



The St. Clair Township

BEACON

Issue 4

Volume 7

April 2014



Brigden Fair awarded *Fair of the Year* for 2013 at Fair Convention



If you think last year's Brigden Fair was one of the best ones you'd ever been to, you're not alone. At the recent Fair Convention in Toronto, the Brigden Fair 2013 received the *Fair of the Year 2013* award from World's Finest Fairs, the company that operates midways at fairs across the province. On hand to receive the award were 2013 Fair President Bill

Myers and 2013/14 Fair Ambassador Kaitlynn Anderson.

Photo submitted

Anyone interested in helping to make the fair even better in 2014 can volunteer or become a member of the Moore Agricultural Society. Call the fair office at 519-864-1197 or info@brigdenfair.ca for more information.

Tough budget year means tough decisions for council

By Mayor Steve Arnold

As in past budget years, this one has been a tough one. Water and sewer rates will remain unchanged from 2013, but it is anticipated that taxes will increase by \$5 per \$100,000 of assessment due to this budget cycle. We have faced an 8.2 per cent increase in OPP costing, the continued loss of assessment because of the Lambton Generating Station's closure and the provincial off-coal strategy, and an additional loss of revenue from the OMPF Ontario Municipal Partnership Fund. Although we are pleased with the building of new industrial facilities in the

See Tough, page 3

No matter where you are, read *The Beacon* online at:
www.twp.stclair.on.ca - click on "Beacon"

INSIDE

Municipal Notes.....	2
Election Information.....	3
Heritage Corner.....	4
Mooretown Sports Complex.....	5
Community Contact.....	6
Local Library Schedules.....	8
Around the Township....	10, 11, 12

Contact The Beacon at:
beacon@twp.stclair.on.ca



Municipal Notes

The Lambton Children's Safety Village Committee attended council on March 3 to provide updated information on the status of the project. Committee Co-Chair Mary Ann Buntrock says the group is being incorporated on the advice of their lawyer and other safety village committees in the province.

A major fundraising push is planned and the site plan for the village will soon be done, says Ms. Buntrock. The committee believes the village will be up and running by Dec. 2015.

Ms. Buntrock noted the estimated cost of the safety village has

Children's Safety Village now incorporated



been set at \$1.5 million and \$100,000 has already been raised.

The Lambton Children's Safety Village teaches safety in all facets of the student's life, from farm and bicycle safety, to first aid and fire safety, street proofing, Internet safety, drug awareness, and much more. All subjects are taught by experienced and knowledgeable educators including: police; fire; EMS; CNR police; Lambton County Community Health Services Department; Bluewater Power, the Red Cross, and the farming community.

Thousands of children are injured or killed every year in accidents or while engaged in risky activities. The Lambton Children's Safety Village strives to give students the knowledge and skills they need to avoid or reduce their chances of a trip to the emergency room or worse.

Council meeting schedule

Meetings of St. Clair Township Council are held every first and third Monday of the month (unless otherwise stated) at the St. Clair Township Civic Centre, 1155 Emily Street in Mooretown. April, 2014 council meetings are slated for: Tuesday, April 15 at 6:30 p.m. and Tuesday, April 29 at 5 p.m. following the Committee of the Whole meeting at 3 p.m. Anyone wishing to address council should call the municipal office at 519-867-2021.

Mayor Steve Arnold elected chair of SCRCA

Mayor Steve Arnold was elected chair of the St. Clair Regional Conservation Authority during the SCRCA annual meeting in February. During that meeting, the board voted to accept the 2014 budget of \$6,242,159. Three awards were also handed out to: Sydenham Field Naturalists for their extraordinary effort raising funds for the purchase of Peers Wetlands; Karen and Doug Opperman, campground hosts at Lorne C. Henderson Conservation Area since 2000, for spearheading fundraising efforts that helped support the purchase of new equipment, new facilities, and programs. Their efforts have added greatly to the quality of camping experiences in the park; and Brendan Martin, who worked on a volunteer basis during 2013 with the biology staff as an intern, accumulating over 120 hours of work in just three months. He is Biology student at the University of Guelph. Brendan did a great deal of independent work on a number of projects and produced high quality written reports, data analysis, and graphic design products. He worked with other staff as well as the Strathroy-Cardoc Museum, where he helped create interpretive materials to go with an aquarium

Public input sought on road use agreement

Public input is being sought regarding the proposed Road Use Agreement between the Corporation of the County of Lambton and Jericho Wind, Inc., a subsidiary of NextEra Energy Canada, ULC.

The draft agreement is for the placement of infrastructure associated with the Jericho Wind Energy Centre within the Lambton County road allowance. The proposed Road Use Agreement and associated feedback form are available by clicking on the *Renewable Energy Projects* tab at: www.lambtononline.ca or by contacting Lambton County Public Works Manager Jason Cole at 519-845-0809, ext. 5370, or jason.cole@county-lambton.on.ca

The public review period will be open until May 4, 2014.



St. Clair Township 2014 Property Tax Due Dates

The 2014 Interim Tax due date is May 7, 2014

The Interim Tax Notices were mailed out on the first week of February, 2014.

Most chartered banks and financial institutions will accept payment of your current taxes on or before the due date (any bank charges will be the responsibility of the ratepayer.)

Tax payments by cheque can be mailed to the return address provided on the tax notice.

The following methods of Tax and/or Water payments may be utilized:

- Automatic Bank Machines
- Telephone and Internet payments through bank
- Payment at most financial institutions
- Post-dated cheques
- Counter services, cash, cheque or debit
- Mail the payment or use the drop box at:

St. Clair Township Civic Centre
1155 Emily Street
Mooretown, Ontario
N0N 1M0

Pre-authorized payment plans
are also available and encouraged.

St. Clair Township Tax Department
519-867-2024

St. Clair Township Election 2014

In the coming months leading up to the October 27, 2014 municipal election, *The Beacon* will include a candidate statement as each new candidate files nomination papers. Our intention is to help St. Clair Township residents gain a sense of what the prospective candidates stand for and their expectations for their term in office if they are elected.

Candidates registered to date include: Steve Arnold (Mayor); Darrell Randell (Councillor); Peter Gilliland (Deputy Mayor).

Candidate statement

Peter Gilliland is running for re-election to the position of Deputy Mayor. He says, "When people think of Municipal Council, they usually relate to taxes. However, challenges of the township also involve maintaining infrastructure, for example, roads and bridges. Inflation, insurance, and police costs all add to this challenge. Reduction of funding from senior Government for services carried out by Municipalities because we are better able to do these adds to the problem.

We are well-positioned with recent updated services, such as sewer and water, to accommodate the next wave

of industry and the increased housing that will improve our overall assessment.

I look forward to the next term to

work with our Mayor, Council, and all our service groups and volunteers to take this township forward.

St. Clair Township Election webpages

To keep St. Clair Township residents supplied with up-to-date election information, two new webpages have been developed. They can be found under the St. Clair Township Website or accessed at:

General information: http://www.twp.stclair.on.ca/2014_election.htm

Candidate list: <http://www.twp.stclair.on.ca/candidates.htm>



2014 Municipal election registration

Municipal Election Day in Ontario is set for Monday, Oct. 27, 2014.

Nomination papers may be filled out at the St. Clair Township Civic Centre any time during normal office hours until Thursday, Sept. 11, 2014 from 9 a.m. to 2 p.m.

Nominations are subject to a \$100 fee for a position as a member of Council or a School Board Trustee, and \$200 for the position of head of Council.

Nomination papers for the following positions may be filed in person with the Clerk of the Township of St. Clair:

Township of St. Clair

Mayor	1
Deputy Mayor	1
Council Members - Ward 1	3
- Ward 2	2

Boards of Education:

English Language - Lambton Kent District School

Central Lambton:1 Trustee

English Language - St. Clair Catholic District

South Lambton / East Kent1 Trustee

Inquiries can be directed to: St. Clair Township Clerks Department
St. Clair Township Civic Centre
1155 Emily Street, Mooretown
519-862-2021

Clerk John DeMars

Tough 2014 budget decisions

From page 1

township, those positive budget impacts will not be seen for a couple of years. Capital continues at the same levee with a number of municipal buildings needing roof replacements. A new fire truck/tanker pumper will be purchased for the Wilkesport fire station and the Public Works department requires a new tandem drive truck complete with snow removal equipment. Work on the Brigden Side Road will be completed this spring and the Parkway south of Courtright will be completed in this budget, as well as money for reserves on the Stanley Line bridge and a number of major drain projects.

**ST. CLAIR
TOWNSHIP
ONLINE**

For the latest information about St. Clair Township, its departments and associated services, go online to: www.twp.stclair.on.ca



HERITAGE CORNER



Wurlitzer band organ will announce the 2014 Sombra Museum season



To celebrate the season opening of the Sombra Museum in Sombra Village, a

vintage Wurlitzer band organ will be making musical stops along the St. Clair Parkway from Sarnia down to Port Lambton. The machine is one of the rarest of the Wurlitzer band organs, with only six known to have been made.

Made in Tonawanda, New York, the organ was purchased by C.W. Parker, a Kansas carousel dealer, in 1916, and it was

used to provide music on a carousel.

The instrument was restored by E. Krause in 1986 and it is now owned by Gerry Koolen pictured above with this traveling Wurlitzer. The organ's journey down the parkway, consisting of six stops, will happen on Saturday, May 17.

Details will be available in The Beacon when the schedule is set.

Sombra Museum seeks WWI items

World War I items, memorabilia or stories are being sought for the Sombra Museum's new exhibit to commemorate the 100th anniversary of "the war to end all wars". Call 519-892-3982 for more information.



Have you seen this cup's mate?

The Moore Museum is looking for the male version of this tea cup. The cups were offered as a promotion for the Lipton Tea Company in the 1950s. The male cup is winking with the opposite eye from the female cup. If you or anyone you know has the partner cup and would be interested in donating it to the museum, please call 519-867-2020.



"Have you seen my mate?"

Get in shape now the at Mooretown Sports Complex

Spring 2014 Swim Lesson session

Whether you want to learn to swim or improve your technique, you can do it at the Mooretown Sports Complex. Spring 2014 swim lesson sessions will begin the week of April 7. Register now.

Spinning classes - NEW!

Join the certified spinning instructors for a great workout that improves cardiovascular endurance, muscular strength, and power. Call 519-867-2651 for more information.

Restore yourself with Yoga

Experience the calming, restorative powers of Yoga. Classes are held Tuesday and Thursday evenings from 6 p.m. to 7 p.m. at a cost of \$60 for 6 weeks.

Shape up with Muscle Mix

It's time to get into the best shape of your life. Mix it up with a powerful workout that will remind you of how great it feels to work those muscles. Classes are Monday and Wednesday from 6 p.m. to 7 p.m., and Tuesday and Thursday from 9 a.m. to 10 a.m. The cost is \$4.50 per class, \$45 for a 12-visit pass, or included with your regular membership.

Memory Loss - What is normal and what is not?

Join us for this informative seminar presented by Dr. Vandana Bhargava from West Lambton Community Health Centre. There is no charge for this program, but you must contact the Mooretown Sports Complex to register or

for more information.

Arena floor use

Are you interested in starting a children's, men's or ladies' ball hockey, inline hockey, or lacrosse league? The staff at the Mooretown Sports Complex can help by taking names of those who are interested in playing so that you can organize your league. Contact us at 519-867-2651 for more information and available times.

Moore Skate Club Carnival

The Moore Skate Club will host its annual skate carnival on Saturday, April 12 with a show at 2 p.m. and a show at 7 p.m. Enjoy the show as club members use their skills and talent to entertain and amaze. For more information, go to www.moore skateclub.ca.

Fitness centre

The fitness centre is ready to help you work towards the good health and fitness level you've always wanted. You can work out, swim, and enjoy the sauna and a relaxing soak in the hot tub. Call the Mooretown Sports Complex for more information.

For more information or to register for a program listed above, call the Mooretown Sports Complex at 519-867-2651.

St. Clair Parkway Golf Course will open soon.

Watch for the opening announcement at www.stclairparkwaygolf.com



Novice TriCounty Storm triumph at March tourney

The Mooretown Novice TriCounty Storm were undefeated at the Simcoe Comfort Inn Tournament in March. The team took the tourney 5-0-0, winning the final game against Ingersoll Express by an impressive score of 10-1. The team scored 46 goals in total and allowed only three during play against Simcoe, Ingersoll, Cayuga, and Caledonia.

The happy team, shown here, includes, rear left: Coaches Ian Snedden, Jeff Sterling, and Brent McManus. Second row left: James Snedden, Charlie Brander, Ryder Avery, Cruz Clements. Kneeling left: Jayden Dewhirst, Nolan Devine, Steven Switzer, Colin Haskins, Caleb Mesko, Maddox Bois, Keegan Hornbostle. Goalie: Jackson Sterling.

Photo submitted



St. Clair River treats bird lovers to a wonderful winter of bird-watching

Information from Darryl Nethercott, Friends of the St. Clair River

The St. Clair River has been a playground for thousands of aquatic birds this winter, as well as one or two larger species of our winged friends.

Darryl Nethercott of *Friends Of The St. Clair River* writes that a total of 29 eagles were counted during Lambton Wildlife's Downriver Duck Tour. In addition to these huge birds of prey, a few rare species made a unexpected appearances along the length of the river, including a female Harlequin duck, a single Ross's Goose, a female King Eider, a Snow Goose, and a red-necked Grebe. A few lucky people even spotted Snowy Owls out on the river ice in various locations.

The regular winter visitors were here in profusion as well. Mr. Nethercott says the list includes: all three species of Merganser; Common

Goldeneyes; Buffleheads; Mallards; Black Ducks; Redheads; Canvasbacks; Greater Scaups; Gadwalls; and Ring-Necked Ducks. A few tundra swans joined the mute swans near Sombra. And the warm water of Talfourd Creek provided a hospitable habitat for a Great Blue Heron, a Double-Crested Cormorant; and a Belted Kingfisher in January.

Although many of the Bald Eagles that thrilled bird-watchers this season are now on the way to their summer nesting grounds, the bird-watching is still great. All it takes is a pair of binoculars and some time to relax and enjoy the abundance of birds who call the St. Clair River home.



Bald Eagle on the hunt.

Photo by Bonnie Stevenson

Community Contact

Study of The Bible underway in Sombra

The congregation of St. Clair Community Church invites anyone who doesn't already regularly attend church to join them for *The Story*, an on-going study of The Bible. The 31-week series began in mid-March and consists of two services per month dedicated to this study. Sunday services are held at the Sombra Community Centre beginning at 10 a.m. For more information and a schedule of *The Story*, go online to: www.stclaircc.ca.

Brander Park splash pad donations sought

The Brander Park Splash Pad Committee is working hard to raise funds for the new splash pad that will provide lots of summer fun for years to come. Well over half of the \$200,000 cost has already been raised and St. Clair Township is matching all contributions. Donations are being gratefully accepted by contacting Anne at 519-677-1623 or going online to: <http://www.branderparksplashpad.com/donate.html>

Weight loss group TOPS Corunna meets weekly

TOPS Corunna 5056 branch is a non-profit weight-loss group that meets every Tuesday at St. Andrew's Presbyterian Church on Colborne Street in Corunna. Weigh-in is at 6:30 p.m. to 7 p.m. with a short meeting at 7 p.m. Drop in for a meeting or call 519-862-2185 or 519-862-4119. Everyone is welcome.

TOPS group meets Thursdays in Port Lambton

The Port Lambton TOPS weight loss group meets every Thursday night at the Port Lambton Community Hall. Weigh-in is from 5:30 p.m. to 6 p.m., with the meeting and fellowship held from 6 p.m. to 6:30 p.m. This support group is a good way to help you meet your resolution to get healthy and achieve your weight goals. For more information, call Margaret Ann at 519-677-5665 or just come out on Thursday nights. Everyone is welcome.

Sombra farm stories are the subject of new book

Sombra Farms, Volume One, is now available for purchase at the Sombra Museum. The book documents 17 family stories about the early days of farming in Sombra Township. To contact the Sombra Museum about this book, call 519-892-3982.

Voice your concern over school issues

Your child's school experience is crucial to his or her future. Anyone who has concerns or comments about local school issues can contact local school trustee Judy Krall at 519-882-1055 or via email at: jkrall@ciaccess.com.

Photo I.D. cards available

Anyone over age 16 who does not have a valid driver's license can obtain a government-issued photo I.D. card at the Corunna Motor Vehicle License office at 379 Lyndoch Street.

Pennies for Pavement program

Don't let spare change weigh you down. Donate it to the St. Clair River Trail Committee and let it make a difference when it helps fund the trail's upkeep and maintenance. Please drop off your spare pennies (and other spare jingly coins) at the following locations: Shaykin Bait Variety or the Canada Post office in Port Lambton or the Pic-N-Pay in Sombra Village. Every penny will be matched 2:1 by St. Clair Township Council. Invest your pennies in the good health of your community.

Handyman/Handywoman program helps seniors

Seniors who require help with household maintenance and minor repairs can call the United Way-funded Lambton Seniors Association (LSA) Handyman/Handywoman program. From yard work to minor household repair, house cleaning to snow removal, even shopping, a wide variety of services are offered at a reasonable cost. For more information, call the LSA at 519-339-8866 or 1-800-219-4717.

Corunna volunteer recognized with award



Ron Skreptak has been an active community volunteer for many years. During that time, he has contributed his time, energy and leadership to the Optimist Club of Moore and was a driving force behind Operation Christmas Tree for many years as well.

An on-going venture for Ron has been his 17-year service with the Corunna Community Policing Committee (CCPC). He served as secretary or co-chair for a total of about four years and as chair for seven years. He spearheaded the creation of the annual Bicycle Rodeo and the Shred-It event. **Above: Ron, right, receives an Award For Service from the CCPC, presented by OPP Cst. P.J. Primeau.**
Photo submitted

Children's Safety Village seeks fundraiser

The committee of the Children's Safety Village, which is slated for construction in Mooretown to promote and teach safety to the children of Lambton County, is looking for a professional fundraiser. The committee is hoping the fundraiser will work on a volunteer basis, but for the right candidate, a contract would be considered. Knowledge of Lambton County is a necessity.

Anyone interested in this position is asked to email: web.mab@ebtech.net.



All Saint's Parish marks retirement of Reverend Canon Nick Wells

A familiar and much-loved face within All Saint's Parish recently marked his retirement by sharing a sumptuous retirement lunch with 175 congregation members and other friends.

Reverend Canon Nick Wells began as a Deacon at St. Aiden's in London in 1984. He presided over Christ Church in Port Stanley from 1984 to 1988 before becoming the Director of Huron Church Camp and Youth Services for the Diocese of Huron from 1988 to 1994. In 1994, he served at Christ Church in Forest and St. John's in Kettle Point until 2004, when he brought his smiles, his wit, and his dedication to Christ Church in Corunna and All Saint's in Sarnia. Since then, the churches have amalgamated to become All Saint's Parish.

During the luncheon, Canon Wells spoke about his ministry and was presented with mementoes from the Prayer Shawl Group, Bible Study, A.C.W., and the Parish. In closing, he delivered a final blessing.

Canon Wells will be moving to St. Thomas where he will remain active in the Diocese. He will also have more time to devote to his passion for re-enactment. He has been a member of The King's Company of Historic Re-enactors for 23 years and he has portrayed such notable historic figures as Col. Talbot and Malcolm Cameron. He recently participated in the Battle of Longwoods 200 year Celebration event.

Rev. Canon Stephen Harnadek, who joined All Saints Parish two years ago, will continue as Rector of All Saints Sarnia and Corunna.

The Beacon wishes Canon Wells a long, healthy and rewarding retirement. May all of his battles be historic re-enactments.



Reverend Canon Nick Wells with Rector's Warden Natalie Beer, standing, and People's Warden Ann Pearce at his retirement luncheon.

Photo by Bonnie Stevenson

Prom Dress Boutique

The Cinderella Story
Sarnia-Lambton

www.cinderellasarnia.org
519-864-1161

Friday, April 11 -
5:30 - 9 p.m.
Saturday, April 12 -
10 a.m. - 2 p.m.

Every girl should have a Cinderella Story of her own to tell. For the fifth year, *The Cinderella Story Sarnia-Lambton* will be making it easier for every girl to have those magic Cinderella memories to keep.

A lovely selection of dresses, shoes, accessories and more will be available at **no cost** to potential Cinderellas at the Sarnia Lambton Business Development Corp., 109 Durand Street (corner of Christina Street across from McDonald's).

Online registration for this event is recommended for this popular program.

Lambton Eats Locally food game available online

Lambton County has begun the implementation of its new Integrated Community Sustainability Plan with the production of an online community engagement game, *Lambton Eats Locally*. The game can be found at: https://communityplanit.org/lambton_eats_local/

The game is also available through the County's Website: www.lambtononline.ca - click on "Government" - then click on the "Sustainable Lambton" tab.

**Beacon
Bits**

**The hardest thing in the world to
understand is the income tax.**

-Albert Einstein, physicist

Licensed childcare registry simplified

Any parent who has ever sought trusted, licensed childcare will be relieved to hear that Lambton County is making the process more convenient with its **OneList** program. OneList is an online, centralized childcare application and information service developed in tandem with One Human Services Network. The application simplifies the process of applying for childcare or getting onto a waiting list.

OneList provides users with the opportunity to research childcare providers and the type of care they offer, and apply simultaneously to multiple licensed childcare providers. The application can be accessed and modified at any time as needs change, and it provides maps of childcare programs near the client's home or place of business.

This online service operates through a highly secure Website that ensures a client's privacy. It also offers information about the childcare fee subsidy program.

Clients can access OneList by visiting: www.LambtonOneHSN.com

For support, call 1-888-722-1540 or email: support@onehsn.com

Library calendar of events for April 2014

It's time to spruce up your home and the place to start is at your local Lambton County Library branch. There are resources available to help you plan whatever DIY project you have on the go. Residents can sign into the library's online catalogue at www.lclibrary.ca to reserve copies of books they seek and have them sent to your local library branch. Resources are also available at that online address under "eLibrary/eResources" and you can find the latest magazine issues online with "Zinio". Just see your local branch staff member to set up a free account.

St. Clair Township April Library Listing

Brigden: *Tales for Tots*, up to age 3 with caregiver-pre-register - Wednesdays, April 2, 9, 16, 23 from 10 to 11 a.m.; *Book Club*, adult, pre-register - Wednesday, April 30 at 7 p.m.

Corunna: *Tales for Tots*, up to age 3 with caregiver, pre-register - Monday, April 7; *French Story Hour*, preschool, drop-in - Wednesdays, April 2, 9, 16, 23, 30 from 10:30 to 11:30 a.m.; *Easter Time crafts*, ages 4-9, pre-register - Saturday, April 12, from 2 p.m. to 3 p.m.; *Teen Book Club*, drop-in, Tuesday, April 8 from 6:30 to 7:30 p.m.; *Thompson Gardens Book Club*, seniors, pre-register - Monday, April 7 (for adults living at Thompson Gardens and in surrounding area); *St. Clair Photography Club*, adult, pre-register - Monday, April 7, from 6:30 to 8 p.m.; *Adult Book Club*, pre-register - Monday, April 28 from 6:30 to 8 p.m.

Courtright: *Tales for Tots*, up to age 3 with caregiver, pre-register - Thursdays, April 3, 10, 17, 24; *Alzheimer Information Session* with Ann Martin, adult, drop-in - Thursday, April 3 from 2:30 to 3:30 p.m.; *Book Club*, adult, drop-in - Wednesday, April 16 from 7 to 9 p.m.; *Dye a Silk Scarf*, adult, pre-register - Tuesday, April 22 from 6 to 8 p.m. (material costs \$10).

Mooretown: *Saturday Morning crafts*, children, drop-in - Saturday, April 19 from 10 to Noon.

Port Lambton: *Lego Mania*, ages 6 and up - Saturdays, April 5, 12, 19, 26.

Sombra: *Tales for Tots*, up to age 3 with caregiver, drop-in - Wednesdays, April 2, 9, 16, 23 from 10:30 to 11 a.m.; *TAG meeting*, teens, drop-in - Tuesday, April 22 from 6 to 8 p.m.

Wilkesport: *Easter craft*, children, drop-in - Thursday, April 17 from 6 to 7 p.m.; *TAG*, teens, pre-register - Wednesday, April 2 from 6 p.m. to 7:30 p.m.; *Games Day*, teen, drop-in - Wednesday, April 9 from 6 to 7:30 p.m. (X-Box and traditional board games).

Please note that all library branches are CLOSED on Friday, April 18, Sunday, April 20, and Monday, April 21.

Local Ontario Early Years Satellite Sarnia-Lambton locations

The OEYC Sarnia-Lambton is a **free** family drop-in program operated by Sombra Township Child Care Inc. It is part of the Ontario government's commitment to families with children ages 0 to 6 years of age. This program provides a learning environment in which parents and children can interact and learn from each other.

Best Start Hub - Riverview Central School

3926 St. Clair Parkway, Port Lambton - 519-892-3151

Hours of Operation

Monday, Tuesday, & Thursday: 9 a.m. to 11:30 a.m.

Best Start Hub - St. Joseph's School, Corunna

535 Birchbank Drive, Corunna - 519-862-5071, ext. 224

Hours of Operation

Monday: 9 a.m. to 11:30 a.m.

Wednesday: 9 a.m. to 11:30 a.m. & 1 p.m. to 3:30 p.m.

Friday: 9 a.m. to 11:30 a.m.

Brigden United Church

2420 Jane Street, Brigden - 519-892-3151

Hours of Operation

Friday: 9 a.m. to 11:30 a.m.

All OEYC programs are free of charge. For a complete listing of hours and parent/caregiver workshops, go online to: www.ontarioearlyyears.ca.

Make it your business to be prepared for fire and emergency situations

An on-going safety series by
Chief Walter Anderson

St. Clair Township Fire Department

March Safety Quiz question and answer

St. Clair Township has a total of six fire stations. Response time is the time it takes between when the alarm sounds to the time firefighters arrive on the scene. What do you think the average response time is for the St. Clair Township Fire Department stations? Is it: A. Less than 6 minutes; B. 6 to 10



minutes; or C. More than 10 minutes?

The answer to this important question is

B. 6 to 10 minutes.

Reminder: It wouldn't be spring without some flooding in parts of the township, so be aware of any hazardous watercourses in your area. During the Spring melt, rivers and streams can run far above normal level and if approached too closely, they can sweep a child off his or her feet with deadly results.

Take ownership of your health with the Rapids Family Health Team

April 2014 program schedule

The following sessions are being offered at the Rapids Family Health Team clinic located in the Shell Health Centre, 233 Cameron Street, in Corunna. There is no charge for participation and sessions are open to anyone living in St. Clair Township. Space is limited and to participate, you must register. If the team is unable to accommodate you for the day of your choice, you will be put on a waiting list for future sessions.

For more information, go to www.rapidsfhteam.ca. To register, call 519-813-9800 and speak to the receptionist.

Diabetes Days

During this event, various providers will be available at booths to answer questions, provide information and support to those with diabetes and to their families. Some of the health care providers that will be available to you at this event will include: a chiroprapist, dietitian, nurse educator, pharmacist, social worker, and occupational therapist. This is a free, drop-in event set for Friday, May 23 from 9 a.m. to 12:30 p.m.

Living with Diabetes

This is a two-hour session that provides a general overview of diabetes. We will discuss some of the most common myths about diabetes, learn what "good control" is, and discuss some of the things you can do to manage diabetes. The session is led by a Diabetes Educator. This session will be held on Tuesday, April 22 from 9:30 a.m. to 11:30 a.m.

Diabetes Healthy Eating and Physical Activity

This is a two-hour session for people who have already attended the *Living with Diabetes* class or who have had past education on the basics of diabetes and want more information on diet. We will discuss the basics of healthy eating, what types of food affect your blood sugar levels, reading food labels, when and how much to eat, and how to increase your physical activity level. The session, led by a Registered Dietitian, will be held on Tuesday, April 29 from 9:30 a.m. to 11:30 a.m.

Pre-Diabetes

If you have Fasting Blood Glucose Levels of 6.1-6.9 mmol/L and/or A1C 6.0 to 6.4% and/or two-hour PG in 75 OGTT (mmol/L) 7.8-11.0 (IGT), this two-hour program is for you. It is taught by a Registered Dietitian and a Registered Nurse, and it will: improve the participant's knowledge of pre-diabetes and diabetes; help participants understand the risk factors for diabetes; and encourage patients to develop healthy lifestyle management goals to prevent/delay the onset of Type 2 diabetes. Please ask your family doctor for a referral. The next session is Tuesday, April 15 from 9:30 a.m. to 11:30 a.m.

Healthy Weights

Money spent on weight loss products will reach an estimated \$134 million U.S. in 2014. But of the hundreds of products available on the market, only a handful can produce even modest weight loss.

Save some money and frustration in filtering through the ads promising miracles. Rapids Family Health Team is here to support you in learning about what is beneficial in managing weight, and in warding off diseases such as diabetes and heart disease.

Healthy Weight by Healthy Means is a five-week program designed for anyone wanting to put fad diets behind them and to learn about the healthy reliable way to attain better health. Each week, a Registered Dietitian discusses a different topic with the group. Each participant will receive a copy of a manual to keep. The next session starts Thursday, April 10 from 9 a.m. to 11 a.m. and will continue for five weeks.

Chronic Pain Self-Management

This is a series of six sessions of three hours each for adults with chronic pain issues including, but not limited to: chronic joint or muscle pain (eg. neck, back, shoulder, knee); fibromyalgia; whiplash injuries; repetitive strain injuries; neuropathic pain; arthritis; chronic migraines; etc. These sessions will allow you to discuss topics related to managing pain in your daily life with people who are also learning to manage their chronic pain. The program covers topics such as: pacing activity and rest; healthy eating; relaxation; physical activity (including the *Moving Easy Program*, which consists of light stretching exercises); problem-solving, goal-setting, and action plans; communication and communicating about pain. Attendees are asked to wear comfortable clothing and to bring any props or devices they need to feel comfortable, such as pillows, cushions, or a foot rest. Caregivers are also encouraged to register and attend. The series starts Tuesday, April 8 to Tuesday, May 13 (weekly on Tuesdays for six weeks) from 1:30 p.m. to 4 p.m.

Quit Smoking Workshop

A two-hour session for people who are thinking of quitting or are ready to quit using tobacco. We will discuss strategies and methods for quitting, such as cutting back, using nicotine replacement therapy, and using prescribed medications. We will also work on finding ways to overcome barriers to quitting, how to make a quit plan, managing withdrawal symptoms, and how to prevent a relapse. Participants are also welcome to schedule individual appointments to receive further support and information from one of our nurse educators. The next session is slated for Friday, May 30 from 10 a.m. to noon.



Lab open daily during the week

The lab at the Shell Health Centre at 233 Cameron Street is open on week days from 7:30 a.m. to 11:30 a.m. for all residents of St. Clair Township.



Still More Around The Township

From page 11

your classic or late model car (stock, modified, or special interest vehicle) the cost will be \$10, or \$15 at the gate. Each additional car will be half-price. Contact Lori at 519-330-7904 or email: lbo-gaert@gmail.com. Home-built soapbox races are scheduled for registration at 9 a.m. and practice at 10 a.m. For more information call Vic at 519-677-5954 or email: oleary1976@hotmail.com. The new *Kids Corner* will feature crafts, games, prizes, penny tables, food, and more with Dotsy the Clown, face painting, and a craft and vendor show, too. Contact Louise at: leklreek@gmail.com to pre-register. A licensed refreshment tent with a live band will be featured.

Ride Don't Hide event will benefit CMHA

Cycling enthusiasts and leisure cyclists alike are encouraged to participate in the *Ride Don't Hide* Community Bicycle Ride planned for the St. Clair River Trail on Sunday, June 22. This family-oriented event is part of a national fundraiser, and money raised will benefit the work of the Lambton-Kent Mental Health Association. It will begin and end at the Mooretown Sports Complex and will feature 20 km and 50 km routes. The event is being held to raise awareness and to help break the stigma surrounding mental health issues while raising essential funds to support mental health programs. Sponsors are still being sought and sponsor packages are available by going online to:

[www.cmhalambtonkent.ca/](http://www.cmhalambtonkent.ca/files/2014_Local_Sponsorship_Package_Lambton_Kent.pdf)

[files/2014_Local_Sponsorship_Package_Lambton_Kent.pdf](http://www.cmhalambtonkent.ca/files/2014_Local_Sponsorship_Package_Lambton_Kent.pdf)

More information will be published in *The Beacon* as it becomes available.

Model Train Time at Moore Museum

Whether you've got trains on the brain or you just love reliving childhood memories, the Moore Museum has some afternoons of fun planned for you this summer. Knowledgeable volunteers will be on hand to discuss model railroading with visitors and all of the layouts will be operating. Kids of all ages will want to put on their engineer hats and spend some time with this fantastic train exhibit. Model Train Time will be offered from 1 p.m. to 4 p.m. on Sundays, July 13 and 27, and August 10 and 24. Regular museum admission will apply.

St. Clair River Run 2014 set

The annual St. Clair River Run for 2014 is set for Saturday, July 19. The 10 km course will start at Branton-Cundick Park north of Sombra and the 5 km course will begin at Marshy Creek Park south of Sombra. Both courses will terminate at Brander Park south of Port Lambton. The popular Kids' Minnow Run will also be part of the event. Registration will open soon, with registration fees as follows: 10K - \$35 until May 1; \$40 until June 1; \$45 until July 13; \$55 on race day / 5K - \$30 until May 1; \$35 until June 1; \$40 until July 13; and \$45 on race day.

Indoor walking offered in Mooretown and Brighden

Indoor walking and fitness classes are held in Mooretown every Wednesday and Friday morning from 9 a.m. to 10 a.m. at the Mooretown Sports Complex. Classes in Brighden are held every Tuesday and Thursday morning from 9:30 a.m. to 10:30 a.m. at the Brighden Fairgrounds exhibi-

tion hall. These classes are FREE and participants are asked to bring indoor walking shoes. For information and to register, please call 519-344-3017, ext. 237. This program is sponsored by the West Lambton Community Health Centre, the Moore Agricultural Society, and Ontario's Community Health Centres.

Ongoing activities offered at Cruickshank Community Centre

Several ongoing activities are slated for the Cruickshank Community Centre this winter. These include: Bridge on Thursdays at 1 p.m.; Euchre on Tuesdays at 7 p.m. costing \$3 per session which includes light refreshments; and Scrabble on Fridays at 1:30 p.m. Everyone is welcome to join the fun playing the game or games of their choice.

Courtright Friendship Club plays cards

The Courtright Friendship Club plays euchre every Wednesday afternoon at 1 p.m. and Pepper every Friday evening at 7:30 p.m. at the hall located at 1533 Fourth Street in Courtright. Everyone is welcome to attend and try out their card skills.

Cribbage played at Corunna United Church

Cribbage is now being played every Tuesday from 9:30 a.m. to 11:30 a.m. at Corunna United Church on Hill Street. Come out, test your skills, and enjoy a morning of fun.

Messy Church Tuesdays at Brighden United

Messy Church is being held on the last Tuesday of each month through June, 2014 from 5 p.m. to 6:30 p.m. at Brighden United Church. Come and join congregation members for a fun and messy evening of worship, crafts and supper. Children must be accompanied by an adult or grandparents.

Coffee club meets at Thompson Gardens

The Corunna Coffee Club meets at Thompson Gardens Monday to Saturday at 9 a.m. The club is open to everyone.

Downriver Craft Sale at Moore Museum

The date for this popular even is set for Sunday, Sept. 21 from 10 a.m. to 4 p.m. Mark your calendar and plan to be at the Moore Museum site to get some early Christmas shopping done and to enjoy all of the sights, sounds, and food that are always part of the Downriver Craft Sale. Admission is \$2 per adult and free for children under 13 accompanied by an adult.

Get in touch with *The Beacon*

If you have a non-profit or charity event or activity coming up in St. Clair Township, or if the event will benefit the residents of the township, promote it free of charge in The Beacon.

The deadline for submissions is the third Monday of every month by 4 p.m.

Email: beacon@twp.stclair.on.ca

More Around The Township

From page 12

ther's Day. For more information or to register (before April 21) call Davida at 519-862-2700. *This is a good opportunity for high school students to get volunteer hours.*

Bluewater Sharks Adult Recreational Hockey Tournament slated

A women's and men's recreational non-competitive hockey tournament sponsored by the Bluewater Sharks is slated for the weekend of April 25 through 27 at the RBC Centre in Sarnia. The 4th Annual Women's 18 & Over tourney, the 3rd Annual Men's 19 & Over tourney, and the 2nd Annual Men's 35 & Over tourney all begin Friday evening. The cost is \$775 for the weekend. For more information, call Ed at 519-344-8624 (emarcy@sympatico.ca) or Lance at 519-344-2205 (lmarcy@cogeco.ca). Applications are available at: www.bluewatersharkshockey.com.

Talent Show slated for Wilkesport

Enjoy an evening of brilliant local entertainment as the Wilkesport Community Centre presents a Talent Show on Saturday, April 26. Doors open at 7 p.m. and the program begins at 7:30 p.m. There will be a variety of performing and visual arts presented, plus coffee, cookies and a visit with friends and neighbours during intermission. Admission is \$8 per adult and students will be admitted free. The event is sponsored by Port Lambton Pastoral Charge. For more information, please call 519-627-3793.

Wilkesport Community Centre Annual Meeting

The annual meeting of the Wilkesport Community Centre will be held Wednesday, April 30 at 7 p.m. at the centre. Elections will be held and everyone is invited to attend.

Legion hosts jam sessions in Corunna

The Royal Canadian Legion Corunna Branch 447 will host the final two musical jam sessions for the season on the last Saturday of April and May, 2014. Jams start at 2 p.m. and end at 8 p.m. Everyone is welcome to come, play along, or listen to some great entertainment. There is no cover charge and food is available.

MAS quilt block deadline

The deadline for submission to the Moore Agricultural Society Homecraft division quilt block competition is May 1. Kits can be picked up at the Brigden fair office at a cost of \$10 per kit. For more information, call the MAS office at 519-864-1197.

Homecraft Demo Day in Brigden

The Homecraft ladies of the Brigden Fair will present Homecraft Demo Day at the Brigden Fairgrounds exhibition hall on Saturday, May 3. Demonstrations will include: quilting with Kathy Scott; card-making with Joan Bogaert and Jackie South; flower arranging with Noreen Kells; knitting with Katherine Sullivan; sewing with Audrey Carr; and painting with Ariel Lyons. Registration will be at 9:30 a.m. with 20-minute demonstrations starting at 10 a.m. and concluding at 2:30 p.m. The cost is \$10 per person and it will include lunch at noon. For more information and to register, call: Ellen at 519-864-5895; Always Quilting at 519-864-4967; or the Moore Agricultural Society office at 519-

864-1197. Tickets will be available after March 15 and everyone is welcome.

Corunna Legion presents Yuk Yuks On Tour

The Royal Canadian Legion Corunna Branch 447 proudly presents the live stand-up comedy *Yuk Yuks On Tour* on Saturday, May 3. You'll laugh so hard you'll cry, so bring a good supply of tissues! Tickets go on sale on Feb. 1 at the Corunna Branch 447 hall, intersection of Albert and Beckwith Streets. The cost of \$20 each for non-members and \$18 for members. This group is well-known and tickets are bound to go fast, so order early. Doors will open at 7 p.m. with the show planned for 8 p.m. *Note: This show contains adult content and entertainment.*

Mother's Day brunch in Brigden

Celebrate Mother's Day with a sumptuous brunch in Brigden in the Brigden Fairgrounds exhibition hall. This Moore Agricultural Society event will be held on Sunday, May 11 from 9:30 a.m. to 1 p.m. The menu will include: bacon, eggs, hash browns, sausage, pancakes, ham, scalloped potatoes, toast, muffins, fruit cocktail, and juice. For more information, please call the fair office at 519-864-1197 or check our the MAS Facebook or Web sites.

Victorian Tea at Moore Museum

Spring is finally on the way and it will soon be time once again to head for the Moore Museum to enjoy warm, delicious home-baked scones with tea, coffee or juice at the annual Victorian Tea. This scrumptious event is slated for Sunday, May 18 from 1:30 p.m. to 4 p.m. in the charming Victorian cottage that graces the museum site. Admission will be \$7 per adult, \$3 per child, and \$2 for pre-schoolers.

Ham dinner to benefit Med Outreach

The annual ham dinner fundraiser to benefit Med Outreach will be held at the Corunna United Church on Sunday, May 4 starting at 5 p.m. For tickets, call Sylvia at 519-862-1040. Money raised from this event helps to support a team of University of Western Ontario medical students including doctors, nurses, and dentists who travel to Tanzania to provide medical care for suffering people there.

Amateur Singing Contest finals at Corunna Legion hall

The Amateur Singing Contest sponsored by the Royal Canadian Legion Corunna Branch 447 this winter will culminate on Saturday, May 31 with the final contest. Preliminary contests were held Nov. 30 and Feb. 22 and the finals will present singers who placed first, second and third at the previous two events. For complete information, watch *The Beacon*.

Mark these summer dates:

10th Anniversary Sombra Township Optimist Car Show slated

The 10th anniversary Sombra Township Optimist Car Show is slated for Brander Park, Port Lambton, on Saturday, June 21 from 8 a.m. to 8 p.m. Spectators will be admitted free and there will be something of interest for the whole family to enjoy. To pre-register

Around The Township

Euchre parties slated for Sombra

A series of euchre parties are slated for the Sombra Community Hall at 1 p.m. on the following Fridays: April 4, 11, and 25.

Fundraiser planned for St. Joseph's Hospice

The Denise VanHooren Inspirational Race will be held on Sunday, May 4 at Canatara Park. Run, walk, or sponsor a participant in celebration of someone who has touched your heart. All proceeds from the race will support St. Joseph's Hospice. The race offers a 5K or 10K walk or run, plus a 16K and a half-marathon run only. Sign up at St. Joseph's Hospice, 475 Christina St. N., 519-337-0537, or at www.runningroom.com

Spring Craft and Gift Sale at Meadowview

A Spring Craft and Gift Sale will be held at Lambton Meadowview, 3958 Petrolia Line, on Saturday, April 5 from 10 a.m. to 2 p.m. The event will feature many vendors and products such as fudge, baking, handmade crafts, Tupperware, Bags 31, Scentsy, Party-Lite, and Stela & Dot.

Lambton Chapter NWTB banquet set

The Lambton Upland Game Bird Chapter, Pheasants Forever Chapter will host its Annual Lambton Upland Game Bird Banquet and Auction on Saturday, April 5 at the Brigden Fairgrounds exhibition hall, 2976 Brigden Road. Doors open at 5 p.m. and dinner is set for 6:30 p.m. Admission is by advanced tickets only. The event will include: live and silent auctions; games; and raffles. All proceeds from this banquet will be shared by Lambton Upland Game Bird Chapter, Pheasants Forever Chapter and Ontario NativeScapes, a division of Rural Lambton Stewardship Network in support of local youth and habitat programs. Donations to this cause can be made by calling Irene at 519-864-1465 or Rob Buchanan at 519-809-5764.

Advice You Can Bank On series planned

The RBC Port Lambton will host a series of three advice events for the general public beginning Wednesday, April 9 from 10 a.m. to 11:30 a.m. with *Estate Planning*. On Wednesday, April 23, 10 a.m. to 11:30 a.m., the topic will be How Seniors Can Protect Themselves Against Fraud, and on Wednesday, May 7, 10 a.m. to 11:30 a.m., the topic will be Wills and Powers of Attorney with guest speaker, lawyer Lindsay Anderson. To register for any or all of these events, please R.S.V.P. to Jill McCallum, Investment and Retirement Planner at 519-384-5455.

Kids Craft Class offered in Port Lambton

The Sombra Township Optimists will hold a free spring *Kids Craft Class* for children ages five through 11 on Saturday, April 15 from 9:30 a.m. to 11:30 a.m. The class will be held at the Port Lambton Community Hall on Stoddard Street. To register, call Optimist President Johanne Leach at 519-677-5716 (jleach@bell.net) or Louise Reek at 519-892-3459 (leklreek@gmail.com).

Moore Skating Club presents

41st Annual Ice Show

The Moore Skating Club will present its 41st Annual Ice Show on Saturday, April 12 at the Mooretown Sports Complex. Two shows will be presented - 2 p.m. and 7 p.m. Tickets are available at the Mooretown Sports Complex on Tuesdays and Fridays from 4 p.m. to 7 p.m. Don't miss this opportunity to enjoy some wonderful entertainment and to see club members strut their stuff.



Pancake breakfast fundraiser in Port Lambton

Treat your family to a delicious pancake breakfast on Saturday, April 12 from 8:30 a.m. to 11 a.m. at the Port Lambton Community Centre. Proceeds will be used toward the construction of the Brander Park splash pad. Volunteers will be serving pancakes, sausages, and beverages at a cost of \$5 per adult and \$2.50 per child aged six through 12.

Easter in the Park set for Corunna

The Optimist Club of Moore invites youngsters ages 12 and under to enjoy Easter In The Park fun on Sunday, April 13 the Corunna Athletic Park on Hill Street. The event will include an Easter egg hunt, treats, and prizes. Food and drinks will be provided by the Lambton County Junior Optimist Club, with hot dogs and chips, \$1 each, and juice or pop, 50 cents. For more information go online to: www.mooreoptimist.ca



Easter events slated for Brigden

The Easter Country Jamboree is slated for Sunday, April 13 at the Brigden Fairgrounds exhibition hall. Doors open at noon with music starting at 1 p.m. to provide an afternoon of great music and dancing. A scalloped potato and ham dinner will be served at 5 p.m. Tickets are \$10 per person and a cash bar will be available. All musicians are welcome and everyone else is invited to come out and have fun. For information, call the Brigden Fair office at 519-864-1197.

Fish dinner in Corunna

A Good Friday fish dinner will be presented as a joint effort of St. Joseph's/St. Charles Catholic Parish and All Saint's Anglican Church on April 18 from 5 p.m. to 7 p.m. Admission is by advanced tickets only at a cost of \$17 per adult and \$8 per child under eight years of age. The event is slated for St. Joseph's Parish Centre beside St. Joseph's Catholic Church on Lyndoch Street in Corunna. Attendance is by advance tickets only and they can be purchased by calling: Butch at 519-862-3038; Nancy at 519-481-0337; Gitte at 519-862-1837; or Brian at 519-862-1044. Everyone is welcome.

Easter brunch planned for Brigden

The Moore Agricultural Society (MAS), Home of the Brigden Fair, invites you and your family to enjoy Easter brunch on Easter Sunday, April 20. The event will run from 9:30 a.m. to 1 p.m. at the Brigden Fairgrounds exhibition hall. The cost is \$10 per adult, \$6 for children ages six through 10, and free for children ages five and under. The menu will include: bacon, eggs, hashbrowns, sausage, pancakes, ham, scalloped potatoes, toast, muffins, fruit cocktail, and juice. For more information, please call the fair office at 519-864-1197 or check out the MAS Facebook or Web sites.

Craft Morning set for Courtright

The Optimist Club of Moore presents a free Craft Morning for children ages five through 13 on Sunday, April 27 from 9 a.m. to 11:30 a.m. at the Courtright Community Hall. Snacks will be provided. Children can come out and have fun making crafts for Mother's Day and Fa-