

## FREE Community Dinner

Date: Tuesday February 28, 2017

Time: 5:30 – 7:30PM

Location: Mooretown Sports Complex

➤ FREE Lasagna Dinner

➤ Games & kitchen activities for children – including preparing dessert

➤ Info session for parents on raising healthy children presented by:  
Team Members of the Momentum Program

➤ Prizes and giveaways

➤ Limited seating - Register by calling 519-339-8949 ext. 107 or email  
[info@rapidsfhteam.ca](mailto:info@rapidsfhteam.ca)

Hosted by Rapids Family Health Team and the Lambton Seniors  
Association