



ride don't hide



Canadian Mental Health Association
Lambton-Kent
Mental health for all



JOIN THE MOVEMENT



RIDE AND RAISE FUNDS FOR MENTAL HEALTH

JUNE 25, 2017

Mooretown Sports Complex
1166 Emily Street, Mooretown
8km, 20km and 50 km routes
NEW 80km route just added!
Children under 12 ride for free

www.ridedonthide.com

for more information, email Angela Kirkland: akirkland@cmhalambtonkent.ca



RideDontHide



@ridedonthide

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