

# Walk for Arthritis set for Sombra



The third annual Walk for Arthritis in Sombra (10th annual national walk) will take place on June 2 starting at Sombra Community Park with registration at 9 a.m. and the walk starting at 10 a.m. Individuals

and teams are invited to participate in a 1 km or 5 km walk along the St. Clair Trail, returning to the park.

The walk is held to raise awareness of arthritis and juvenile arthritis, demonstrating that people of all ages, an estimated six million Canadians, are afflicted with this disease that is treatable but not curable. It also raises money to help fund the on-going effort to cure this painful disease.

The event is coordinated by Sombra resident Amanda Hay, who has had arthritis since she was eight years old, and Ross Benson of Sarnia, whose two-year-old daughter, Sloan, was born with juvenile idiopathic arthritis.

To register, go online at [walkforarthritis.ca](http://walkforarthritis.ca) (click on "register" and choose "Sarnia/Sombra" or register at the park for a \$25 entry fee the day of the event. Those who raise \$100 or over will receive a free t-shirt.