, benches, and blocks can still be ordered to commemorate a special occasion or to provide a lasting memorial to departed loved ones. To place an order, contact Laura at 519-862-2442 (north end of trail) or Janis at 519-892-3223 (south end of trail). You can also visit the trail Website at: [stclairrivertrail.com](http://stclairrivertrail.com)

### **Become a community builder as an Optimist Club member**

The Sombra Optimist Club is looking for new members who want to help their community thrive. This volunteer organization exists to make their community a better place by doing great things for the youth in their area. Be a friend of youth - join the Optimist Club of Sombra. For more information or to become a member, call Carla Aarssen at 519-892-3536.

### **New members welcome - Lambton County Jr. Optimists**

The Lambton County Junior Optimist Club is always on the lookout for youth who want to make a difference in their community. Club members ages 10 through 18 volunteer in the community and fundraise to put on their own programs and to donate to other youth programs. Hours spent volunteering with the club can be used toward members' volunteer hours at school. The club meets the first Monday of every month at 6 p.m. at the Courtright Community Centre. For more information, call Mary Lou at 519-862-3950.

### **Brigden United Church activities/services**

Brigden United Church holds regular Sunday services at 10:30 a.m. (10 a.m. July and August). The church will also host **Messy Church** September through May

(except December) every last Tuesday of the month from 5 p.m. to 6:30 p.m. It introduces children to a faith-based life in a fun and informal way, and includes a relaxed evening with an interactive Bible story, crafts and supper. Children must bring an adult. And the **Mom and Tots Drop-in** is held at the church every Friday morning from 9 a.m. to 11:30 a.m. (excludes July and August). The program is sponsored by Sombra Rural Child Care. For more information, call 519-892-3151. And don't forget to check out Brigden United Church on Facebook.

### **Recovery support group meets weekly**

Recovery International, a self-help group for those who struggle with mental health issues, meets on Wednesdays at 7 p.m. at St. Luke's United Church in Sarnia. For more information, contact Rita at 519-867-2932.

### **Local TOPS weight control group meetings**

TOPS weight loss groups help members sensibly take off and keep off pounds. Three TOPS groups hold meetings in the St. Clair Township area and everyone (all ages) is welcome to attend.

**Brigden TOPS** hold meetings every Tuesday night at the Brigden Optimist Hall. Weigh-ins are from 5:30 p.m. to 6:30 p.m. Meetings are from 6:45 p.m. until 7:30 p.m. For more information, please call 519-864-1865.

**The Port Lambton TOPS** weight loss group meets every Thursday from 5:30 to 6:30 p.m. the Port Lambton Community Hall. For more information, call Margaret Ann at 519-677-5665 or just come out on Thursday nights.

**The TOPS Corunna** meets every Tuesday at St. Andrew's Presbyterian Church at 437 Colborne Street in Corunna. Weigh-in is 6:30 p.m. to 7 p.m. with a short meeting from 7 p.m. to 7:30 p.m. For more information, call Wendy at 519-381-5584.

### **S.S. #13 Sombra donates to museum**

Proceeds from the S. S. #13 Sombra school reunion, in the amount of \$268.68, have been donated to the Sombra Museum. The reunion was held this past summer.

As Thanksgiving approaches, can Christmas be far behind? Watch **The Beacon** for information about Operation Christmas Tree and the St. Vincent de Paul Food Bank Christmas food drives.

### **Summer vehicle storage available in Brigden**

Are you looking for a place to store your summer "toys"? Inside storage is available for your motorhomes, trailers, boats, etc. at the Brigden fairgrounds on Saturday, Oct. 21 from 8 a.m. to noon. For more information, go online to: [www.brigdenfair.ca](http://www.brigdenfair.ca)





# Mooretown Sports Complex

Check out our fall brochure online at:  
[www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca)

Make physical activity part of your daily routine. Get energized and keep your spirits up through the winter months with activities you can find at the Mooretown Sports Complex. Here are some of the exciting programs you can find at the Mooretown Sports Complex this fall.

## Fall Swimming Programs

Register for fall swimming lessons. Private lessons, group, adult, parent and tot programs are also available.

## Spinning classes for everyone

Spinning classes are offered here! Join our certified spinning instructors for a great workout to improve your cardiovascular endurance, muscular strength, and power. Join any time for a 12 week session for \$10 per class or buy a 10 pass admission for \$80. Morning Spin classes are held on Tuesdays or Thursdays from 7:00 p.m. - 7:45am. If you're a beginner, there are classes designed for you on Tuesday Evenings from 7:15 p.m. - 8 p.m. If you're looking for strength training combined with a spin workout, come to the Bikes and Bells class on Monday or Wednesday evenings from 5:00 p.m. - 6:00pm, or Friday from 9:00 a.m. - 10:00 a.m.

## Muscle Mix group fitness classes

The Muscle Mix group fitness class includes kettlebell training to build lean muscles, improve strength and power in the upper body, core, and lower body, and increase coordination, joint mobility, and overall endurance. Classes are Wednesday at 6 p.m. to 7 p.m. Cost is \$6 per class or \$5 per class per senior, \$45 for a 10 visit pass, or \$255 per year for a full fitness membership.

## Cardio Kick Boxing

The Cardio Kick Boxing fitness class is a high energy cardio workout with martial arts moves to get your metabolism revving. Classes are Monday from 6 p.m. to 7 p.m. Cost is \$6 per class or \$5 per class per senior, \$45 for a 10 visit pass, or \$255 per year for a full fitness membership.

## Shallow and Deep Water Aerobics

Experience and enjoy the rejuvenating power of water. Programs include a variety of exercises that target posture, muscular endurance, strength, cardiovascular, flexibility, and balance. Shallow water classes are Monday, Wednesday, and Friday from 10 a.m. to 11 a.m., and Tuesday and Thursday from 8 p.m. to 9 p.m. Deep water classes are Monday and Wednesday from 8 p.m. to 9 p.m. Cost is \$6 per class or \$5 per class per senior, \$45 for a 10 visit pass, \$205 per year or \$195 per year per senior, or included with the full \$255 per year full fitness membership.

## Water Therapy - arthritis and fibromyalgia water exercise

This program includes cardiovascular training, functional fitness, muscular endurance and strength, and balance and flexibility training with a goal of improved mobility. Classes are Tuesday and Thursday from 10 a.m. to 11 a.m. Cost is \$6 per class or \$5 per class per senior, or \$45 for a 10 visit pass. Join any time.

## PA Day course

### Red Cross Babysitting course

This course is offered on PA Day Friday, Nov. 29 from 8:30 p.m. to 4:30 p.m. It is designed for youth ages 11 years and up who want to become babysitters. The course covers the responsibilities of a babysitter, safety tips for children of all ages, basic child care skills and what to do in case of an emergency. The cost for the program, including manual, is \$50 per child.

### Shinny Hockey Is Back!

Adult shinny hockey is held every Tuesday morning at 9 a.m. to 10 a.m. The cost is \$5 per person.

## Public Skating

Public skating will be held on Sundays from 1 p.m. to 2:15 p.m. The cost will be \$2.25 per child, \$3.25 per adult, and \$6.50 per family.

## Parents, Tots, and Seniors Skate - Free!

The free parents, tots, and seniors skate will be held on Wednesdays and Thursdays from 1 p.m. to 2 p.m.



## Lifeguard and Swimming Instructor Courses

Become a lifeguard or swimming instructor. Contact the Mooretown Sports Complex for more information.

## Free - Indoor walking/low impact exercise program

Indoor walking, low impact exercise is offered each week on Mondays and Wednesdays between 9 a.m. and 10 a.m. This program is provided by the West Lambton Community Health Centre. For more information, call 519-344-3017, ext. 237. Begins Oct. 2.

For more information or to register for any of these programs, contact the Mooretown Sports Complex at 519-867-2651. Find us online at:  
[www.stclairtownshipcommunityservices.ca](http://www.stclairtownshipcommunityservices.ca)

## Rapids Family Health Team

The following sessions are being offered at the Rapids Family Health Team clinic, located at the Shell Health Centre, 233 Cameron Street in Corunna. There is no charge for participation but you must register for each one you take. Please note that space is limited. If we are unable to accommodate you for the day of your choice, we will put you on a waiting list for future sessions. **For more information, go online to: [www.rapidsfhteam.ca](http://www.rapidsfhteam.ca) or to register, call 519-813-9800 and speak to reception.**

### **Living With Diabetes**

This is a two hour session that provides a general overview of diabetes. We will discuss some of the most common myths about diabetes, learn what "good control" is, and discuss some of the things you can do to manage diabetes. The next sessions led by a Nurse Educator will be held on: Friday, Oct. 13, 9:30 a.m. to 11:30 a.m.; Wednesday, Nov. 22, 5:30 p.m. to 7:30 p.m.; Wednesday, Dec. 6, 1:30 p.m. to 3:30 p.m.

### **Diabetes Healthy Eating and Keeping Active**

This is a two hour session for people who have already attended our Living with Diabetes class or who have had past education on the basics of Diabetes and want more information on diet. We will discuss the basics of healthy eating, what types of food affect your blood sugar levels, reading food labels, when and how much to eat, and how to increase your physical activity level. The next session, led by a Registered Nurse, will be held on: Friday, Oct. 20, 9:30 a.m. to 11:30 a.m.; Wednesday, Nov. 29, 5:30 p.m. to 7:30 p.m.; Wednesday, Dec. 13, 1:30 p.m. to 3:30 p.m.

### **A Guide To Diabetes Prevention**

This is a 1.5 hour group session for those who want to learn about diabetes and how to prevent it, or for those who have been told they are at risk of getting diabetes. This session is led by a Registered Nurse and a Registered Dietitian. They will discuss what diabetes is, risk factors for getting diabetes, and how to decrease blood sugar levels through lifestyle changes. The program is open to the public and no physician referral is required. The next session will be held on: Monday, Oct. 23, 1:30 a.m. to 3:30 a.m.; Thursday, Nov. 16, 9:30 a.m. to 11:30 a.m.; Wednesday, Dec. 6, 5:30 p.m. to 7:30 p.m.

### **Healthy Eating and You**

A the aim of this series of four two-hour sessions is to help you make permanent lifestyle changes. This is **not** a diet program. You will set your own healthy eating and physical activity goals and learn how to make plans for achieving them. Some topics that will be discussed include: carbohydrates, protein and fats (good and bad); physical activity—what types and amounts are beneficial; emotional eating strategies; sensible portions and portion control strategies; group discussions that will help you learn from the experiences of others. This program is open to the public and no physician referral is required. This program will begin on: Wednesday, Oct. 18, for four weeks from 5:30 p.m. to 7:30 p.m.; Tuesday, Nov. 21, for four weeks from 9:30 a.m. to 11:30 a.m. \*Patients must attend the first class in order to attend the final three classes.\*

### **Stress Management Workshop**

Created by our registered Social Worker, this two-hour seminar, offered monthly, will provide you with information on how to effectively manage stress through: regulating the stress response; goal-setting; problem-solving; challenging unhelpful thinking; and communicating assertively. This seminar is open to the public and no physician referral is required. The next seminars will take place on the following dates: Wednesday, Oct. 18 from 9:30 a.m. to 11:30 a.m.; Friday, Nov. 3 from 9:30 a.m. to 11:30 a.m.; and Friday, Dec. 1 from 9:30 a.m. to 11:30 a.m.

### **Happiness 101**

The Happiness 101 group is a four-week group that focuses on being happy. Adapted from the manual *Happiness 101* by

Dr. Louise Lambert, the sessions will discuss 12 simple interventions for a happier life using positive psychology for people who are depressed, languishing, or flourishing. The goal of the group is to help participants generate a whole new mindset geared exclusively towards the creation of a greater and more durable state of happiness. No physician referral is necessary, however, participants must have a physician that has referral privileges to the Rapids Family Health Team resources. The four-week session begins on Monday, Oct. 16 from 9:30 a.m. to 11:30 a.m.

### **Teaching kitchen**

Healthy cooking classes will not only help you build your knowledge of healthy eating, but also help you apply them in a friendly group setting. A wide range of health conditions and topics include: heart health, digestive concerns, vegetarian, cooking for one, increasing fruit and vegetables, high blood pressure and more. Classes are open to the public and no physician referral is required. The next classes will be: Meals For One, Tuesday, Oct. 17 from 9:30 a.m. to 11:30 a.m.; Dining With Diabetes, Nov. 28 from 1:30 p.m. to 3:30 p.m.; and Healthy Holiday Baking, Dec. 13 from 10 a.m. to noon. Location will be supplied during registration process.

Note: Class dates, times, and location within Corunna is subject to change/cancellation depending on number of patient registrations.

~~~~~  
**Laboratory  
Services offered**  
Laboratory services at the clinic  
are available  
Monday through Friday from  
7:30 a.m. to 11:15 a.m.  
~~~~~



### **New patients being accepted**

A family medical practice is now in operation at the Shell Health Centre (Rapids Family Health Team), 233 Cameron Street, in Corunna. Applications are now available by calling 519-813-9800.

### **Cooking Buddies classes for kids**

The West Lambton Community Health Centre will present Cooking Buddies for children ages six through 12. These free cooking classes will on nutritious recipes, learning to read a recipe, learning to measure, kitchen safety, clean up, and eating a meal together. Programs will be offered in Brigden, Corunna and Port Lambton. For more information and/or to register, call 519-344-3017, ext. 237.

~~~~~

### **Are We There Yet? - A Journey of Diabetes Self-Management**

This FREE four-week series, from Thursday, Oct. 12 to Nov. 2 from 1:30-3:30 p.m., will be held at 429 Exmouth Street, Suite 100, Sarnia. Presented by the West Lambton Community Health Care Centre in Sarnia, the series will be led by dietitians and diabetes nurse educators. If you are living with Type 2 diabetes and you want to better understand diabetes and learn more about healthy eating, nutrition and common foot problems, don't miss this informative series.

To register for this free program, call 519-344-3017, ext. 259. Enrollment is limited.

## Geocaching a high-tech treasure hunt catching on locally

A high-tech version of the traditional treasure hunt is catching on in Lambton County and around the world.

Geocaching, also known as *gpsstashing*, has been growing in popularity since 2000, after the removal of selective availability from the Global Positioning System (GPS) gave anyone with a GPS unit or a GPS equipped mobile device the ability to use satellite coordinates (exact longitude and latitude) to accurately locate small hidden targets called geocaches.

Here in the Lambton County Area, there are hundreds of geocaches stashed in parks, including Lorne C. Henderson Conservation Area near Petrolia, where a geocaching event was held at the on Sept. 17.

Sharon Nethercott, St. Clair Region Conservation Authority (SCRCA) Conservation Education Coordinator, says this was the seventh event since the geocaching targets were located in the park. "It's a good way to meet other geocachers," she said. "It also attracts people to the area."

The targets consist of small waterproof containers like film canisters and small Tupperware-type containers that contain small items.

The traditional geocaches contained a log book and pen or pencil in which geocachers who found the target could write about their experiences.

As the geocaching craze grows, there are now geocaching apps for smart phones. Reasonably priced handheld GPS units can be bought at Canadian Tire and other electronics outlets, and Sharon notes people of all ages are getting hooked on this healthy outdoor pursuit. "My 12-year-old son likes geocaching better than the Xbox," she said.

Sharon recommends that anyone wanting to know more about this new activity can go online to: [geocaching.com](http://geocaching.com) to learn more about it.



Sharon Nethercott uses a GPS unit to locate a geocache at Lorne C. Henderson Conservation Area.

## 2017-2018 Mooretown Flags Home Schedule

The time is at hand for another exciting season of Mooretown Flags hockey. Check out this **home ice** schedule and be in the arena when the team makes its run for the championship.

Wednesday, Oct. 4, Lakeshore, 8 p.m.

Saturday, Oct. 7, Petrolia, 7:30 p.m.

Saturday, Oct. 14, Blenheim, 7:30 p.m.

Saturday, Oct. 21, Wheatley, 7:30 p.m.

Saturday, Oct. 28, Amherstburg, 7:30 p.m.

Saturday, Nov. 4, Essex, 7:30 p.m.

Saturday, Nov. 11, Dresden, 7:30 p.m.

Saturday, Nov. 18, Petrolia, 7:30 p.m.

Saturday, Dec. 2, Amherstburg, 7:30 p.m.

Saturday, Dec. 9, Essex, 7:30 p.m.

Saturday, Dec. 16, Wheatley, 7:30 p.m.

Saturday, Dec. 23, Blenheim, 7:30 p.m.

Saturday, Dec. 30, Wallaceburg, 7:30 p.m.

Wednesday, Jan. 3, Lakeshore, 8 p.m.

Saturday, Jan. 13, Amherstburg, 7:30 p.m.

Saturday, Jan. 20, Dresden, 7:30 p.m.

Saturday, Blenheim, 7:30 p.m.

## Taoist tai chi comes to Corunna

About 50 curious Corunna area residents turned out at St. Andrew's Presbyterian Church on Sept. 13 to take part in a Taoist tai chi demonstration. Beginners classes will now be held at the church on Wednesdays between 6:30 and 8:30 p.m. Beginners are welcome. The Sarnia-based group has also expanded to Camlachie and Petrolia.

Right: Leader Jacques Poirier leads the class through the opening movements of this gentle martial arts style. Tai chi has been shown to be beneficial for those who suffer from the negative effects of stress as well as chronic conditions like arthritis. It helps improve balance and posture, strength and flexibility, and aids relaxation and concentration.







## STILL MORE AROUND THE TOWNSHIP



### From page 15

Bar. Veterans, members, and the public are all welcome to attend. To register, call 519-862-1240.

### ***Murder On The High Seas* mystery dinner in Brigden**

The Courtright Sixth Line United Church will host a murder mystery fundraiser on Saturday, Nov. 4 at the Brigden fairgrounds exhibition hall.

Attire for the *Murder On The High Seas* roast beef and chicken dinner will require those who attend to dress like vacationers on a cruise ship. Doors open at 5:30 p.m. The evening will include a silent auction and more. Tickets are \$40 per person for the dinner, show and auction and they can be purchased by calling Debbie Anderson at 519-864-1161 or Jill Rogers at 519-491-5510. The show will be performed by Murder For Hire from Thorndale, Ontario.

### **Registration for Royal Canadian Legion sports events**

Legion members are invited to register for the following sport events to represent their Royal Canadian Legion branch. Registration deadlines are: Nov. 4 for Zone darts being held in Sarnia on Saturday, Nov. 18; Nov. 25 for Zone 8-ball being held in Brigden on Saturday, Dec. 2. Contact your local branch for details.

### **Fall dinner at Brigden United Church**

The congregation of Brigden United Church will hold a fall dinner on Sunday, Nov. 5 from 4:30 p.m. to 6:30 p.m. The meal will include ham and scalloped potatoes with homemade pie and desserts. Tickets are \$15 per adult, \$5 per child ages six through 12, and free for children under age five. They can be purchased by calling the church office at 519-864-1747 and leaving a message.

### **Remembrance Day services set**

The Royal Canadian Legion Branch 635 Brigden and Branch 447 Corunna invite everyone to attend the annual Remembrance Day Services in their area. **See page 1 for more information.**

### **Weekly *Souper Thursdays* in Corunna**

The Parkway Church, located at 551 Murray Drive in Corunna, hosts a **FREE *Souper Thursday*** community lunch every week from noon to 1 p.m. Everyone is welcome to come to the church and enjoy a homemade lunch to eat in or take out. Those who require assistance can call 519-862-3380 to have lunch delivered. For more information, contact the church online at: [parkwaychurchmichelle@gmail.com](mailto:parkwaychurchmichelle@gmail.com)

### **Cruickshank Community Centre hosts weekly activities**

The Cruickshank Community Centre hosts two popular activities each week. Morning coffee socials run from Monday to Saturday from 8:30 a.m. to 10 a.m. and everyone is welcome. And **euchre nights** are held on Tuesdays at 7 p.m. The cost is \$3 per session, which includes light refreshments.

### **Courtright Friendship Club plays cards**

The Courtright Friendship Club plays euchre every Wednesday afternoon at 1 p.m. and Pepper every Friday evening at 7:30 p.m. at the hall located at 1533 Fourth Street in Courtright. Everyone is welcome to attend and try out their card skills.

### **Cribbage played at Corunna United Church**

Cribbage is played every Tuesday from 9:30 a.m. to 11:30 a.m. at Corunna United Church on Hill Street. Come out, test your skills, and enjoy a morning of fun.

### **Weekly fun slated for Corunna Legion Br. 447**

The Royal Canadian Legion Corunna Branch 447 has three weekly fun events open to everyone. Every Thursday at 1 p.m., fun cribbage is played. On Fridays at 1 p.m., it's time for fun bridge. Don't know how to play? Come on out and learn from those who do. On Friday nights, enjoy Meat Darts starting at 7:30 p.m. And every Saturday at 4 p.m., get in on the meat draw, with all meat coming from Foodland. The cost is \$1 per stick. Join the fun, enjoy a beverage and comradery, and maybe event take home dinner.

### **LEO exercise for seniors in Sombra**

Lambton Elderly Outreach continues to offer Forever Fit exercise classes for seniors at Sombra community hall. Classes are Mondays and Thursdays at 9 a.m., and Tuesdays at 10 a.m. Chair exercise is offered at 10 a.m. on Mondays and Thursdays. Everyone 55 and older are welcome. Shoes with a good tread are required.

### ***Sombra Museum seeking baseball memorabilia***

Sombra Museum is working on an exhibit to explore the history of St. Clair Township baseball. Stories, photos, memorabilia, or artefacts like baseball bats, gloves pre-1970 girls/women's baseball uniforms and trophies are being sought to be taken on loan during the 2018 season. Photos and documents can be scanned and returned promptly. If you can help, please call 519-892-3082 or email:

[sombramuseum@hotmail.com](mailto:sombramuseum@hotmail.com)





## MORE AROUND THE TOWNSHIP



From page 16

Canada's 150 Most Famous Great Lakes Shipwrecks. In the new year, on Tuesday, March 27, speaker Steve Loxton will present the lecture Lost Lambton, Found Lecture. And on Tuesday, April 24, enjoy You're In The Movies-Marine City 1939. For more information, call the Sombra Museum at 519-892-3982 or go online to: [sombmuseum.webs.com](http://sombmuseum.webs.com)

### Fundraiser set for Brigden Optimist Community Hall

A Halloween Costume Party and Dance is set for the Brigden Optimist Community Hall on Saturday, Oct. 28 from 8:30 p.m. to 1 a.m. You must be 19 and over to attend. Tickets are \$10 per person and will include music provided by a DJ, a late snack, and prizes. Proceeds from this fundraiser will go towards an upcoming humanitarian trip to La Tinta, Guatemala in February, 2018. The trip is being organized through Possibilities International (PI), a registered charitable humanitarian aid organization. For tickets, call 519-312-7349.

### Corunna Legion hosts annual Halloween Open Jam

The Royal Canadian Legion Branch 447 Corunna will host the annual Halloween Open Jam on Saturday, Oct. 28 at 2 p.m., with judging at 5 p.m. There will be prizes for the best costumes: First, \$25; second, \$15; and third, \$10. Food will be available and the hall is wheelchair accessible. Open jam sessions are held the last Saturday of each month through May 26, 2018.

### Moore Optimists and Jr. Optimists Present Pumpkinfest

Pumpkinfest will be presented by the Moore Optimist Club and the Lambton County Jr. Optimist Club at the Courtright Community Hall (Silverdome) on Sunday, Oct. 29 from noon to 3 p.m. Participants will receive free pumpkins and there will be pumpkin carving and decorating, Monster Lab, pumpkin bowling, scarecrow-making (please bring children's old clothes to make your own scarecrow), crafts, and much more. The Jr. Optimists will have a bake sale plus hamburgers and hot dogs for sale. All proceeds will go to community youth projects. For more information, call Mary Lou at 519-862-3950. *This is a great opportunity for secondary school students to gain volunteer hours.*

### Light on Sugar workshop offered

Light on Sugar, a free workshop on healthy living and active aging, will be presented by VHA Home Healthcare at the Port Lambton United Church on Wednesday, Nov. 1 from 10 a.m. to noon. There will be information and

tips on how to eat healthy, learn if you are at risk for pre-diabetes, effectively manage diabetes, and how to prevent type 2 diabetes. Lunch will follow and there will be door prizes. **Pre-registration is required.** To register, call Bev at 519-677-4445 or Janis at 519-677-5945, or email: [secretary@portlambtonunitedchurch.com](mailto:secretary@portlambtonunitedchurch.com)

### Wilkesport Harvest Home dinner set

The popular Harvest Home dinner is back! The Wilkesport United Church is proud to announce that the dinner will be held at the Wilkesport Community Centre on Friday, Nov. 3 at 6:30 p.m. Tickets are \$20 per adult, \$8 for children six through 12, and free for children age five and under. To reserve tickets, call Ann Shepley at 519-892-3673, Marilyn Grant at 519-627-3793, or Sharon Beggs at 519-381-0888, or email:

[wilkesportunitedchurch@hotmail.com](mailto:wilkesportunitedchurch@hotmail.com)

### Remembrance Day Honours & Awards dinner

The Royal Canadian Legion Branch 447 Corunna will host the Remembrance Day Honours and Awards dinner on Saturday, Nov. 4, with cocktails at 5 p.m. and dinner at 6 p.m. Tickets are \$10 per person (no charge for veterans) and are now available at the Corunna Legion Club Room

See Still More Around the Township, page 14

## St. Clair Parkway Golf Course

Autumn is the perfect time to enjoy a game at the St. Clair Parkway Golf at 132 Moore Line in Mooretown. Don't miss a minute of the golfing season and be sure to stop in for some refreshment and delectable food at the course restaurant.

For more information or to book your next tee time, call the pro shop at 519-867-2160 or go online to:

[www.stclairparkwaygolf.com](http://www.stclairparkwaygolf.com)



LAMBTON  
**SENIORS**  
ASSOCIATION

SENIORS HELPING  
SENIORS

### HANDYMAN/HANDYWOMAN PROGRAM FOR SENIORS

Home & yard maintenance  
Housekeeping  
Computer training & repair  
Home safety



PLEASE CALL 519 339 8866  
Toll Free 1-877-219-4717



United Way  
Sarnia-Lambton



## AROUND THE TOWNSHIP



### Susan West in concert in Sombra

The Zion Free Methodist Church, 2951 Bentpath Line (corner of Bentpath Line and Mandaumin Road at Beaver Meadow) will host Christian country music artist Susan West in concert on Sunday, Oct. 1 at 10:45 a.m. A free-will offering will be received and a free lunch will follow. For more information, call 519-864-1511. (Susan West can be seen online at: [www.facebook.com/Susan-West](http://www.facebook.com/Susan-West))

### Turkey bingo at Corunna Legion



The Royal Canadian Legion Corunna Branch 447 will hold a turkey bingo on Wednesday, Oct. 4. Doors will open at 6 p.m. and play begins at 7 p.m. There will be 25 regular games with four cards for \$20, plus a Special Game at \$2 per strip. Food will be available. For more information, call the Legion at 519-862-1240.

### Clean Harbors Annual Open House

The public is welcome to attend the annual Clean Harbors Open House, 4090 Telfer Road east of Corunna on Wednesday, Oct. 4 from 3 p.m. to 6 p.m. The open house will include a tour of the facility and refreshments. This annual event is held to give interested members of the community an opportunity to ask questions and to participate in discussion with company officials. For more information, call 519-864-3890.

### Brigden Fair weekend

It's time for the 167th edition of the Brigden Fair on Thanksgiving weekend, Oct. 6 through 9. For information you can use to plan your visit, see page 8 & 9.

### Card parties at Sombra Hall

Cards will be played at Sombra Hall on Fridays at 1 p.m. on the following dates: Oct. 13, 20, 27; Nov. 3, 10, 17, 24.

### Demolition Derby time in Brigden

The annual Brigden Fair Demolition Derby is set for Saturday, Oct. 14 at the Brigden fairgrounds. The mayhem begins at 1 p.m. featuring vehicles in the following classes: 4-6 cylinder car 'Pro Man'; Truck 'Pro Man'; V8 'Pro Man'; 4-6 cylinder 'Poor man's class'; Truck 'Poor man's class'; and new for 2017, 3-car team derby. And don't forget the Kids' Power Wheels Derby for kids ages 4-10. (No entry fee. See rules for details.) Admission is \$10 per adult and free for elementary and pre-schoolers. For entry information and rules, print copies are available at the fair office, and are also available by calling Carl at 519-332-9021 or online at: [www.brigdenfair.ca](http://www.brigdenfair.ca) or Facebook-Brigden Derby.

### Lambton Fall Colour & Craft Festival

The Lambton Heritage Museum, Hwy. 21 south of Grand Bend, will host the Lambton Fall Colour and Craft Festival the weekend of Oct. 14 and 15 from 10 a.m. to 5 p.m. Admission is \$5. For more information, call 1-800-265-0316.

### Corunna Legion hosts cribbage tourney

The Royal Canadian Legion Branch 447 Corunna will host the Harold & Florence Johnson Memorial Mixed Cribbage Tournament on Sunday, Oct. 19, with registration from 11 a.m. to 12:30 p.m. and play beginning at 1 p.m. Entry fee is \$10 per person and all monies are returned. Food will be available. Facility is wheelchair accessible. For information, call the branch at 519-862-1240.

### Pickerel Fry and Dance at Corunna Legion

The Royal Canadian Legion Corunna Branch 447 will hold its annual Pickerel Fry and Dance on Saturday, Oct. 21 with entertainment by Full Disclosure. The cost will be \$20 per person - advanced tickets only. For tickets call the Legion hall at 519-862-1240. The facility is wheelchair accessible and everyone is welcome. Tickets go on sale on Sept. 18.

### Sombra Museum announces upcoming lectures

The Sombra Museum's fall and winter lecture series is now underway. On Tuesday, Oct. 24, Tom Walters will present Railways in Lambton County. (The lecture date has been changed to the second last Tuesday of the month so as not to conflict with Halloween). On Tuesday, Nov. 28, Cris Kohl will present

See More, page 15



CONTACT  
THE BEACON

If you have a non-profit or charity event or activity coming up in St. Clair Township, or an event that will benefit the residents of the township, you may promote it free of charge here in The Beacon.

The deadline for Beacon submissions is the third Monday of each month by noon.