

Annual trail fun to be found at St. Clair River Run

The St. Clair River Run for 2017 is set for Saturday, July 15.

Choose between the stroller-friendly 5 km walk/run or the 10 km run.

Participants' performances are tracked with chip timing and all runners receive a technical shirt.

Enjoy the cool river breezes and incredible scenery as you go, and listen to energizing entertainment along the way. You'll be met with a cheering crowd at the finish line and receive a finisher's medal for your efforts.

Kids will get in on the fun with their own free Minnow Run.

This event is presented by CF Industries and all proceeds from this event will benefit the St. Clair River Trail.

The action will start at Brander Park south of Port Huron at 7:30 a.m. To register go online: www.stclairriverrun.ca. For more information, contact Rose at 519-677-5924.

Ben Hazzard, an organizer of the St. Clair River Run, attended council recently to review the 2016 run and reveal the committee's plans for this year's run, slated for Saturday, July 15. He noted this year's event is sponsored by CF Industries once again, with the additional support of a new sponsor, The Cooperators, and its owners Shaun and Tara Antle.

Mr. Hazzard says the statistics for 2016 are remarkable. The event made a \$27,938 profit that directly benefited the St. Clair River Trail. And of the 850 people who participated in the event, a survey revealed that 91 per cent said it compared equal to or better than others they had been in. There were repeat runners, including a couple who now brings their children to participate. Children as young as seven years of age are running in the 5 kilometre event.

Professional timing for each individual runner is handled by a timer from Toronto, which Mr. Hazzard says gives a "big race feel" to the event.

During the years the event has been in operation, its reputation has spread well outside of southwestern Ontario. Mr. Hazzard cites runners registered from as far away as northern Ontario and London. Mayor Arnold added that he had been complimented on the high calibre of the river run while attending meetings throughout the province.

To assure the safety of the river run participants, traffic using the St. Clair Parkway from 7:30 a.m. to 11 a.m. on Saturday, July 15 will be diverted for the safety of the participants.

Those wishing to register for this event can find more information on page 18 of the June, 2017 Beacon.