



Issue 1



The St. Clair Township

BEACON

Volume 8

January 2015



Mob of bears strikes OPP drive-thru



The annual OPP Operation Christmas Tree drive-through event on Dec. 13 was a tremendous success again this year thanks to the generous spirit of St. Clair Township residents. Thanks go out to all of the motorists who took time out of their busy Christmas schedule to stop by and drop off the items needed to brighten the lives of the less fortunate individuals and families in the community. Volunteers from the Ontario Provincial Police, the Optimist Club of Moore, and the Corunna Community Policing Committee, as well as Santa Claus himself, staffed the drop-off station and the collection rooms at the St. Clair Township Emergency Services building. It is expected that all requests for food and toy hampers will be filled.

Above: Among the volunteers who happily tended the drop-off station was Cameron Primeau, a Grade 10 student at St. Pat's in Sarnia. Cameron, the son of OPP Cst. P.J. Primeau, courageously coped with a flash mob of bears, frogs and other cuddly stuffed toys to help out with the event.

Photo by Bonnie Stevenson

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Email: beacon@twp.stclair.on.ca



Municipal Notes

Good news greeted the Dec. 15 meeting of St. Clair Township Council. Mayor Arnold announced that Clean Harbors Environmental Services will make alternative disposal arrangements for the Glen Springs, New York (formerly Love Canal) remediation project waste within

Clean Harbors to reroute "Love Canal" waste

the company's U.S. locations.

In an email sent Dec. 15, Michael Parker, Director, Environmental Compliance for Clean Harbors, told Mayor Arnold, "We are working closely with Glen Springs Holdings, the site owner and operator, to develop the necessary transportation and logistics plans to re-direct their remediation waste to another facility within our comprehensive treatment, storage and disposal network."

Council and other stakeholders have been in discussions with the company since it was revealed that Glen Springs waste would be sent to the St. Clair Township Clean Harbors site. Mayor Arnold said, "It's very good news. They're trying to build bridges with First Nations and the community."

Freshman councillor aces first duty



Freshman Councillor Tracy Kingston joined two council veterans, Councillor Steve Miller and Mayor Steve Arnold, to cut the cake after the inaugural meeting of the 2014-2018 St. Clair Township Council on Dec. 1. Councillor Miller has chalked up 32 years and Mayor Arnold has a total of 26 years of council service to date.

Photo by Bonnie Stevenson

Council meeting schedule

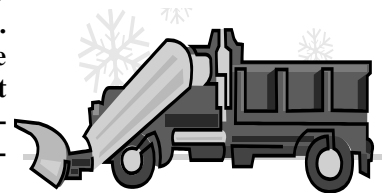
St. Clair Township Council meets on the first and third Monday of the month. January meetings will be held at the St. Clair Township Civic Centre, 1155 Emily Street in Mooretown on Monday, Jan. 5 at 6:30 p.m. and on Monday, Jan. 19 at 5 p.m. following the Committee of the Whole meeting at 3 p.m.

Anyone wishing to address council should call the municipal office at 519-867-2021.

Winter parking by-law in effect

The Winter overnight parking by-law is in effect. Motorists are advised that it is against the law to leave vehicles of any kind parked on public streets and roads overnight from 2 a.m. to 6 a.m. This allows snow plow crews to do their jobs without having to avoid parked cars.

Property owners are also reminded that it is against the law to shovel snow out into public streets. These snow piles create dangerous obstacles that can contribute to needless automobile collisions.



Township of St. Clair Hunting Licenses

The Township of St. Clair small game hunting licenses will be on sale Tuesday, Oct. 14. They will be available at the following locations: Pic-N-Pay Variety in Sombra; Courtright Variety Store; Corunna Home Hardware; Agris Co-operative Ltd. in Brigden; and St. Clair Civic Centre, 1155 Emily Street in Mooretown.

Fee will be \$5 for a residential license and \$8 for a non-resident's license. Applicants must apply in person and multiple licenses will not be issued.

Jeff Baranek
Director of Administration
Clerk/Deputy C.A.O.

New St. Clair Township council for 2014-2018



It's back to business for the new St. Clair Township Council. Getting ready to take on the challenges of the coming four-year term are, seated left: Chief Administrative Officer John Rodey; Mayor Steve Arnold; Clerk/Deputy CAO Jeff Baranek. Standing left: Deputy Clerk Carlie McClemens; Councillor Steve Miller; Councillor Tracy Kingston; Councillor Jim DeGurse; Councillor Jeff Agar; Councillor Darrell Randell; and Deputy Mayor Peter Gilliland.

Photo by Bonnie Stevenson

New Warden / Deputy Warden elected

The 156th Warden of Lambton County is also the Deputy Mayor of the City of Sarnia. Warden Bev MacDougall received her official tricorne hat from St. Clair Township Mayor Steve Arnold, who was also in the running for the Warden's position. Mayor Arnold is a past warden having served in that capacity in 2011 and 2012. The position of Deputy Warden was won by Ian Veen, Mayor of Oil Springs. Both positions are held for one year.

The County of Lambton currently has 11 member municipalities and 17 members of County Council. Five County Councillors represent the City of Sarnia, two County Councillors each represent the Township of St. Clair and the Municipality of Lambton Shores.

Lambton County Facts: The county became an organized body of member municipalities in 1849; currently employs about 1,200 people; and has an annual budget of about \$187 million.



Mayor Steve Arnold congratulates newly-elected Warden Bev MacDougall (Deputy Mayor of Sarnia).



**ST. CLAIR
TOWNSHIP
Website**

For the latest information about St. Clair Township, its departments and associated services, go online:

www.twp.stclair.on.ca

HERITAGE CORNER

Students “kick it old school” at the Moore Museum *Old Fashioned Christmas*



Students visiting the Moore Museum to participate in the Old Fashioned Christmas educational program are learning how to do a lot of things “old school”. Above left: Playing with one’s food is not a habit most parents approve of, but young Ashton from Colonel Cameron Public School in Corunna can’t help it. This kind of old fashioned candy has to be pulled and folded many times to turn it into delicious homemade taffy. Above right: A young student from Sir John Moore Community School learns how to make a tree decoration out of cardboard, buttons and various other household items. The 2014 Christmas program hosted about 800 students, plus teachers and chaperones.

Photos submitted

Sombra Museum seeks WWI items

World War I items, memorabilia and/or stories are still being sought for the Sombra Museum’s exhibit commemorating the 100th anniversary of “the war to end all wars”. Call 519-892-3982 for more information.

Corunna Legion Br. 447 donates to air cadets



The 44 Sarnia Imperial Squadron Air Cadets recently received a Poppy Fund donation of \$500 from the Royal Canadian Legion Corunna Br. 447. The donation was presented to Commanding Officer Janet Erikson, left, by Kevin Harris, Br. 447 Public Relations Officer and Sid Thompson, a member of the Sponsoring Committee.

Funds are raised annually through the distribution of poppies in the days preceding Remembrance Day.

Donations made by the Canadian public during the poppy drive generate funds that are largely spent in the service of Veterans and their dependants. However there are other allowable expenditures such as donations to cadet corps. These are subject to approval by the Legion’s Provincial Command.

Photo submitted

Local Ontario Early Years locations

The OEYC Sarnia-Lambton is a **free** family drop-in program operated by Sombra Township Child Care Inc. for families with children ages 0 to 6 years of age. This provincially funded program provides a learning environment in which parents and children can interact and learn from each other.

Best Start Hub - Riverview Central School

3926 St. Clair Parkway, Port Lambton

519-892-3151

Hours of Operation: Monday, Tuesday, & Thursday: 9 a.m. to 11:30 a.m.

Best Start Hub - St. Joseph’s School, Corunna

535 Birchbank Drive, Corunna

519-862-5071, ext. 224

Hours of Operation: Monday: 9 a.m. to 11:30 a.m.; Wednesday: 9 a.m. to 11:30 a.m. & 1 p.m. to 3:30 p.m.; Friday: 9 a.m. to 11:30 a.m.

Brigden United Church

2420 Jane Street, Brigden

519-892-3151

Hours of Operation: Friday: 9 a.m. to 11:30 a.m.

For a complete listing of hours and parent/caregiver workshops, go online to: www.ontarioearlyyears.ca.

Take ownership of your health with Rapids Family Health Team

January 2015 Program Schedule

The following sessions are being offered at the Rapids Family Health Team clinic located in the Shell Health Centre, 233 Cameron Street, in Corunna. There is no charge for participation and sessions are open to anyone living in St. Clair Township. Space is limited and to participate, you must register. If the team is unable to accommodate you for the day of your choice, you will be put on a waiting list for future sessions.

For more information, go to www.rapidsfhteam.ca. To register, call 519-813-9800 and speak to the receptionist.

Living with Diabetes

This is a two-hour session that provides a general overview of diabetes. We will discuss some of the most common myths about diabetes, learn what "good control" is, and discuss some of the things you can do to manage diabetes. The session is led by a diabetes educator. Sessions will be held as follows: Tuesday, Jan. 13 from 9:30 to 11:30 a.m.; Tuesday, Feb. 10 from 1:30 to 3:30 p.m.

Diabetes Healthy Eating and Physical Activity

This is a two-hour session for people who have already attended the *Living with Diabetes* class or who have had past education on the basics of diabetes and want more information on diet. We will discuss the basics of healthy eating, what types of food affect your blood sugar levels, reading food labels, when and how much to eat, and how to increase your physical activity level. The session is led by a registered dietitian. Sessions will be held as follows: Tuesday, Jan. 20 from 9:30 to 11:30 a.m.; Tuesday, Feb. 17 from 1:30 to 3:30 p.m.

Healthy Weights

Spending on weight loss products will reach an estimated \$134 million by the end of 2014 (U.S. data). But of the hundreds of products available on the market today, only a handful can produce even modest weight loss. Save yourself some money and the frustration of filtering through all of the ads promising miracle. Rapids Family Health Team is here to help support you in learning about what is beneficial for managing weight and warding off diseases such as diabetes and heart disease. Healthy Weight by Healthy Means is a five-week program designed for anyone who wants to put fad diets behind them and wants to learn about the healthy, reliable way to better health. Each week, a Registered Dietitian discusses a different topic with the group. Each participant will receive a copy of a manual to keep. The next five-week session starts on Thursday, Jan. 15 from 9:30 to 11:30 a.m.

New Year, New Eating Resolutions

Have you resolved to lose weight in 2015?

You aren't alone. In the new year, shake the "diet" mentality and commit to eating resolutions you can realistically stay with throughout 2015. The new year signifies a fresh start and an opportunity to make a promise to ourselves to change something for the better. Unfortunately, diets rarely change how you eat for the better because they are often unrealistic and rarely effective for long-term adherence. Instead, we will discuss a realistic resolution for you to consider for each month of 2015. This seminar is part of the *Food and You* series. It will take place on Thursday, Jan. 8 from 1:30 to 3:30 p.m. at the Shell Health Centre (Rapids Family Health Team office) in Corunna.

Quit Smoking Workshop

This two-hour session is for people who are thinking about quitting or are ready to quit using tobacco. We will discuss strategies and methods for quitting, such as cutting back, using nicotine replacement therapy, and using prescribed medications. We will also work on finding ways to overcome barriers to quittingness, how to make a quit plan, managing withdrawal symptoms, and how to prevent relapse. Participants are also welcome to schedule individual appointments to receive further support and information from one of our nurse educators. The session is set for Friday, Jan. 16 from 10 a.m. to noon.

Adult Cooking Classes

These hands-on adult cooking classes will be facilitated by a Registered Dietitian. They will help you build familiarity with kitchen tools and ingredients that support a balanced diet. In **Corunna**, at St. Andrew's Presbyterian Church on Wednesday, Jan. 7, *Protein Powered Breakfasts* will be discussed from 12:30 to 2:30 p.m. You will learn that not all breakfasts have staying power. Prepare and enjoy some creative, protein-packed meals to get your day started off on the right foot. We will also discuss the importance of breakfast and tips on how to power-pack your meal. And on Wednesday, Feb. 4 from 12:30 to 2:30 p.m., find out about *Superfoods*. In **Sarnia**, at the NOVA Chemicals Teaching Kitchen, 1150 Pontiac Drive, on Wednesday, Jan. 7 from 9 to 11 a.m. and on Thursday, Jan. 8 from 1:30 to 3:30 p.m., the topic will be *Solutions for the New Year's Resolutions*. In February, learn about Heart Health on Monday, Feb. 2 from 1:30 to 3:30 p.m. and on Tuesday, Feb. 3 from 9:30 to 11:30 a.m.

Lab open daily during the week

The lab at the Shell Health Centre at 233 Cameron Street is open on week days from 7:30 a.m. to 11:30 a.m. for all residents of St. Clair Township.



United Way of Sarnia-Lambton exceeds 2014 campaign goal

The caring, generous nature of Sarnia-Lambton residents came through loud and clear last fall as the United Way of Sarnia-Lambton not only reached its 2014 campaign goal of \$1,920,000 goal, but exceeded it by \$30. 2014 Fundraising Campaign Chair Richard Kelch notes the total represents a 1.5 per cent increase over last year.

"This is a wonderful achievement. We set a realistic goal to meet the growing needs in our community and Sarnia-Lambton has generously responded," said Mr. Kelch.

The annual campaign encourages area employers and community members to build and strengthen Sarnia-Lambton by

bringing people and resources together to facilitate change in three focus areas: Healthy, Safe and Independent Seniors; Empowering and Strengthening Self-Sustaining Families; and Healthy, Resilient, Successful Children.

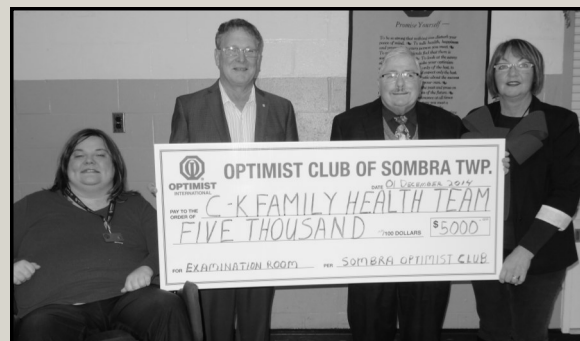
"Thank you to everyone who made United Way a priority this year helping us to raise this critical funding," said Mr. Kelch. "...We know that our work does not end here. There is still much to do, and we will ensure our donor dollars are at work in our community, solving problems and helping people."

For more information about the United Way, visit the Website at: www.theunitedway.on.ca

Santa Claus Parade lights streets of Corunna

The Corunna Santa Claus Parade lit the streets and the hearts of young and old alike as it made its way along Lyndoch Street on Nov. 29. The weather was perfect and a large crowd turned out along the parade route to enjoy the sights and sounds of Christmas. Before the parade, a panel of judges chose the best of the entries in categories including: Small commercial, Evolution Hair Studio; Large commercial, NOVA Chemicals; Best fire truck, Sarnia Street Machines; Community, Scouts & Guides.

Clockwise from right: *Santa greets the crowd that lined Lyndoch Street to welcome him to town. *For a glimpse of summer fun to come, the float promoting Corunna's annual Captain Kidd Days included the Captain himself along with a motley crew of mini buccaneers. *After the parade, the S.C.I.T.S. band kept the crowd entertained at the Corunna clock tower park. The congregation of All Saints Anglican Church made the church's social room available so the band members could stand warm and practice. The kitchen came in handy for the Corunna Horticultural Association to prepare the hot chocolate and goodies they served after the parade, right.



Sombra Optimists support local health care

The Optimist Club of Sombra Township recently presented a cheque for \$5,000 to the Chatham-Kent Family Health Team for use at its Wallaceburg site. The funds will help outfit an examination room. The donation is part of the fundraising committee's continuing effort to raise \$200,000 for the expansion of the Wallaceburg site which houses three doctors. On hand for the presentation, from left: Sombra Optimist President Carla Aarsen; C-K Family Health Team Fundraising Members Sheldon Parsons and Lyn Tapp; and Sombra Optimist Past President Johanne Leach.

Photo submitted

Get fit and feel great at the Mooretown Sports Complex

Did the holidays do terrible things to your waistline? Are the winter blahs setting in? Then get active this winter. It's possible, even if you face physical challenges that make walking outside difficult. Come to the Mooretown Sports Complex and participate in the many physical activities offered there. There are activities for every age and ability level. Don't put it off or you'll be putting those pounds on.

Spinning classes

Winter spin classes begin the week of January 5. Certified spinning instructors lead you through a great workout to improve cardiovascular endurance, muscular strength, and power. Classes are as follows: Monday, 5 to 6 p.m., Bikes & Bells with Diane; Monday, 7:15 to 8 p.m., Spin with Carol; Tuesday, 7:15 to 8 a.m., Spin with Carol; Tuesday, 7:15 to 8 p.m., Beginner Spin with Kathie; Wednesday, 5 to 5:45 p.m., Spin with Diane; Thursday, 7:15 to 8 a.m., Spin with Diane; Thursday, 7:15 to 8 p.m., Beginner spin with Kathie; Friday, 6 to 6:45 a.m., Spin with Carol; Friday, 9 to 10 a.m., Bikes & Bells with Diane. Classes are \$10 per drop-in session or \$60/10 week session.

Winter swim lesson

Winter swim lessons begin the week of Jan. 5. See registration information below.

Coming in February...

The February lineup at the Mooretown Sports Complex is heating up. Don't miss your chance to experience the rhythms and dance moves that will get you into great shape. Classes will include: Hip Hop for children ages seven to 13 years, Adult Hip Hop and Zumba combo, and Ballet for children ages 2 1/2 to 5 and ages 6 to 9.



Shallow & Deep Water Aerobics

Experience the rejuvenating power of water. Programs include a variety of exercises that target posture, muscular endurance, strength, cardiovascular, flexibility, and balance. Shallow water classes are Monday,

Wednesday, Friday from 10 a.m. to 11 a.m., Tuesday and Thursday from 8 p.m. to 9 p.m. Deep water classes are Monday and Wednesday from 8 p.m. to 9 p.m. Cost is \$6/class, \$5/class/senior, \$45/10 visit pass, or \$205/year, \$195/year/senior.



Water therapy

This program includes cardiovascular training, functional fitness, muscular endurance and strength, and balance and flexibility training with a goal of improved mobility. Classes are Tuesday and Thursday from 10 a.m. to 11 a.m. Cost is \$6/class, \$5/class/senior, \$45/class/senior or \$45/10 visit pass. Join any time.

Indoor/Outdoor

walking exercise program

The West Lambton CHC sponsors a walking exercise program every Monday and Wednesday morning from 9 a.m. to 10 a.m. Join any time.

Shinny Hockey rocks the rink

Adult shinny hockey sessions are held every Tuesday morning from 9 a.m. to 10 a.m. The cost is \$5 per person.

Family skating

Public Skate: Sundays 1 p.m. to 2:15 p.m. Cost is \$2.25/child, \$3.25/adult, \$6.50/family.

Parents, Tots & Seniors Skate: Free! Wednesday and Thursday from 1 p.m. to 2 p.m. beginning Sept. 10.

Lifeguard & Swimming Instructor courses

You can become a lifeguard and swimming instructor! For more information, contact us at 519-867-2651.

For more information or to register for a program listed above, call the Mooretown Sports Complex at 519-867-2651.

Poor Boy lunch benefits OCT

Operation Christmas Tree was the big winner as the Royal Canadian Legion Corunna Branch 447 hosted the annual Poor Boy lunch. As always, the Ladies Auxiliary put on a tasty lunch and attracted a full house even though the weather outside was snowing and blowing.



Photo by Bonnie Stevenson

Mooretown Junior Flags Bantam Ae team wins big at two great tourneys



The Mooretown Junior Flags Bantam Ae team have been on fire this season. Below: On Nov. 21-23 at the Strathroy Ae Olympics, the team came home after aching the tournament with a 5-0 record.

Left: On Nov. 28-30, the team played in the Regional Silver Stick Tournament in South Huron. *Beacon* correspondent Stacey Brown says, "The boys had their come face on right from the beginning when we played our rival, Petrolia, and beat them 4-0."

The second game against BCH yielded a score of 1-0 for Mooretown and the third, against Ilderton, ended in a 5-1 win.

In the semi-finals, the two games leading to the finals pitted Mooretown against Strathroy and Mt. Bridges against Petrolia. Mooretown triumphed once again and took on Mt. Bridges in the final game.

Mt. Bridges scored first, a move that Mr. Brown says made the Flags work harder throughout the game. In the third period, *Flag* Jason Heggie scored with just four minutes left in the game.

In overtime, play was a three-on-three contest over a 10 minute period. Mr. Brown says, "(Flag) Luke Houle skated up with the puck and shot a beauty into the top corner of the net." Mooretown won 2-1 for the top honours.

Mr. Brown reports that the team's next competition will be the International Silver Stick in Pelham. The Flags will be up against teams from all across North America.

Congratulations to the Mooretown Junior Flags Bantam Ae and best of luck for the rest of the season!



Lambton's affordable housing roster set to expand

Lambton County is advancing an initiative aimed at increasing the supply of local rental housing for households on, or eligible to be on, social housing wait lists. *Expressions of Interest to Develop Affordable Housing* are currently being called for and those who respond will be considered for funding opportunities through the *Canada-Ontario Investment in Affordable Housing for Ontario* program. In a media release, it was revealed that the County has received \$685,100 to fund year one of this six year program. Additional funding will be based on updated census data and will be provided once this data becomes available. Funding is provided as a forgivable loan that is available during

the construction phase of the project. This component will fund up to 75 per cent of the total capital cost per unit or \$150,000 per unit, whichever is less. Approved projects must remain affordable for a minimum period of 20 years. Affordability is defined as having rents for the project at or below 80 per cent of the Canada Mortgage and Housing Corporation's Average Market Rent.

For details, go online to www.lambtononline.ca, click on *Housing Services* under the *Residents* heading. Questions can be directed to: Kelly Hall, Manager, Housing Services, 519-344-2057, ext. 2041 or email: kelly.hall@county-lambton.on.ca

Community Contact

Lambton County Junior Optimist Club seeks new members

New members ages 10 through 18 are being sought for the Lambton County Junior Optimist Club. Members volunteer in the community and fundraise to put on their own programs and to donate to other youth programs. The club develops great ideas and will hold events in the coming months. All hours spent volunteering can be used toward members' volunteer hours at school. The club meets the first Monday of every month at 6 p.m. at the Courtright Community Centre. For more information, call Mary Lou at 519-862-3950.

Pennies for Pavement program

To help support the St. Clair River Trail, just drop off your spare change at the following locations: Shaykin Bait Variety or the Canada Post office in Port Lambton or the Pic-N-Pay in Sombra Village. Every penny will be matched 2:1 by St. Clair Township Council. Invest your pennies in the good health of your community.

Handyman/Handywoman Program helps seniors

Seniors who require help with household maintenance and minor repairs can call the United Way-funded Lambton Seniors Association (LSA) Handyman/Handywoman program. From yard work to minor household repair, house cleaning to snow removal, even shopping, a wide variety of services are offered at a reasonable cost. For more information, call the LSA at 519-339-8866 or 1-800-219-4717.

Even More Around The Township

From page 10

three-game guarantee. All divisions - the Women's 18 & Over, the Men's 19 & Over, and the Men's 35 & Over - will start on Friday evening. The deadline to enter will be March 10, 2015. The cost will be \$775 Can. or Am. Funds for the adult tournament weekend. Applications are available at: www.bluewatersharkshockey.com. For information contact: Ed Marcy, 519-344-8624, or Lance Marcy, 519-344-2205 or email: emarcy@sympatico.ca or lmarcy@cogeco.ca.

Connect with your community in The Beacon

If you have a non-profit or charity event or activity coming up in St. Clair Township, or if the event will benefit the residents of the township, promote it free of charge in The Beacon. The deadline for submissions is the third Monday of every month by 4 p.m. Please double-check each submission for accuracy before sending.

Email: beacon@twp.stclair.on.ca

TOPS group meets in Port Lambton

The Port Lambton TOPS weight loss group meets every Thursday night at the Port Lambton Community Hall. Weigh-in is from 5:30 p.m. to 6 p.m., with the meeting and fellowship held from 6 p.m. to 6:30 p.m. This support group is a good way to help you meet your resolution to get healthy and achieve your weight goals. For more information, call Margaret Ann at 519-677-5665 or just come out on Thursday nights. Everyone is welcome.

Weight loss group TOPS Corunna meets weekly

TOPS Corunna is a non-profit weight-loss group that meets every Tuesday at St. Andrew's Presbyterian Church on Colborne Street in Corunna. Weigh-in is 6:30 p.m. to 7 p.m. with a short meeting to follow. Drop in for the meeting or call 519-862-4119. All ages are welcome to attend.

Brander Park splash pad donations sought

The Brander Park Splash Pad Committee is still seeking donations for the project with contributions being matched by St. Clair Township. Donations are being gratefully accepted by contacting Anne at 519-677-1623 or going online to: <http://www.branderparksplashpad.com/donate.html>

Photo I.D. cards available

Anyone over age 16 who does not have a valid driver's license can obtain a government-issued photo I.D. card at the Corunna Motor Vehicle License office at 379 Lyndoch Street.

Flags attend SafeTALK program



The Ontario Hockey Association (OHA) is pleased to announce that the Mooretown Flags (Great Lakes Junior C Hockey League) players and staff recently took part in a program designed to get participants to think and interact with each other on the topics of suicide and suicide prevention. SafeTALK facilitator Cecilia Marie Flynn, centre front, took the group through a series of modules designed to promote an open discussion of these serious topics. The SafeTALK program was developed by LivingWorks.

Photo submitted

Even More Around The Township

From page 11

Feb. 14 when *Yuk Yuk's Comedy Tour* comes to Bogy's Inn, 2849 St. Clair Parkway (just north of Sombra village), for one night only. Tickets are \$30 per person and doors open at 7 p.m., with the show beginning at 8 p.m. The night will include raffles, draws, door prizes, and loads of laughter for everyone. This terrific show is sponsored by the Sombra Optimist Club. Advance tickets are available through any Sombra Optimist Club member or by calling Optimist Carla at 519-892-3536, Optimist Johanne at 519-677-5716, or at the Shaykin' Bait in Port Lambton.

Shamrock Country Jamboree in Brigden

Get your Irish on and come out to the Shamrock Country Jamboree at the Brigden Fairgrounds exhibition Hall on Sunday, March 8 at 1 p.m. Enjoy the music and dance, or just tap your toes. If you sing or play, bring your instrument and join the band. At 5 p.m., a ham and scalloped potato dinner will be served. Tickets for the meal are limited and will be sold at the door so come early. For more information go to www.brigdenfair.ca or call the fair office at 519-864-1197.

Indoor walking and fitness in Mooretown

Free indoor walking and fitness sessions are held at the Mooretown Sports Complex in Mooretown every Monday and Wednesday morning from 9 a.m. to 10 a.m. Please bring indoor walking shoes. For more information or to register please call 519-344-3017, ext. 237. The program is sponsored by the Moore Agricultural Society, West Lambton Community Health Centre, and Ontario's Community Health Centres.

Indoor walking and fitness in Brigden

Free indoor walking and fitness sessions are held at the Brigden Fairgrounds exhibition hall in Brigden every Tuesday and Thursday morning from 9:30 a.m. to 10:30 a.m. Please bring indoor walking shoes. For more information or to register please call 519-344-3017, ext. 237. The program is sponsored by the Moore Agricultural Society, West Lambton Community Health Centre, and Ontario's Community Health Centres.

Corunna Legion hosts open jam sessions

Open jam sessions will be held at the Royal Canadian Legion Corunna Branch 447 hall the last Saturday of each month beginning at 2 p.m. through May 2015. Everyone is welcome to attend, sit back and enjoy talented local musicians.

Messy Church Tuesdays at Brigden United

Messy Church is being held on the last Tuesday of each month through to June, 2015 (except December) from 5 p.m. to 6:30 p.m. at Brigden United Church. Come and join congregation members for a fun and messy evening of worship, crafts and supper. Children must be accompanied by an adult or grandparents.

Cribbage is played every Tuesday from 9:30 a.m. to 11:30 a.m. at Corunna United Church on Hill Street. Come out, test your skills, and enjoy a morning of fun.

Coffee club meets at Thompson Gardens

The Corunna Coffee Club meets at Thompson Gardens Monday to Saturday at 9 a.m. The club is open to everyone. Start your day with a good cup of coffee and some lively conversation.

Ongoing activities offered at Cruickshank Community Centre

Several ongoing activities take place at the Cruickshank Community Centre each week. These include: Euchre on Tuesdays at 7 p.m. costing \$3 per session which includes light refreshments; Scrabble on Fridays at 1:30 p.m. Everyone is welcome to join the fun playing the game or games of their choice. In addition, the monthly Book Club sponsored by the Corunna library meets the first Monday of each month.

Forever Fit classes in Sombra

The Lambton Elderly Outreach *Forever Fit* classes are held at the Sombra Community Centre on Mondays, Tuesdays, and Thursdays from 10 a.m. to 11 a.m. These classes are for anyone age 55 and over.

Forever Fit classes resume in Corunna

The *Forever Fit* classes for anyone 55 or over, sponsored by Lambton Elderly Outreach, have resumed at Thompson Gardens' Cruickshank Centre. Classes are held Monday, Wednesday, and Friday from 9:30 a.m. to 10:30 a.m.

Euchre played at Sombra Community Hall

Euchre will be held at the Sombra Community Centre on Fridays at 1p.m. on the following dates: Oct. 17, 24, 31, Nov. 7, 14, 21, 28.

Courtright Friendship Club plays cards

The Courtright Friendship Club plays euchre every Wednesday afternoon at 1 p.m. and Pepper every Friday evening at 7:30 p.m. at the hall located at 1533 Fourth Street in Courtright. Everyone is welcome to attend and try out their card skills.

Cribbage played at Corunna United Church

everyone. This terrific show is sponsored by the Sombra Optimist Club. Advance tickets are available through any Sombra Optimist Club member or by calling Optimist Carla at 519-892-3536, Optimist Johanne at 519-677-5716, or at the Shaykin' Bait in Port Lambton. This event is bound to sell out, so get your tickets early!

Sharks Recreational hockey tournament set

The 2015 Bluewater Sharks Adult Men & Women's Recreational Hockey Tournament is set for April 10 through 12 at the RBC Centre in Sarnia. There will be a

More Around The Township

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www.lambtonhealth.on.ca and click on *Classes and clinics*.

Cooking Buddies program in Port Lambton

The **Cooking Buddies** program for children ages six through 11 will be held at Sacred Heart Church, 464 John Street in Port Lambton on Wednesdays, Jan. 21, 28, and Wednesday, Feb. 4 from 6 p.m. to 7:30 p.m. Space is limited so register at 519-344-3017. The program is held in joint partnership with West Lambton Community Health Centre, All Saints Anglican Church, and Lambton Health Unit.

Scottish Ceilidh at Corunna United

The Corunna United Church Amicitia Club will host a Scottish Ceilidh on Friday, Jan. 23, 2015. The event will include a roast beef dinner and music by Christine Storey and Friends. This event replaces the Robbie Burns Night that has been held for the past 27 years. The cost is \$25 per person. Tickets are available by contacting Ken at 519-344-8626.

Annual Sombra Optimist euchre tourney set

The annual Euchre Tournament sponsored by the Optimist Club of Sombra Township is set for Saturday, Jan. 24 at the Port Lambton Community Hall. Registration begins at 11 a.m. and the tournament starts at noon sharp. The cost is \$20 per team. To register your team, please contact Optimist Shani Knight at 519-627-9108 or 519-358-3188.

Sombra Museum lecture series set

The popular Sombra Museum monthly lecture series continues in 2015 on Tuesday, **Jan. 27** from 7 p.m. to 9 p.m. Jerry Hind, creator of the *Gathering Our Heroes Website*, will speak about the *Gathering Our Heroes project*. The project's goal is to compile all of the names and stories of the WWII and WWII veterans from Chatham-Kent and make them available on a Website to provide accessibility to everyone through the Internet. On Tuesday, **Feb. 24** from 7 p.m. to 9 p.m., enjoy *Our History, Our Heroes: Fighting Wars to Farming Fields in Lambton County*. (Please note the topic of this lecture has changed.) And to complete the lecture series on Tuesday, **March 31** from 7 p.m. to 9 p.m., enjoy a presentation by Sue and Jim Waddington who, over the past 37 years, have located and photographed over 450 places sketched by the painters of Canada's best-known and initially con-

troversial group, the *Group of Seven*. View locations made famous by Canada's art rebels, who rendered many fascinating locations using their intriguing and forward-thinking Expressionist technique. The series will be held in the meeting room at the Sombra Museum Cultural Centre, corner of Smith Street and the St. Clair Parkway. The cost is \$10 per lecture, \$25 for three lectures, and \$50 for all lectures. Student pricing is \$7 per lecture, \$16 for three lectures, or \$35 for all lectures. Tickets and more information are available by calling 519-892-3982 or e-mailing: sombramuseum@hotmail.com. *Don't forget to check out Sombra Museum on Facebook and Twitter.*

Cooking Buddies program in Corunna

The **Cooking Buddies** program for children ages six through 11 is being held at All Saints Anglican Church, 178 Hill Street, on the last Thursday of every month to April, 2015 from 6 p.m. to 7:30 p.m. Space is limited so register at 519-344-3017. The program is held in joint partnership with West Lambton Community Health Centre, All Saints Anglican Church, and Lambton Health Unit.

Corunna Soccer plans indoor skill sessions

The Corunna Soccer season is at an end, but there's no need for kids to let their skills get rusty. The 2015 season of Indoor Skill training will be held at St. Joseph's School in Corunna beginning Jan. 29, 2015 and run on Thursday evenings until March 26 (except if school is cancelled or is not scheduled). Ages 6 through 9 will play from 6:15 p.m. to 7 p.m. and ages 10 through 12 will play from 7 p.m. to 7:45 p.m. Registration will cost \$40 and can be done on the first night of the session. Registrations can also be submitted by mail to: P.O.Box 1409, Corunna, Ont. at any time or on Feb. 5 at skills.

Valentine's Country Jamboree slated

Treat your sweetheart to the *Valentine's Country Jamboree* at the Brigden Fairgrounds exhibition hall on Sunday, Feb. 8 starting at 1 p.m. Admission is just \$2. For those who sing or play an instrument, come out and join the jam. At 5 p.m. a ham and scalloped potato dinner will be served. Tickets for the dinner are limited and will be available at the door so come early. For more information call the Brigden Fair office at 519-864-1197.

Sombra Optimists present Yuk Yuk's Comedy Tour

Give your Valentine the gift of laughter on Saturday,

See Even More Around The Township, page 10

Mooretown Flags scheduled home games and M.M.H. tournament dates

The Mooretown Flags' **regular season home schedule** continues as follows: Saturday, Jan. 3 at 7:30 p.m. against Wheatley; Saturday, Jan. 17 at 7:30 p.m. against Amherstburg; Saturday, Jan. 24 at 7:30 p.m. against Dresden; and Saturday, Jan. 31 at 7:30 p.m. against Alvinston.

The second Mooretown Minor Hockey Tournament is set for Nov. 27-30.

Around The Township

6th Alzheimer writing contest underway

The 6th Annual Alzheimer Society Sarnia-Lambton Writing Contest is underway. The event is aimed at raising awareness about Alzheimer's and raising money for the Sarnia-Lambton chapter. This year's challenge is to write a letter to your past or future self, write to a loved one, a pet, a stranger, a caregiver, anyone you wish. The contest is open to all ages and cash prizes will be awarded. A \$20 entry fee applies for entrants age 18 and older. The deadline for contest entries is April 30, 2015. Contest rules can be found on the chapter's Website at: www.alzheimer.ca/sarnialambton. For more information, call Shannon at 519-332-4444. The contest is sponsored by: Rotary Club of Sarnia, Fairwinds Lodge, Haines Printing, Music for Young Children, Organization for Literacy in Lambton, Need to Read Festival, the Book Keeper, the County of Lambton, Margaret Bird, and Mark Braun Technical Recruitment Services.

Donations sought for Cinderella Story

The 6th Annual Cinderella Story of Sarnia-Lambton Prom Dress Drive will be held from Jan. 5 through 18. Dresses must be clean and on a hanger. They can be short or long, in all sizes, and must be 2011 or newer. The dresses can be dropped off at: Libro Credit Union, Agoya Fitness, Blackburn Radio/FOX-FM in Sarnia, or the Sarnia Lambton Business Development Corporation. Please remember that dresses must be suitable for girls in Grades 8 through 12. Unsuitable dresses cannot be accepted. More about this program can be found online at: www.cinderellasarnia.org

Euchre played at Sombra Community Hall

Euchre will be played at the Sombra Community Hall on Fridays at 1 p.m. on the following days: Jan. 9, 16, 23, 30; Feb. 6, 13, 20, 27; March 13, 20, 27; April 10, 17, 24.

Junior Optimist Family Movie Night slated

The Lambton County Junior Optimist Club will hold the first *Family Movie Night* at the Courtright Community Centre on Saturday, Jan. 10 from 6 p.m. to 8 p.m. There will be popcorn, juice and pop available for a cash donation. This event is open to the whole family from tots and teens to mom and dad. Come dressed in your pjs if you want to and bring your favourite blanket. For more information, call Mary Lou at 519-862-3950. **NOTE:** *Movie Night is being held instead of the dance that was originally scheduled.*

Winter Wonderland Jamboree in Brigden

Start the New Year off right at the Brigden Fairgrounds exhibition hall with the *Winter Wonderland Jamboree* on Sunday, Jan. 11 starting at 1 p.m. Admission is just \$2. Clap your hands, snap your fingers, or set your toes dancing, or just listen to some great music by local musicians. For those who sing or play an instrument, come out and feel free to join the jam. And at 5 p.m. a ham and scalloped potato dinner will be served.

Tickets for the dinner will be available at the door so come early. For more information call the Brigden Fair office at 519-864-1197.

Mayflower Rebekah Lodge to host dinners

The Mayflower Rebekah Lodge will serve a series of dinners at the Cruickshank Centre (Thompson Gardens) in Corunna at 5:30 p.m. on the following Thursdays: Jan. 15, Feb. 12, March 12, April 9, May 7. The dinners replace the lodge's previous lunch and card party events. The cost will be \$12 per person. *(Please note that these dates have been changed from the original notice.)*

Brigden Optimist Youth Dance planned

The Brigden Optimist Club will host a Youth Dance at the Brigden Community Hall on Friday, Jan. 16 from 7:30 p.m. to 10 p.m. for students in Grades 4 through 8. Admission is \$4 per person. Pop will cost \$1 and chips will cost \$0.50. The event will include the Limbo, a spot dance, and dance-offs.

Annual General Meeting of MAS

The Annual General Meeting of the Moore Agricultural Society will be held on Saturday, Jan. 17 in the Brigden Fair exhibition hall at the Brigden Fairgrounds. The event will begin with a potluck supper at 6:30 p.m. with the meeting to follow.

Girls On The Move program offered

The Optimist Club of Sombra and the Port Lambton Athletic Association will sponsor *Girls On The Move*, a six-week program for girls in Grades 6, 7 and 8. The program begins Wednesday, Jan. 21 at 6:30 p.m. It offers a variety of activities including yoga, dance fit, strength training, resilience-building, and nutrition education. The weekly sessions are led by community volunteers. The cost is \$20. For more information or to register, call Jana at 519-677-5421 or Rose at 519-677-5924.

Parenting sessions offered

Lambton Public Health is offering free parenting sessions throughout Lambton County this season. In Corunna at the Corunna Best Start Child and Family Centre (St. Joseph Catholic School, 535 Birchbank Drive) on Wednesday, Jan. 21 from 1:30 p.m. to 3 p.m. a *Sleep Workshop* will be offered. The workshop is geared to issues in children from birth up to the age of 12 months. And in Sombra at the Sombra Township OEYC satellite site and Best Start Hub (Riverview Central School, 3926 St. Clair Parkway, Port Lambton) the topic will be *Building Resilience in Young Children*. The session is set for Tuesdays, March 24 and 31 from 9:30 a.m. to 11 a.m. To register call 519-892-3151. Space is limited and many sessions offer free childcare for children up to age 6. For more information about times and dates, call 519-383-8331, ext. 3568, toll-free at 1-800-667-1839, or go online to