

Understanding Your Medications: Seniors and Medications, Optimizing Your Health, Emptying Your Medicine Cabinet. Presented by Jocelyn Cane, Pharmacist and Kim Helps, Pharmacy Assistant; Point Care Pharmacy. **Wednesday, October 25, 1:00—2:30 pm, Point Care Pharmacy, 704 Mara Street, Unit 112, Point Edward. For information and to register for this free presentation, 519-344-3017, Ext. 237**