

Free!
Fall Prevention, Incontinence,
Medication, Exercise, and more.

SENIORS ^{on} the MOVE



WATCH YOUR STEP

**Cruickshank Centre at
Thompson Gardens**
198 Beckwith St.,
Corunna

**Wednesday
February 22,
2017**

**9:00am until
12:00pm**

Limited seats

You Must Register by Feb. 16, 2017

Call 519-862-2629

**Free Lunch
To Follow**



Creating More Independence

