

Mooretown Sports Complex

National Lifeguard Service Recertification

Date: June 7, 2018

Time: 4:00pm - 10:00pm

Fee: \$85.00

Red Cross Water Safety Instructor Recertification

Date: June 14, 2018

Time: 4:00pm - 10:00pm

Fee: \$85.00

Junior Summer Camp: ages 5 – 8 years

Begins July 2nd to August 31st: 8:30 – 4:30 pm (Early Drop off/Late Pick up available for \$20.00 per week)

Fees \$30/Day, \$125/Week, \$900/Summer! Ask us about our multi-child rates and Family Rates!

Come join our Jr. Summer Camp where we have fun creative activities planned all day and we will be focusing on building physical literacy by concentrating on a different sport or skill each day!

Senior Summer Camp – Ages 9 – 14 years

Begins July 2nd to August 31st: 8:30 – 4:30 pm (Early Drop off/Late Pick up available for \$20.00 per week)

Fees \$30/Day, \$125/Week, \$900/Summer! Ask us about our multi-child rates and Family Rates!

Come try our NEW Sr. Camp where we will be focusing on a different sport and skill each day in order to build physical literacy! Each day will also have age appropriate activities planned!

Red Cross Babysitting Course – Min. age 11 years

Date: Friday June 8th (PA Day)

Time: 8:30 am – 4:30 pm

Cost: \$60.00

Emergency 1st Aid / Bronze Medallion / Bronze Cross

Dates / Times: July 23 – 27, 2018 10:00-5:00pm.

Fee's (include taxes, materials and exam fees):

Emergency 1st Aid and Bronze Medallion - \$220.50

Bronze Cross - \$120.00

National Lifeguard Service with Standard First Aid CPR-C

Dates / Times: August 20 – 24, 2018 9:00-7:00pm.

Fees include taxes, materials and exam fees:

NLS ONLY - \$276.00

NLS with SFA/CPR-C - \$426.00

Summer Swim Lessons

Call for more information on when to register! 519-867-2651

Spring into Fitness!

Join Fitness Kick Boxing, Muscle Mix or Water Aerobics any time!

Check out our Brochure for more information!

\$7/class (\$5.50/seniors) or \$50/10 visit pass!

POUND Class!

Come join our POUND classes on Thursday nights: 6:00pm – 7:00pm!!!

\$7/class (\$5.50/seniors) or \$50/10 visit pass!

Spin classes also available – join any time!

“Sleep Happy”

June 16, 2018 - 6:00-8:00pm

FREE to all participants!

Come learn about myths about sleep, why people have problems sleeping, common sleep problems/disorders and strategies to improve your sleep!!!

Register today with West Lambton Community Health Centre – Call 519-344-3017 ex. 237 for more information

For more information or to register for any of the programs contact the Mooretown Sports Complex at 519-867-2651.