

# Better Together — Family Meal Project



Come out and enjoy the benefits of  
cooking & eating together as a family

- ◆ Taco Bar Prepared by Minglers Catering
- ◆ Interactive Chef Demonstration
- ◆ Prizes & Giveaways

**Date: Wednesday June 20, 2018**

**Time: 5:30 - 7:00 PM**

**Location: Courtright Community Hall**

**1594 Third St., Courtright**

**Cost: FREE**

**Space limited—Register early by calling  
519-339-8949 or email: [mostlund@rapidsfhteam.ca](mailto:mostlund@rapidsfhteam.ca)**